Medinah Park District

Winter-Spring 2026

Registration Begins December 1

Register Online at Medinahparks.org

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Medinah Park District

22W130 Thorndale Avenue
Medinah, Illinois 60157
Phone 630-893-2560
www.Medinahparks.org

Connolly Recreation Center Autumn Hours

January 1 - May 31, 2026

Administative Office Hours:
Monday–Friday 8:30 am-5:00 pm

Facility & Fitness Center Hours:
Monday–Thursday 7:00 am-9:00 pm
Friday 7:00 am-8:00 pm
Saturday 7:30 am-12:00 pm
Sunday Closed

Recreation Center Closed:
December 25, January 1, May 25

Medinah Park District Board Meetings

The public is invited and encouraged to attend all Board meetings. Meetings are held at the Connolly Recreation Center at 6:30 pm on the following dates:

Wednesdays: January 21, February 18, March 18, April 15, May 20, June 17

For more information or to get involved with the Park District, please call 630-893-2560. Notices of all public meetings are posted in the entrance vestibule of the Connolly Recreation Center. Please check our website for additional meeting postings or changes.

Online registration is available 24/7! Visit the Park District online at www.Medinahparks.org

Board of Park Commissioners

Alyssa Neitzke ..... President
Irene Jarocinski ..... Vice President
Jaclyn Scafidi ..... Treasurer
Gokhan Cukurova ..... Commissioner
Open ..... Commissioner

Staff

Administration Department
Steven Muenz *(CPRP)*, Executive Director.....Steven@medinahparks.org
Maria Piworski *(CPRP)*, Supt. of Finance/HR.....Maria@medinahparks.org

Recreation Department
Jim Huetson *(CPRP)*,
Superintendent of Recreation & Safety Coordinator.....Jim@medinahparks.org
Brooks Wogelius, Recreation Supervisor.....Brooks@medinahparks.org
Marissa Nowotarski, Early Childhood Coordinator.....Marissa@medinahparks.org
Hope Rapp, Front Office Coordinator.....Hope@medinahparks.org
Maria Ameneiro, Front Office Coordinator.....Mameneiro@medinahparks.org

Parks Department
Vince DeGrado *(CPSI)*, Superintendent of Parks.....Vince@medinahparks.org
Dan Touzios *(CPSI)*, Asst. Superintendent of Parks.....Dan@medinahparks.org
Jeremy Weres, Park Specialist I.....Jeremy@medinahparks.org

CPRP – Certified Park and Recreation Professional
CPSI – Certified Playground Inspector

Program dates are subject to change. Visit us online for the latest information.

Periodical Publication

Winter-Spring 2026
Medinah Park District
Tri-Yearly Publication
Issue #26-1

Key

The following abbreviations indicate information pertaining to specific programs or services.

Co-operative Program = C
Parent/Child Program = PC

Program Contacts

The initials below indicate the name of the staff person in charge of each program. Feel free to contact staff with any questions.

Jim Huetson = (JH)
Brooks Wogelius = (BW)

Mission and Vision Statement

The Mission of the Medinah Park District is to:

- Enhance the Quality of Life of the Park District Community
- Promote Sound and Effective Use of Park District Resources
- Provide Safe and Enjoyable Opportunities
- Preserve and Maintain Open Space

Our Vision Statement:

To consistently deliver a broad range of safe, healthy, educational, inclusive and fun-filled recreational opportunities for our communities, neighbors and guests.

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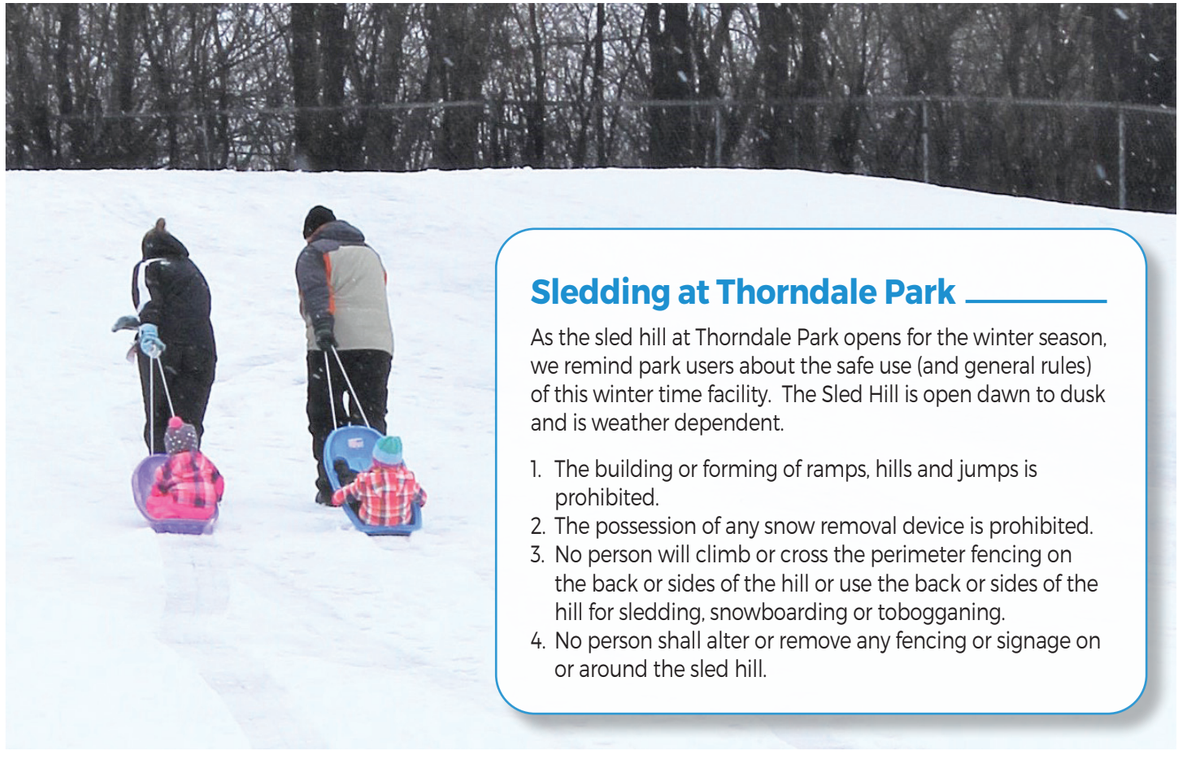


Sledding at Thorndale Park

As the sled hill at Thorndale Park opens for the winter season, we remind park users about the safe use (and general rules) of this winter time facility. The Sled Hill is open dawn to dusk and is weather dependent.

1. The building or forming of ramps, hills and jumps is prohibited.
2. The possession of any snow removal device is prohibited.
3. No person will climb or cross the perimeter fencing on the back or sides of the hill or use the back or sides of the hill for sledding, snowboarding or tobogganing.
4. No person shall alter or remove any fencing or signage on or around the sled hill.

Dear Medinah Park District Community,

2025 saw the Medinah Park District celebrate its 60th anniversary. We are proud to say we are still going strong!

Some of you may not know the history of the park district, or how it began all those years ago. The Medinah Park District is lucky to have people in the community who have lived within its borders and participated in programs since the beginning, and are more than happy to share those memories.

I was honored to sit down recently with Robert Zoltek, whose father Steven Zoltek was an early Commissioner on the Board and he provided me with wonderful information about the early days of the community, park district and his family in the area. I appreciate his time and the effort he and his father put in over the years in detailing the history of Medinah and the excitement he exuded in talking about it all.

"I was honored to sit down recently with Robert Zoltek, whose father Steven Zoltek was an early Commissioner on the Board and he provided me with wonderful information about the early days of the community, park district and his family in the area."

The Medinah Park District's humble beginnings can be tracked to April 25, 1964 with a referendum through a public election. Voting that day was held at Lake Park High School, and with the final vote of 275 - 104 the Medinah Park District was born! The initial five elected Commissioners were Joe Riha, Peter Fosbinder, Ed Quagliata, Paul Freter and Stewart Goodenough. They held staggered terms of 2 years, 4 years and 6 years.

The Medinah Country Club sold the initial 30 acre lot, which became Thorndale Park, to the park district in the mid 1960's. The Country Club had used the area as a Polo field for years until the annexation to the Medinah Park District.

The late 1960's and 1970's saw growth within the district with new park sites, including Manary, Nordic and Riha Parks, as well as the opening of the first recreation center, constructed in Thorndale Park.

Presently, the Medinah Park District oversees multiple park sites and manages over 100 acres of outdoor space.

We thank the lifelong residents of Medinah for their memories, as well as welcome the new families to the area and hope to see you all at a Medinah Park District facility or park site soon. Thank you all for being a valued part of the Medinah Park District community.

Warm regards,

Steven Muenz
Executive Director
Medinah Park District

Medinah Park District Rentals

Host your next event at the Medinah Park District!

Birthday Parties • Baby Showers
Gender Reveal Parties
Staff Events • Bridal Showers
Graduation Parties • Retirement Parties

Any other ways that our spaces can fit your needs!

Connolly Recreation Center

Gymnasium – 200 person max capacity
$60/hour Resident, $75/hour Non-Resident

Walnut Room – 80 person max capacity
$50/hour Resident, $65/hour Non-Resident

Maple Room – 40 person max capacity
$40/hour Resident, $55/hour Non-Resident

Oak Room – 20 person max capacity
$30/hour Resident, $45/hour Non-Resident

Kitchen Use – (refrigerator, microwave, convection oven, and ice machine)
-$15 flat fee with rental of any above rooms

Up to 100 chairs and 20 tables are available for all renters. Set-up of tables and chairs are the responsibility of the renter.

Thorndale Park

Pavilion –
Thorndale Park North – Picnic tables, electricity
Thorndale Park South – Beach volleyball courts, Bags set
$25/hour Resident, $40/hour Non-Resident

Fire Pit
$15/hour Resident, $30/hour Non-Resident
$15 flat fee with Pavilion Rental

Athletic Field/Tennis Courts
$35/hour Resident, $40/hour Non-Resident


Gymnasium


Walnut Room


Maple Room


Oak Room

Interested renters should complete and submit a Facility Rental Application Form. Forms can be found on the Rental page at www.Medinahparks.org or at the Connolly Recreation Center.

Reservations must be made at least two weeks in advance. A 20% non-refundable reservation fee and application is required to reserve a date and space. There is a 2-hour time minimum for all rentals. Full payment and credit card authorization form are due at least two weeks prior to rental date. For indoor rentals, a $20 per hour additional fee will be charged for any rental time outside of Connolly Recreation Center normal operating hours. Call 630-893-2560 or visit www.medinahparks.org for more information.

Thank You To Our Volunteers and Sponsors

The Medinah Park District wishes to express our deep appreciation to those who have volunteered their time and talents and/or sponsored our various programs and special events. We are forever grateful for your commitment to the Medinah community and the Park District. Your support increases opportunities for all Park District patrons.

Volunteers

Russell Bean
Noah Berousek
Barbara Burnett
Steven Byrns
Susan Byrns
Lincoln Calvo
Gibson Carpenter
Kiyoko Czech
Beata Felker
Joe Furlong
Philip Gieraltowski
Marzena Gorski
Anthony Guida
Steven Johnson
Tressa Johnson
Kaely Kaleta
Jean Ott
Angeline Paull
Jessica Ross
Mya Ross
Jacyln Scafidi
Isabella Scafidi
Luis Guerrero
Steve Talaga
Bryen Travis
Nicole Trevino
Lora Vodicka
Craig Wogelius
Jessica Wogelius
Kathy Wooten
Matt Bishoff
Megan Bishoff
Vince Degrado
Phil Delaney
David Fazio
Mike Harris
Jason Johnson
Cara Rushing
Spencer Rhea
Kristian Sobota
Justyna Sobota
Mason Smeidendorf
Alyssa Neitzke
Ian Neitzke
Emma Allen
Roselle-Medinah Softball Baseball Organization
Scout Troop 95
Medinah School District PTO

Sponsors

Flood Brothers Disposal/ Recycling Services
Itasca Bank and Trust
State Farm Agent Anthony DeGrado
Red Devils Basketball
Selvin's Landscaping
Wickstrom Chevrolet
Northwest Cleaning Services
Eaglewood Floors and More LLC
Calming Quartz
Elite Remodeling Group
Mr. A's Restaurant
Sun Kissed by Natalia





Sponsors Invited!

The Medinah Park District invites you to partner with us and connect with an audience that is waiting to meet you!

Learn how to become a sponsor at Medinahparks.org



Learn how you can make a difference by volunteering! Visit Medinahparks.org



Ages 3-17

Step into a world of endless possibilities and unforgettable memories by hosting your next party at the Medinah Park District, where every moment is infused with excitement and joy. Choose from our captivating themes to transform your event into a one-of-a-kind celebration that will leave your guests dazzled and delighted. Each party includes a dedicated MPD staff member who will lead instruction of exciting games and activities. Also provided will be cutlery, table covers and themed decorations.

Parties are 90 minutes in length. To reserve a party date, please complete and submit a Birthday Party application form. Forms can be found on the Rental page at www.Medinahparks.org or at the Connolly Recreation Center.

Parties must be made at least two weeks in advance. A $20 non-refundable reservation fee and application is required to reserve a date and space. Full payment and credit card authorization form are due at least two weeks prior to rental date. Call 630-893-2560 or visit www.medinahparks.org for more information.

Location	Connolly Recreation Center- Walnut Room or Gym
Instructor	Medinah Park District Staff
Fee	$175(R)/$190(NR)
Max	15 kids ($50 for additional children up to 25 total)



– Party Themes –

- **Sports Party**
- **Wacky Games Party**
- **Dance/Glow Stick Party**
- **Princess Party**
- **Super Hero Party**
- **Star Wars Party**
- **Video Game Party**



Pizza With Santa

Thursday, December 11 – 5:30-7:30 pm
Connolly Recreation Center – For Families – Code 4080110-01
Fee $15(R)/$18(NR) child rate
$7(R)/$10(NR) adult rate

The Medinah Park District and Medinah School District #11 PTO invite you and your family to a festive night filled with holiday cheer! Santa himself has picked Pizza Napoli as the perfect dinner to share a meal with families. Enjoy a cozy evening featuring: photos with Jolly Old Saint Nick, holiday crafts and games, festive music, a delicious PTO bake sale, and more! To end the night on a sweet note, bundle up and head outside for a Candy Cane Hunt! Don't forget to dress warmly and wear your boots—it's going to be a night to remember!

Gingerbread House Making (BW)

Tuesday, December 16
5:30-6:30 pm
Connolly Recreation Center Walnut Room
Ages 3-12
Fee $12(R)/$15(NR) per child
Code 4040100

Embrace the festive cheer and enjoy some merry-making! Craft your own Gingerbread House, brimming with holiday joy, using all the perfect ingredients that would even impress Santa Claus himself! All materials will be provided, so bring along your imagination and let the fun begin!



Santa's Calling

All Ages



Santa Claus will be reaching out to children to hear their Christmas wishes! To schedule a call with Santa, drop by the Park District between November 20 and December 17, 2025, to complete Santa's "checklist" (one per child). Or email, Brooks@medinahparks.org to receive Santa's checklist via email.

Calls will be made Thursday, December 18 between 3:45-6:45 pm.

A Magical Evening with the Polar Express Conductor & Friends (BW)



Thursday, December 4
5:30-6:30 pm
Connolly Recreation Center Walnut Room
Ages 3-12
Fee $12(R)/$15(NR) per child
Code 4040205



The Conductor of the Polar Express, along with Mr. Claus' reindeer-in-training, will make a special visit to the Connolly Recreation Center. Enjoy listening to the timeless tale of the "Polar Express," create holiday crafts, and take photos with the reindeer-in-training. Cookies and hot chocolate will be provided, but remember the Conductor's most important rule: never ever let it cool! **Pre-registration is required.**

Daddy Daughter 'Country Western Hoedown' Date Night (BW) PC

Ages 3+ w/ Adult

Saddle up for a rootin'-tootin' good time at our Country Western Hoedown Daddy Daughter Date Night! Held in the decorated gymnasium, this unforgettable evening will feature catered food, sweet desserts, and a live DJ spinning country favorites and dance classics to keep boots scootin' all night long. Strike a pose with your little cowgirl for professional photos to capture the memories, then hit the dance floor for two-steppin', line dancing, and laughter. Whether you're dressed in your best denim and plaid or just ready to have fun, this Western-themed hoedown promises a night full of smiles, music, and special moments! If Dads can't make it, Grandfathers and Uncles are more than welcome.



Location Connolly Recreation Center-Gym
Fee $60(R)/$75(NR) *couple*
$20 *additional sibling*
Min/Max 25/60 couples

Code	Day	Date	Time
1080100-01	Fri	Feb 27	6-8 pm
1080100-02	Fri	Feb 27	6-8 pm (additional sibling)

Registration Deadline: Feb 25

New! Shamrocks & Shenanigans (BW)

Ages 3-12
Tuesday, March 17 – 5:30-6:30 pm
Connolly Recreation Center
Walnut Room
$10(R)/$15(NR)
Code 1080115



Join us for a shamrockin' good time! Celebrate the luck of the Irish with a festive evening filled with fun for your little leprechauns. Enjoy tasty cookies and green milk, get crafty with St. Patrick's Day-themed projects, and gather around for a magical storytime. Then, put your imagination to the test as we build a leprechaun trap—you might just catch a glimpse of the sneaky fellow and get a piece of his precious gold! Wear your green and bring your smiles—it's going to be a clover-filled event!

FLASHLIGHT EGG HUNT (BW) PC

Ages 10-14

Thursday, April 2 - 8:30 pm
Thorndale Park
Fee: $8(R)/$10(NR) Code: 204015

Peter Cottontail is hopping your way! Join us for an EGG-citing nighttime egg hunt packed with goodies hidden under the moonlight. Don't forget to bring a flashlight, a basket, and dress for the weather! Min/Max 10/30





Bunny Breakfast & Egg Hunt! (BW) PC

All Ages

Saturday, April 4

Egg Hunt and Doggie Egg Hunt are FREE events!

Troop 95 Breakfast:
Fee: $8 per *per person* **Code:** 2080170
Children Ages 2 and younger FREE

Join us for our annual Easter Egg Hunt celebration! Bring your basket to collect eggs and surprises, and you might even discover one of the Bunny's golden eggs. We've set up designated areas for different age groups to ensure everyone has a great time. Don't forget your camera to capture adorable moments with the Easter Bunny!

Once the kids have gathered their eggs, bring along your family's best friend for their own egg hunt filled with doggie treats, and snap a quick photo with the Easter Bunny as well. Please remember to clean up after your pet. All dogs must be leashed at all times.

Before and after the egg hunts, enjoy an "all you can eat" Pancake Breakfast in our gym, courtesy of Scouting America Troop 95. We'll have pancakes, sausage, coffee, hot tea, milk, and orange juice. We look forward to seeing you there!



Scouting America Troop 95 Breakfast
8-11 am
Connolly Recreation Center Gymnasium

Egg Hunt
10 am
Thorndale Park





Doggie Egg Hunt
Dogs w/ owners
10:15 am
Thorndale Park



FREE Event for All Ages

Saturday, April 18 – 10:00-11:30 am at Thorndale Park

Join the Medinah Park District for a day celebrating our home, Earth! This free event will feature a park clean-up, planting of native species, ecological demonstrations, earth-themed crafts, music, as well as a recycling drive!



Mother Son Fun Night (BW)

Ages 3+ w/ Adult

Get ready to team up for an unforgettable evening at our Second Annual Mother-Son Fun Night — Sports Edition! It's going to be a high-energy night filled with fun, laughter, and lasting memories as we celebrate the special bond between moms and sons. Enjoy catered food, a live DJ, dancing, and sports-themed photo ops that'll make this night one to remember!

Wear your favorite team gear or sporty attire and come ready to party! If Mom can't make it, Grandmothers and Aunts are warmly welcome to join the fun.

Don't miss this amazing opportunity for quality time and pure enjoyment. Let's make it a slam dunk evening!

Location Connolly Recreation Center-Gym/Thorndale Park
Fee $55(R)/$70(NR) *couple*
$15 additional sibling
Min/Max 25/60 *couples*

Code	Day	Date	Time
2080110-01	Fri	May 8	6-8 pm
2080110-02	Fri	May 8	6-8 pm (additional sibling)

Registration Deadline: May 6



Medinah 'Tween' Scene (BW)

For grades 3-6

Medinah students come enjoy night full of fun! Activities will include music and open gym. Pizza from Pizza Napoli, pop and candy available for purchase at our concession stand Parents **must** enter the building to sign participants in and out. Participants will pay at the door. Dress and conduct codes will be enforced.

Location Connolly Recreation Center
Fee $5

Day	Date	Time
Fri	Mar 13	6-8 pm
Fri	Apr 10	6-8 pm

PIZZA NAPOLI EST. 1967



THERAPY DOG STORYTIME (BW)

Families

Is your child a fan of reading aloud and dogs? We invite you to join us at the Medinah Park District, where a wonderful opportunity awaits! Plenty of therapy dogs will be on hand, eagerly awaiting the chance to be pet and listen to your child read. Please bring along your child's favorite book to share with our furry friends.

This program promises a heartwarming and literacy-rich environment, where children can enhance their reading skills while bonding with therapy dogs.

Location Connolly Recreation Center
Fee Free

Code	Day	Date	Time
3080401-01	Tue	Jan 13	4:45-5:30 pm
3080401-02	Tue	Feb 10	4:45-5:30 pm
3080401-03	Tue	Mar 10	4:45-5:30 pm
3080401-04	Tue	Apr 21	4:45-5:30 pm
3080401-05	Tue	May 19	4:45-5:30 pm

SUMMER FUN CAMP! 2026 (BW)



Entering Grades K-6th

School's out and summer is here! Sign up for the Medinah Park District's popular summer camp, where your child is sure to have a spectacular time. We're committed to delivering the ultimate camp experience, and your fee covers a host of exciting features. Our 10-week program will include weekly off-site field trips, engaging guest speakers, fun activities, crafts, and plenty of free play. Be sure to dress comfortably, as most of the camp is outdoors. Campers will be grouped by their upcoming grade level: K-2nd grade and 3rd-6th grade. Please bring a backpack every day with a lunch, snack, water bottle, sunscreen and bug spray.

Location Connolly Recreation Center/Thorndale Park
Instructor MPD Staff
Fee $210(R)/$225(NR) *weekly*
$1,900(R)/$2050(NR)* *full camp* ***Sign up for the entire 10-week camp and save $200.***
Min/Max 10/30 (per age group) ***(Applies to Cubbies and Grizzlies camp only.)***

Cubbie Summer Fun (Entering Grades K-2)

Code	Day	Date	Time
3040200-01	Mon-Fri	Jun 8-Aug 14*	9 am-4 pm
3040200-02	Mon-Fri	Jun 8-12	9 am-4 pm
3040200-03	Mon-Fri	Jun 15-19	9 am-4 pm
3040200-04	Mon-Fri	Jun 22-26	9 am-4 pm
3040200-05	Mon-Fri	Jun 29-Jul 3	9 am-4 pm
3040200-06	Mon-Fri	Jul 6-10	9 am-4 pm
3040200-07	Mon-Fri	Jul 13-17	9 am-4 pm
3040200-08	Mon-Fri	Jul 20-24	9 am-4 pm
3040200-09	Mon-Fri	Jul 27-31	9 am-4 pm
3040200-10	Mon-Fri	Aug 3-7	9 am-4 pm
3040200-11	Mon-Fri	Aug 10-14	9 am-4 pm

Grizzly Summer Fun (Entering Grades 3-6)

Code	Day	Date	Time
3040201-01	Mon-Fri	Jun 8-Aug 14*	9 am-4 pm
3040201-02	Mon-Fri	Jun 8-12	9 am-4 pm
3040201-03	Mon-Fri	Jun 15-19	9 am-4 pm
3040201-04	Mon-Fri	Jun 22-26	9 am-4 pm
3040201-05	Mon-Fri	Jun 29-Jul 3	9 am-4 pm
3040201-06	Mon-Fri	Jul 6-10	9 am-4 pm
3040201-07	Mon-Fri	Jul 13-17	9 am-4 pm
3040201-08	Mon-Fri	Jul 20-24	9 am-4 pm
3040201-09	Mon-Fri	Jul 27-31	9 am-4 pm
3040201-10	Mon-Fri	Aug 3-7	9 am-4 pm
3040201-11	Mon-Fri	Aug 10-14	9 am-4 pm

Field trip locations and confirmations are TBD

Cantigny, Funway, Seafari Springs Aquatic Center, Brookfield Zoo, Blackberry Farm, Addison Ice Rink, Marcus Theater, Safari Land

Counselor-In-Training

Ages 11.5-14.5

Are you a teen who wants to have fun as a camper while also gearing up for your first job? Check out our Counselor-In-Training program! This program offers a great chance to develop leadership skills, learn about behavior management, improve communication, and make decisions alongside your fellow campers and counselors. You'll help with tasks like preparing crafts, leading activities, and more! ***By signing up, you'll remain enrolled as a camper and will need to complete the required parent manuals.***

Location Connolly Recreation Center/Thorndale Park
Fee $840(R)/$855(NR)

Code	Day	Date	Time
3050204	Mon-Fri	Jun 8-Aug 14	9 am-4 pm

Please contact Brooks Wogelius at Brooks@medinhaparks.org for more information.

Summer Fun Before & After Camp Care (BW)

Entering Grades K-6

For working parents, Before & After Camp Care offers care for campers beyond the normal camp day. Hours are 7-9 am for Before Care and 4-6 pm for After Care. Register weekly for the Before & After Camp Care. You must be enrolled in Summer Fun 2026 Camp to take advantage of this service.

Location Connolly Recreation Center
Instructor MPD Staff

Before Camp Care

Fee $47(R)/$62(NR) – *weekly*
$470(R)/$620(NR)* – *10 weeks*
Min/Max 5/10

Code	Day	Date	Time
3040202-01	Mon-Fri	Jun 8-Aug 14*	7-9 am
3040202-02	Mon-Fri	Jun 8-12	7-9 am
3040202-03	Mon-Fri	Jun 15-19	7-9 am
3040202-04	Mon-Fri	Jun 22-26	7-9 am
3040202-05	Mon-Fri	Jun 29-Jul 3	7-9 am
3040202-06	Mon-Fri	Jul 6-10	7-9 am
3040202-07	Mon-Fri	Jul 13-17	7-9 am
3040202-08	Mon-Fri	Jul 20-24	7-9 am
3040202-09	Mon-Fri	Jul 27-31	7-9 am
3040202-10	Mon-Fri	Aug 3-7	7-9 am
3040202-11	Mon-Fri	Aug 10-14	7-9 am



After Camp Care

Fee $47(R)/$62(NR) – *weekly*
$470(R)/$620(NR)* – *10 weeks*
Min/Max 5/10

Code	Day	Date	Time
3040203-01	Mon-Fri	Jun 8-Aug 14*	4-6 pm
3040203-02	Mon-Fri	Jun 8-12	4-6 pm
3040203-03	Mon-Fri	Jun 15-19	4-6 pm
3040203-04	Mon-Fri	Jun 22-26	4-6 pm
3040203-05	Mon-Fri	Jun 29-Jul 3	4-6 pm
3040203-06	Mon-Fri	Jul 6-10	4-6 pm
3040203-07	Mon-Fri	Jul 13-17	4-6 pm
3040203-08	Mon-Fri	Jul 20-24	4-6 pm
3040203-09	Mon-Fri	Jul 27-31	4-6 pm
3040203-10	Mon-Fri	Aug 3-7	4-6 pm
3040203-11	Mon-Fri	Aug 10-14	4-6 pm

Before & After Camp Care

Fee $84(R)/$99(NR) – *weekly*
$840(R)/$990(NR)* – *10 weeks*
Min/Max 5/10

Code	Day	Date	Time
3040204-01	Mon-Fri	Jun 8-Aug 14*	7-9 am/4-6 pm
3040204-02	Mon-Fri	Jun 8-12	7-9 am/4-6 pm
3040204-03	Mon-Fri	Jun 15-19	7-9 am/4-6 pm
3040204-04	Mon-Fri	Jun 22-26	7-9 am/4-6 pm
3040204-05	Mon-Fri	Jun 29-Jul 3	7-9 am/4-6 pm
3040204-06	Mon-Fri	Jul 6-10	7-9 am/4-6 pm
3040204-07	Mon-Fri	Jul 13-17	7-9 am/4-6 pm
3040204-08	Mon-Fri	Jul 20-24	7-9 am/4-6 pm
3040204-09	Mon-Fri	Jul 27-31	7-9 am/4-6 pm
3040204-10	Mon-Fri	Aug 3-7	7-9 am/4-6 pm
3040204-11	Mon-Fri	Aug 10-14	7-9 am/4-6 pm

Lil' Critters Summer Fun Camp (BW)

Ages 2-5

This 10-week pre-k camp features a variety of exciting activities, including games, crafts, guest speakers, music playtime, and more. It's the perfect opportunity for your child to boost their social skills and get ready for the upcoming preschool year. Please dress your child in comfortable clothing, as we will be engaging in both indoor and outdoor activities. *Note that if your child is not yet potty-trained, our staff will be unable to assist with diaper changes and will contact you if a change is needed. Don't forget to pack a lunch and a water bottle each day.* We look forward to offering a fun and enriching summer experience for your child!

Location Connolly Recreation Center-Carol A. Healy Early Childhood Room/Thorndale Park
Instructor MPD Staff
Fee $105(R)/$120(NR) – *weekly*
$1,050(R)/$1,200(NR)* – *10 weeks*
Min/Max 5/12

Code	Day	Date	Time
3020203-01	Mon-Fri	Jun 8-Aug 14*	9 am-12:30 pm
3020203-02	Mon-Fri	Jun 8-12	9 am-12:30 pm
3020203-03	Mon-Fri	Jun 15-19	9 am-12:30 pm
3020203-04	Mon-Fri	Jun 22-26	9 am-12:30 pm
3020203-05	Mon-Fri	Jun 29- Jul 3	9 am-12:30 pm
3020203-06	Mon-Fri	Jul 6-10	9 am-12:30 pm
3020203-07	Mon-Fri	Jul 13-17	9 am-12:30 pm
3020203-08	Mon-Fri	Jul 20-24	9 am-12:30 pm
3020203-09	Mon-Fri	Jul 27-31	9 am-12:30 pm
3020203-10	Mon-Fri	Aug 3-7	9 am-12:30 pm
3020203-11	Mon-Fri	Aug 10-14	9 am-12:30 pm

Guest speakers & organizations scheduled to visit the camp are as follows but are subject to change: Roselle Police & Fire Department, Roselle Public Library, Rock 'n' Kids, Sports R Us, and Chicagoland Therapy Dogs



Little Scholars: Preschool 2026–2027 (BW)

The Medinah Park District Preschool Program provides a warm, secure, and engaging environment for your child's early learning journey. With a semi-structured approach, we focus on fostering socialization, building self-confidence, and developing both fine and gross motor skills. Our program supports readiness for pre-kindergarten and kindergarten, allowing children to grow at their own pace through hands-on play, crafts, stories, music, and special activities. Our primary goal is to inspire a love of learning and nurture a positive attitude toward school.

New for This Year – Extended Program Hours! We are excited to offer a 3.5-hour daily program, thoughtfully designed to better support your child's academic and social development. The extended day provides more time for enriched learning experiences, creative exploration, and meaningful peer interaction—helping to lay a strong, well-rounded foundation for future success.

A $30 non-refundable deposit is required at time of registration for the 2026-27 school year. Registration fees are paid in monthly payments during the year (see payment schedule below).

Location Connolly Recreation Center-Carol A. Healy Early Childhood Room
Instructor Marissa Nowotarski

Age 3 & 4 years (3 days a week)
Fee $248 per month (R)/$263 per month (NR)
Min/Max 6/12

Code	Day	Date	Time	Age
4030301	Mon/Wed/Fri	Aug 17, 2026-May 14, 2027	9:00 am-12:30 pm	3 & 4

Age 4 years (5 days a week)
Fee $327 per month (R)/$342 per month (NR)
Min/Max 6/12

Code	Day	Date	Time	Age
4030303	Mon-Fri	Aug 17, 2026-May 14, 2027	9:00 am-12:30 pm	3 & 4

Monthly payments will automatically be charged the third Monday of each month from August 2026 to April 2027.

SAVE THE DATE

Preschool Open House

Wednesday, January 21
5:30-7:30 pm

We would love for your family to meet and greet Mrs. Marissa and instructors and get a feel for the classrooms and curriculum at the Winter Open House.

If you are interested in attending, please email Brooks Wogelius, **Brooks@Medinahparks.org** or Marissa Nowotarski **Marissa@Medinahparks.org**.

Little Scholars: Early Childhood Enrichment (BW)

Ages 2-3

This program is perfect for children who aren't quite ready for preschool but are eager for social interaction away from parents. Through songs, stories, shapes, and playtime, your child will enhance their social skills while exploring, discovering, and learning in a fun environment. They'll gain confidence in a "school" setting. Pull-ups are allowed, but a parent or caregiver must be available for any necessary changes. ***A $30 non-refundable deposit is required at time of registration for the 2026-27 school year. Monthly payments will automatically be charged the third Monday of each month from August 2026 to April 2027.***

Location Connolly Recreation Center-Walnut Room
Instructors Marissa Nowotarski
Fee $175 (R) per month/$190(NR) per month
Min/Max 5/12

Code	Day	Date	Time
4020301	Mon/Wed/Fri	Aug 24, 2026-May 21, 2027	9-11 am

Before/After School Care

"POWER THROUGH" (BW)

Entering Kindergarten-5th Grade

Medinah Park District (in cooperation with Medinah School District #11) offers "Power Through" Before/After School Care to Medinah Residents. The program is available for students attending Medinah Primary School and Medinah Intermediate School. The program will be held in the gym and/or classrooms at Medinah Primary School. Transportation to and from the appropriate schools will be provided by school bus. Program hours are 6:30 am until school begins and from the end of school until 6 pm.

Our goal is to provide a safe, fun, friendly, inclusive, and structured before and after school environment. The program will encourage a balance of healthy minds, bodies and personal growth/development through activities. The program will encourage participants through scheduled activities to achieve this balance.

"Power Through" Before/After School Care will follow the Medinah School District #11 days off. Medinah Park District will offer School Days off programs that are not included in the Before/After School Care Fee. There will be a separate registration and fee for the School Days Off Programs.

Payment information: Payments are divided equally among the months with days off in consideration. When registering for Before/After School Care, please be aware that you are registering for the whole school year. A payment form will be distributed before payment due date to participant/parent.

***Monthly payments will automatically be charged the second Monday of each month from August 2025 to April, 2026**

Before Care: $250 *per month*
After Care: $340 *per month*
Before & After Care: $513 *per month*



Location Medinah Primary School-Gym/Classrooms
Instructor MPD Staff
Min/Max 10/25

Code	Day	Date	Time
4040301	Mon-Fri	Aug 20, 2025-June 4, 2026	6:30-8:15 am
4040302	Mon-Fri	Aug 20, 2025-June 4, 2026	3:15-6:00 pm
4040303	Mon-Fri	Aug 20, 2025-June 4, 2026	6:30-8:15 am/3:15-6:00 pm

***Monthly payment plans can be arranged per request to Brooks Wogelius at Brooks@Medinahparks.org. A $30 non-refundable fee is required.**

Park District Youth Program License Plates



The sale and subsequent renewals of each plate generates $25 for the PowerPlay Beyond School Grant Program, which funds youth programs in park and recreation agencies throughout Illinois. The goal of the PowerPlay program is to increase the number of opportunities designed to show youth the lifelong benefits of fitness, health and nutrition.

Park District Youth Program plates also may be requested through Pick-a-Plate at www.cyberdriveillinois.com. For more information, call 217-785-5215, or visit www.cyberdriveillinois.com.

Key
Co-operative Program = C Parent/Child Program = PC

www.medinahparkdistrict.org

Baby Rock / Tot Rock / Kid Rock I & II (BW)

Baby Rock C PC

Ages 3-12 months (non-walkers) w/ parent

Wiggle and giggle with us! Baby Rock is a unique combination of sensory experiences with stimulating music and exercises to help strengthen and stretch your baby! Activities will include sing alongs, exposure to simple instruments and sensory props, motion exercises, bubbles, and more! Get ready for a rockin' good time with your tiniest dancer! www.rockitkids.com

Location Connolly Recreation Center-Maple Room
Instructor Rock 'n' Kids, Inc.
Fee $57(R)/$72(NR)*
$46(R)/$61(NR)**
$80(R)/$95(NR)***
Min/Max 3/10 per district

Code	Day	Date	Time
4020600-01	Mon	Jan 12-Feb 9*	10:40-11:10 am
4020600-02	Mon	Feb 23-Mar 16**	10:40-11:10 am
4020600-03	Mon	Apr 6-May 18***	10:40-11:10 am



Tot Rock, Kid Rock I & II C

Sing, dance, play, learn, and imagine with us! This movement-based program uses music to facilitate learning. Activities include use of rhythm instruments and movement props, work on gross and fine motor skills, including balance and coordination, and engagement of imaginative play. All classes are structured and include early listening and following directions skills. Join us for a rockin' good time! www.rockitkids.com

Location Connolly Recreation Center-Maple Room
Instructor Rock 'n' Kids, Inc.
Min/Max 4/12 per district



Tot Rock! C PC

Ages 12-30 months old w/ parent

Fee $64(R)/$79(NR)*
$51(R)/$66(NR)**
$90(R)/$105(NR)***

Code	Day	Date	Time
4020601-01	Mon	Jan 12-Feb 9*	9-9:40 am
4020601-02	Mon	Feb 23-Mar 16**	9-9:40 am
4020601-03	Mon	Apr 6-May 18***	9-9:40 am

Kid Rock I & II C PC

Ages 2-5

Fee $64(R)/$79(NR)
$51(R)/$66(NR)**
$90(R)/$105(NR)***

Code	Day	Date	Time
Kid Rock I	**(2-3 years old w/ parent)**		
4020602-01	Mon	Jan 12-Feb 9	9:45-10:25 am
4020602-02	Mon	Feb 23-Mar 16	9:45-10:25 am
4020602-03	Mon	Apr 6-May 18	9:45-10:25 am
Kid Rock II	**(3-5 year olds w/out parent)**		
4030603-01	Mon	Jan 12-Feb 9	11:20 am-12 pm
4030603-02	Mon	Feb 23-Mar 16	11:20 am-12 pm
4020603-03	Mon	Apr 6-May 18	11:20 am-12 pm

Pee Wee Preschool: Beginning FUN-GINEERING (BW)

Ages 4-5

Young engineers will build working models of simple machines such as a seesaw, a rolling vehicle, and hockey player using Lego® Educational kits. Children will have a great time working on activities designed around creativity, exploring, investigating and problem solving in a fun group environment! While building these fun and interactive models, they will learn about levers, pulleys, gears, wheels and axles.

Location Connolly Recreation Center-Oak Room
Instructor Computer Explorers Staff
Fee $80(R)/$95(NR)
Min/Max 6/10

Code	Day	Date	Time
2030325	Wed	Feb 25-Mar 18	11:45 am -12:45 pm

Pee Wee Preschool: Basketball/Indoor Track & Field (BW)

Ages 3-5

We have found this exciting class to be just what parents need to give their children a positive start into Basketball and Track. Participants will learn proper warm-ups, stretch exercises and run technique. As well as basketball skills in passing, shooting, and dribbling. Teamwork, participation, and good sportsmanship are all stressed throughout the class. Please bring your water bottle! ***If your child is enrolled in our preschool program, staff will walk your child to this class.***

Location Connolly Recreation Center-Gym
Instructor Sports R Us Staff
Fee $64(R)/$79(NR)
Min/Max 6/12

Code	Day	Date	Time
2030305	Wed	Apr 8-May 6	11:30 am -12:15 pm

Little Hoops (JH) C

Ages 4-6

Our instructional/team program prepares your future hoops player! Volunteer coaches will teach participants fundamental skills, basic techniques and improvement of motor skills required for the game of basketball. Players will use junior sized balls and shorter hoops to build confidence. Practices will be held once a week with scrimmages being played on Saturday mornings at the Wood Dale, Itasca or Medinah Park District. Team t-shirts will be provided. If you are interested in coaching, please note this on your child's registration form. Saturday game times are TBD.

Location Connolly Recreation Center-Gym
Instructor Volunteer Parent
Fee $80(R)/$95(NR)
Min/Max 6/8 players per team

Code	Day	Date
2030506	Sat	January 12 Start Date

Registration Deadline: Jan 6

Little Sluggers T-Ball (JH) C

Ages 4-6

Younger kids will love this introduction to one of the most popular sports around! Participants will learn the basic skills of baseball: throwing, catching, base running, hitting, and fielding, all in a non-competitive environment. Innings will consist of all players batting, and no score will be kept. Volunteer coaches needed! Please contact the park district if you are interested in coaching. Team t-shirt and hat will be provided. One practice and one game per week based on coach and field availability. Fee includes t-shirt and hat.

League will combine with Itasca and Wood dale park districts and play some games at those locations. Practices begin the week of April 20, first games are May 1.

Location Thorndale Park
Instructor Volunteer Coaches
Fee $75(R)/$90(NR)
Min/Max 8/12

Code	Day	Date	Time
2040521	Varies	Apr 20-Jun 15	Varies

Registration Deadline: Apr 13

More Early Childhood Programs

Please see additional programs for the Early Childhood age group on other pages throughout this brochure.

Preschool/Early Childhood Enrichment – Ages 2-4 ..... pg 16
Dance – Ages 3+ ..... pgs 20-21
Adult-Tot T-Ball Skills Clinic – Ages 2-3 ..... pg 26
Adult-Tot Total Sports Clinic – Ages 2-3 ..... pg 26
Tiny Kickers – Ages 3-5 ..... pg 26
Youth Soccer 4+ ..... pg 29
Shotokan Karate – Ages 4-Adult ..... pg 30

Medinah Park District School of Dance (BW)

Innovation Arts Connection

Connecting communities to creative arts – that is what we do at Innovation Arts Connection! Our progressive curriculum focuses on dance concepts and core techniques as well as teaching the importance of respect, positive attitude and hard work. In our classes students will develop grace, rhythm, coordination, creativity, and confidence in a fun, safe and structured environment. IAC's dance classes offer stability, a sense of community, socialization and structure. We look forward to seeing you in class!

Innovation Arts Connection, LLC collaborates with local Chicagoland Park districts. For more information about the IAC program including class expectations, dress code, pandemic procedures and more, please visit www.innovationartsconnection.com or find us on Instagram or Facebook @innovationartsconnection.

Park Studio Classes

The Park Studio program track is a studio program designed around the Park District community culture. This track is for dancers of all ages and experience levels who are looking for a progressive session and higher commitment level with participation in a final Dance Recital: Under the Sea on Saturday, June 20, 2026 at Lake Park High School. PRODUCTION FEES (INCLUDING COSTUME FEES) INCLUDED WITH TUITION!!! PAYMENT PLANS AVAILABLE!!! Within this program, participants can engage in core studio-level dance classes. All classes are held at Medinah Park District's Connolly Recreation Center. In the event of inclement weather classes will be held virtual on Zoom.

Mondays Jan 12-Jun 8 No Class: Mar 23 & 30, May 25

Dance I – Weekly class designed for preschool and kindergarten aged dancers. In this class we will focus on ballet technique. Classes include stretches, class etiquette, basic technique, dance concept exploration, movement games and learning choreography. Please wear leotard, tights, or comfortable form fitted clothing, ballet shoes.

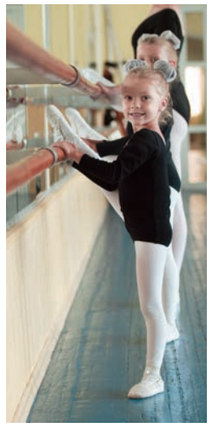
Code: 1030600-01 Ages 3-5 4:30-5:15 pm $402(R)/$417(NR) Min/Max 4/6
**Park Studio four quarter payment plan option $101/$105

Dance III – Weekly class designed for upper elementary aged dancers. In this class we will continue to learn ballet & tap technique and we will introduce jazz technique as well. Classes include stretches, barre work, class etiquette, basic-intermediate technique of each style, movement games and learning choreography. Please wear leotard, tights, or comfortable form fitted clothing, ballet, tap & jazz shoes.

Code: 1040600-01 Ages 8-10 5:25-6:55 pm $598(R)/$613(NR) Min/Max 4/6
**Park Studio four quarter payment plan option $150/$153

Pre-Pointe – This class is an additional class dancer in Dance IV can take. In this class dancers will learn exercises to build strength, flexibility and coordination in their ankles and feet with the goal of getting pointe shoes. As dancers progress in class they will level up to wearing pointe shoes with the recommendation of their teacher and approval from their doctor. Dancers must have at least 2 years of ballet training and must be currently enrolled in Dance IV to participate. Please wear leotard, tights, or comfortable form fitted clothing and ballet shoes. *DOES NOT PARTICIPATE IN THE RECITAL
Code: 1040600-02 Ages 10+ 8:30-9:00 pm $143(R)/$158(NR) Min/Max 4/8
**Park Studio four quarter payment plan option $36(R)/$40(NR)

Thursdays Jan 15-Jun 4
No Class: Mar 26, Apr 2



Dance II – Weekly class designed for early elementary aged dancers. In this class we will continue to learn ballet technique and introduce tap technique as well. Classes include stretches, class etiquette, basic-intermediate technique in ballet & tap, dance concept exploration, movement games and learning choreography. Please wear leotard, tights, or comfortable form fitted clothing, ballet & tap shoes.

Code: 1040600-03 Ages 5-7 4:45-5:45 pm $453(R)/$468(NR) Min/Max 4/6
*Park Studio four quarter payment plan option $113(R)/$117(NR)

Monday & Thursday Jan 12-Jun 8 (this class meets twice a week at different times) No Class: Mar 23, 26, 30, Apr 2, May 25

Dance IV – Dance IV is a two day a week class that meets on Mondays and Thursdays and is designed for middle-high school dancers. On Mondays dancers will do a full ballet barre, learn intermediate-advanced ballet technique and work on choreography. On Thursdays dancers will do a full strength & conditioning session, and learn beginning-advanced Jazz & Tap technique. We will also introduce some lyrical, contemporary and hip hop skills as well. This is the perfect class for older dancers looking to excel in dance in a well rounded way. Please wear leotard, tights, or comfortable form fitted clothing, ballet, tap & jazz shoes.

Code: 1040600-04 Ages 10+ 7-8:30 pm (Mon)/8-9 pm (Thu) $894(R)/$909(NR)
Min/Max 4/8
**Park Studio four quarter payment plan option $224(R)/$227(NR)

PAYMENT PLAN OPTIONS

The Medinah Park District offers automatic quarterly payment plans.
Seasonal dance class prices below reflect the quarterly plan.
To set up a payment plan, please reach out to Brooks Wogelius before enrolling at Brooks@medinahparks.org or 224-524-0006.



DANCE PARTIES (Location: WOOD DALE PARK DISTRICT)

Dance Parties are a condensed 1-day session of dance technique, movement games, crafts, a mini-performance and much more! Participants of all levels are encouraged to get involved through these camp-style classes that are designed to help participants fill their evening with fun, educational, and movement-oriented programming. Wear comfortable form-fitted clothing, dance shoes or bare feet. Feel free to dress to match the theme too! Please bring a water bottle.

Snowflake Spectacular Dance Party – Bundle up for some wintery fun! Snow princess, snowball fights and shimmery snowflakes galore! Ballet dance technique, movement games, crafts and choreography to Frozen music included.

Code	Day	Age	Date	Time	Fee R/NR	Min/Max
1030600-02	Fri	3-8	Jan 23	4:45-6:15 pm	$33(R)/$48(NR)	5/7

Animal Action Dance Party – Lions, Tigers, Bears, OH MY! Let's visit the zoo for some dance adventures. Jazz dance technique, movement games, crafts and choreography to Zootopia music included.

Code	Day	Age	Date	Time	Fee R/NR	Min/Max
1030600-03	Fri	3-8	Apr 17	4:45-6:15 pm	$33(R)/$48(NR)	5/5

Huntrix K-Pop Dance Party – It is time to dance like the Huntrix girls! Hip Hop and Jazz technique, movement games, crafts and choreography to K-Pop Demon Hunter music included.

Code	Day	Age	Date	Time	Fee R/NR	Min/Max
1030600-04	Fri	3-8	May 15	4:45-6:15 pm	$33(R)/$48(NR)	5/7

PERFORMANCE GROUPS (Location: WINFIELD PARK DISTRICT)

Dance Performance groups are designed for our current dancers to explore added performance opportunities and experience a dance team atmosphere.

Pixie Performers: Princess Ariel – This adorable opportunity will give budding ballerinas their time to shine. The Pixies will learn a Princess Ariel routine and show off their magical moves on stage at the Annual Dance Recital on Saturday, June 20 at Lake Park High School. The Pixies will learn 1 routine and will receive one costume (included in tuition). Wear comfortable form-fitted clothing, ballet shoes. All rehearsals are held at Winfield Park District's Recreation Center.

Code	Day	Age	Date	Time	Fee R/NR	Min/Max
1030600-05	Tue	3-7	Apr 21-Jun 9	5:15-6:15 pm	$308/$323**	5/5
		Four quarter payment plan option			$77/$81	

***Dance Recital Jun 19 & 20 **includes a costume**

Musical Theatre Dance Troupe – This group of dancers will learn musical theatre dance basics while prepping & performing a script and dance routine for the annual dance recital on Saturday, June 20 at Lake Park High School. They will experience auditioning, organizing costumes, building props and working as a team to put on a show. This is a great challenge for dedicated dancers or new to dance performers. The crew will meet weekly for 8 weeks, 2 in class dress rehearsals on Friday June, 5 & 12, 1 on stage dress rehearsal Friday, June 19 in addition to the Dance Recital. Wear comfortable form-fitted clothing, ballet/tap/jazz shoes. All rehearsals are held at Winfield Park District's Recreation Center.

Code	Day	Age	Date	Time	Fee R/NR	Min/Max
1040600-05	Tue	8-15	Apr 21-Jun 9	6:20-7:35 pm	$313/328**	5/5
		Four quarter payment plan option			$79/$82	

***Dance Recital: Jun 19 & 20 **includes a costume**

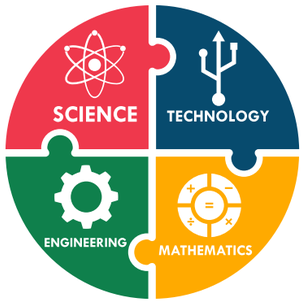
Mad Science: Science Surprise 4-week Series (BW) C

Grades K-5

In this high-energy STEM program, kids dive into fun classes like kitchen chemistry, movie effects, bugs and the science of toys! We'll explore a new theme each week and kids will bring home a tool or project to keep the fun going.

Location Recreation Complex 111 E. Foster Ave, Wood Dale
Instructor Mad Science
Fee $141(R)/$156(NR)
Min/Max 12/20

Code	Day	Date	Time
1040450	Mon	Feb 23-Mar 16	5-6 pm



Video Game Lab (BW) C

Ages 8-12

Let's create a game on the PC with Xbox controllers! Using a visual programming language, where students can learn about creativity, problem solving, and collaboration. It's not just about programming. Stretch your imagination to design and build fun-filled, challenging games.

Location Connolly Recreation Center – Oak Room
Instructor Computer Explorers Staff
Fee $80(R)/$95(NR)
Min/Max 3/5 per district

Code	Day	Date	Time
1040460	Tue	Feb 24-Mar 17	5:30-6:30 pm

Intro to Programming (BW) C

Ages 4.5-6

This course will introduce non-readers or early readers to the concepts of programming with Logo. Using iconic point & click commands to develop math, logic, and problem-solving skills as they explore and create a project they can imagine.

Location 172 S. Circle Ave., Bloomingdale
Instructor Computer Explorers
Fee $60(R)/$75(NR)
Min/Max 3/5 per district

Code	Day	Date	Time
2030450	Tue	Apr 7-21	5:30-6:30 pm

Chess Wizards (BW)

K-5th Grade

Want to play a game of chess? This exciting new program is designed for the chess enthusiasts in all of us! It fosters a safe, fun, and welcoming environment for students, inspires a love for lifelong learning both on and off the chessboard, and strengthens relationships and communities through the game of chess.

Location Connolly Recreation Center-Oak Room
Instructor Chess Wizards Staff
Fee $155(R)/$165(NR)
Min/Max 8/14

Code	Day	Date	Time
1040480	Thu	Feb 5-Mar 5	5-6 pm



NEW! Graphic Novel (BW) C

K-8th Grade

At the Do Art Graphic Novel workshop, we will be exploring the adventurous worlds of stories and drawing, and how we can mix them together! We will develop our own original characters, our own plot styles, as well as practice different tools and techniques of comics from paneling to storytelling, to onomatopoeia. Everyone will also receive a Signed Do Art comic about making comics! Join us for this unforgettable creative experience with juggling, live music, and comedy.

Location Recreation Complex 111 E. Foster Ave., Wood Dale
Instructor Do Art Productions Staff
Fee $120(R)/$130(NR)
Min/Max 5

Code	Day	Date	Time
1040490	Fri	Mar 6-20	5-7 pm

NEW! Digital Art Program (BW) C

K-8th Grade

At this engaging Digital Art Camp students will learn about drawing digitally on tablets, and in the process learn about technology and computers simultaneously. We will explore the vast number of tools digital art platforms have and learn to understand how to use them to better express ourselves as well as design our projects. We will provide materials and email final projects home.

Location Recreation Complex 111 E. Foster Ave., Wood Dale
Instructor Do Art Productions Staff
Fee $137(R)/$147(NR)
Min/Max 5

Code	Day	Date	Time
2040490	Thu	Apr 9-23	5-7 pm





Camp Cooking with Friends Winter Break & Spring Break Editions (BW) C

Ages 5-13

Calling all youth interested in learning how to cook, bake and explore the kitchen! Participants learn how to prepare new foods and desserts. Each day we will make three recipes. All supplies are included in the fee. Long hair must be tied up. Please let us know of any food allergies at the time of registration. Registration deadline is one week prior to the class.

Location Chef's Corner, 172 S. Circle Ave., Bloomingdale
Instructor Chef Pina
Fee $130(R)/$150(NR) *each camp*
Min/Max 4/4

Code	Day	Date	Time	Cuisine
1040603-01	Mon & Tue	Dec 29-30	10 am-2 pm	Winter Break Camp
2040603-01	Mon & Tue	Mar 30-31	10 am-2 pm	Spring Break Camp





Little Chefs with Chef Pina (BW) C

Ages 5-13

Smell, taste and learn in this hands-on class. Bring out your inner chef by creating and sampling the goodies you prepare during these one-day cooking classes. Come in your best chef;s attire and bring your appetite. Deadlines for each class are one week prior to the program. All loose hair must be tied up. Registration is required for all participants in the class. Bring containers for any leftovers. Please let us know if you have any food allergies.

Menu: **Each class comes with bread & dessert. **

Southwest Quesadilla – Southwest inspired quesadilla, guacamole with homemade chips, with Pico de Gallo
Boneless Buffalo Chicken Bites – Homemade breaded buffalo chicken, with fresh seasoned fries with carrots and celery
Super Simple Calzones – Calzones made with your choice of meat, cheese, or veggies.
All Americana – Chicken Pot Pies with buttery garlic bread
Summer Desserts – Summer Strawberry Short Cakes, Grasshopper Pie, and Biscotti

Location Chef's Corner, 172 S. Circle Ave., Bloomingdale
Instructor Chef Pina
Fee $46(R)/$51(NR)
Min/Max 4/4

Code	Day	Date	Time	Cuisine
1040600-01	Thu	Jan 22	6:00-8:00 pm	Southwest Quesadilla
1040600-02	Thu	Feb 12	6:00-8:00 pm	Boneless Buffalo Chicken Bites
1040600-03	Thu	Mar 12	6:00-8:00 pm	Super Simple Calzones
2040600-01	Thu	Apr 16	6:00-8:00 pm	All Americana
2040600-02	Thu	May 14	6:00-8:00 pm	Summer Desserts

Parent Child Cooking Classes (BW) C

Ages 5-12 with Parent

Bond with your child as you create a meal and leave the prep and clean-up to us. Chef Pina teaches a different recipe each week. Participants see, smell, taste, ask questions about, and learn the background of food. Bring a container for leftovers. All long hair must be tied up. **Price is per couple.**

***** All meals are served with bread & desserts******

Southwest Quesadilla – Southwest inspired quesadilla, guacamole with homemade chips, with Pico de Gallo
Boneless Buffalo Chicken Bites – Homemade breaded buffalo chicken, with fresh seasoned fries with carrots and celery
Super Simple Calzones – Calzones made with your choice of meat, cheese, or veggies
All Americana – Chicken Pot Pies with buttery garlic bread
Summer Desserts – Summer Strawberry Short Cakes, Grasshopper Pie, and Biscotti

Location Chef's Corner, 172 S. Circle Ave., Bloomingdale
Instructor Chef Pina
Fee $56(R)/$61(NR) *per couple*
Min/Max 2/2

Code	Day	Date	Time	Cuisine
1040601-01	Fri	Jan 16	6:30-8:30 pm	Southwest Quesadilla
1040601-02	Fri	Feb 27	6:30-8:30 pm	Boneless Buffalo Chicken Bites
1040601-03	Fri	Mar 27	6:30-8:30 pm	Super Simple Calzones
2040601-01	Fri	Apr 10	6:30-8:30 pm	All Americana
2040601-02	Fri	May 29	6:30-8:30 pm	Summer Desserts

DAY-OFF FUN!

A BREAK FROM SCHOOL, BUT NOT FROM FUN!

Winter Camp Days (BW)

Ages 4.5-12

Searching for winter break plans? Send your kids to the Connolly Recreation Center for a day packed with activities! They'll enjoy games, crafts, movies, gym time, and more. Don't forget to pack a sack lunch and a drink for your child.

Location Connolly Recreation Center-Walnut Room
Instructor Medinah Park District Staff
Fee $40(R)/$55(NR)
Min/Max 6/15

Code	Day	Date	Time
4040210-01	Mon	Dec 22	7:30 am-5:30 pm
4040210-02	Tue	Dec 23	7:30 am-5:30 pm
4040210-03	Fri	Dec 26	7:30 am-5:30 pm
4040210-04	Mon	Dec 29	7:30 am-5:30 pm
4040210-05	Tue	Dec 30	7:30 am-5:30 pm
4040210-06	Fri	Jan 2	7:30 am-5:30 pm

School Days Off (BW)

Grades K-5

School Days Off! Children will enjoy their school days off with activities, games, crafts, and fun with friends at the park district! Children will need to bring lunch, snack, water bottle and wear gym shoes.
Registration Deadline is the day prior to. **This is a separate registration from the Power Through Before/After School Care.**

Location Connolly Recreation Center
Instructor Medinah Park District Staff
Fee $45(R)/$60(NR) per date
Min/Max 6/15

Code	Day	Date	Time
1040300-01	Mon	Jan 5	7:30 am-5:30 pm
1040300-02	Mon	Jan 19	7:30 am-5:30 pm
1040300-03	Fri	Feb 13	7:30 am-5:30 pm
1040300-04	Mon	Feb 16	7:30 am-5:30 pm
1040300-05	Fri	Feb 27	7:30 am-5:30 pm
1040300-06	Mon	Mar 2	7:30 am-5:30 pm
2040300-01	Mon	Apr 6	7:30 am-5:30 pm



Spring Break Camps (BW)

Ages 4.5-12

Spring break can be a chance to kick your feet up and relax. But why would you want to relax when you can have so much fun here! Send your kids to the Medinah Park District for days of cool activities including: group games, crafts, movies, gym time, and more. Please send a lunch, snack and water bottle with your child every day.

Location Connolly Recreation Center-Walnut Room
Instructor Medinah Park District Staff
Fee $210(R)/$225(NR)
Min/Max 6/15

Code	Day	Date	Time
2040401	Mon-Fri	Mar 30-Apr 3	7:30 am-5:30 pm



Hot Shots Sports aims to develop young athletes who will grow emotionally, physically, and intellectually in our sports programs. By redirecting the focus away from wins and losses and towards personal growth, we create an environment where winning is the byproduct of, and not the means to, success. This approach creates critical thinkers who understand the importance of giving their best in practice, games, and other endeavors. Our Coaches take pride in fostering that drive and motivating your child to find the champion inside of themselves.

Adult-Tot T-Ball Skills Clinic (JH) C
Ages 2-3

Parents are an integral part of helping their tots develop basic sports movement and motor skills through the great sport of baseball. Motor skill activities focus on hand/eye and running coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Participants should bring their own gloves if desired.
(Adult participation is required)

Location Clauss Recreation Center-Soccer Fields
555 W. Bryn Mawr Ave., Roselle
Instructor Hot Shots Sports
Fee $80(R)/$95(NR)
Min/Max 6/15

Code	Day	Date	Time
2040506-01	Wed	Apr 8-May 13	4:00-4:30 pm

Adult-Tot Total Sports Clinic (JH) C
Ages 2-3

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parents or caregiver participation is required.

Location Clauss Recreation Center-Soccer Fields
555 W. Bryn Mawr Ave., Roselle
Instructor Hot Shots Sports
Fee $80(R)/$85(NR)
Min/Max 6/15

Code	Day	Date	Time
2040509-01	Sat	Apr 11-May 16	9:00-9:30 am



Tiny Kickers (JH) C
Ages 3-5

The class introduces the fundamentals of soccer like dribbling, kicking and ball control through the use of age-appropriate games and activities. Don't forget a size 3 soccer ball, shin guards and a water bottle!

Location Clauss Recreation South-Gym
555 W. Bryn Mawr Ave., Roselle
Instructor Hot Shots Sports
Fee $80(R)/$95(NR)
Min/Max 6/15

Code	Day	Date	Time
1040504-01	Wed	Jan 7-Feb 11	4:45-5:25 pm
1040504-02	Wed	Feb 18-Mar 25	4:45-5:25 pm

T-Ball Skills (JH) C
Ages 4-6

This introductory T-ball program is perfect for a child who wants to have fun, make new friends and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. The program stresses teamwork over competition. All you need to bring is a glove!

Location Clauss Recreation Center-Soccer Fields
555 W. Bryn Mawr Ave., Roselle
Instructor Hot Shots Sports
Fee $90(R)/$105(NR)
Min/Max 6/15

Code	Day	Date	Time
2040507-01	Wed	Apr 8-May 13	4:30-5:15 pm

Lil' Dribblers (JH) C
Ages 4-6

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age-appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand/eye coordination, listening skills and the ability to follow directions.

Location Clauss Recreation Center-South Gym
555 W. Bryn Mawr Ave., Roselle
Instructor Hot Shots Sports
Fee $80(R)/$95(NR)
Min/Max 6/15

Code	Day	Date	Time
1030501-01	Fri	Jan 9-Feb 13	4:00-4:45 pm
1030501-02	Fri	Feb 20-Mar 27	4:00-4:45 pm

Total Sports Clinic (JH) C
Ages 4-9

This class features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes.

Location Clauss Recreation Center-Soccer Fields
555 W. Bryn Mawr Ave., Roselle
Instructor Hot Shots Sports
Fee $90(R)/$105(NR)
Min/Max 6/15

Code	Day	Date	Time
Ages 4-6			
2040510-01	Sat	Apr 11-May 16	9:30-10:15 am
Ages 7-9			
2040510-02	Sat	Apr 11-May 16	10:15-11:00 am

Big Kickers Soccer 101 (JH) C
Ages 6-8

This class focuses on developing the technical soccer skills of the athlete while improving overall knowledge of the game through drills and activities. Don't forget a size 3 soccer ball, shin guards and a water bottle!

Location Clauss Recreation South-Gym
555 W. Bryn Mawr Ave., Roselle
Instructor Hot Shots Sports
Fee $90(R)/$95(NR)
Min/Max 6/15

Code	Day	Date	Time
1040505-01	Wed	Jan 7-Feb 11	5:30-6:15 pm
1040505-02	Wed	Feb 18-Mar 25	5:30-6:15 pm

Basketball 101 (JH) C
Ages 7-9

Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun!

Location Clauss Recreation Center-South Gym
555 W. Bryn Mawr Ave., Roselle
Instructor Hot Shots Sports
Fee $95(R)/$110(NR)
Min/Max 6/15

Code	Day	Date	Time
1040502-01	Fri	Jan 9-Feb 13	4:45-5:30 pm
1040502-02	Fri	Feb 20-Mar 27	4:45-5:30 pm

Follow Us

Baseball Skills (JH) C
Ages 7-9

This baseball class gives players an introduction to baseball. Players work on technique and enhancing form in this comprehensive skills clinic. This program teaches throwing mechanics as well as batting stance, bat positioning and speed, using both live pitching and hitting off the tee. Players learn various positions in the field through game play and basic in game strategy. Players should bring their own gloves, and be ready for a fun, fast-paced learning environment.

Location Clauss Recreation Center-Soccer Fields
555 W. Bryn Mawr Ave., Roselle
Instructor Hot Shots Sports
Fee $90(R)/$105(NR)
Min/Max 6/15

Code	Day	Date	Time
2040508-01	Wed	Apr 8-May 13	5:15-6:00 pm

Game Time Basketball (JH) C
Ages 10-13

The next step in basketball instruction, this class will build upon the fundamentals taught in the Basketball 101 class. A slightly faster paced environment will be geared around competitive play, encouraging tactics such as attacking the basket and aggressive defense. Players should have basic knowledge of the rules and be able to dribble comfortably to succeed in the class.

Location Clauss Recreation South-Gym
555 W. Bryn Mawr Ave., Roselle
Instructor Hot Shots Sports
Fee $95(R)/$110(NR)
Min/Max 6/15

Code	Day	Date	Time
1040503-01	Fri	Jan 9-Feb 13	5:30-6:25 pm
1040503-02	Fri	Feb 20-Mar 27	5:30-6:25 pm



YOUTH BASKETBALL (JH)

Ages 4-14

Youth Basketball League (JH) C

Grades 3-8

The Medinah Park District offers this recreational league for both boys and girls in grades 3rd-8th. The program will focus on individual instruction, teamwork, and friendly competition. Weekly practices begin in early December and games against other local park district teams start on January 10th and run through the middle of March, season includes and end-of-year playoffs. Games are played at home and on the road. We rely on volunteer coaches to help run this program. Please indicate on your child's registration form if you are interested in coaching a team.

Location Connolly Recreation Center-Gym
Instructor Volunteer Coaches
Fee $115(R)/$130(NR) + $30 jersey fee*
Min/Max 6/10 players per team

Registration Deadline: December 2

*All new participants must purchase a reversible jersey. Returning participants may purchase a jersey if needed, or use a jersey from a previous year. Rosters open until filled.

Girls League

December 2025-March 2026

Code	Grade
1040541	3rd & 4th
1040542	5th & 6th
1040543	7th & 8th

Boys League

December 2025-March 2026

Code	Grade
1040544	3rd & 4th
1040545	5th & 6th
1040546	7th & 8th

Rookies Basketball League (JH) C

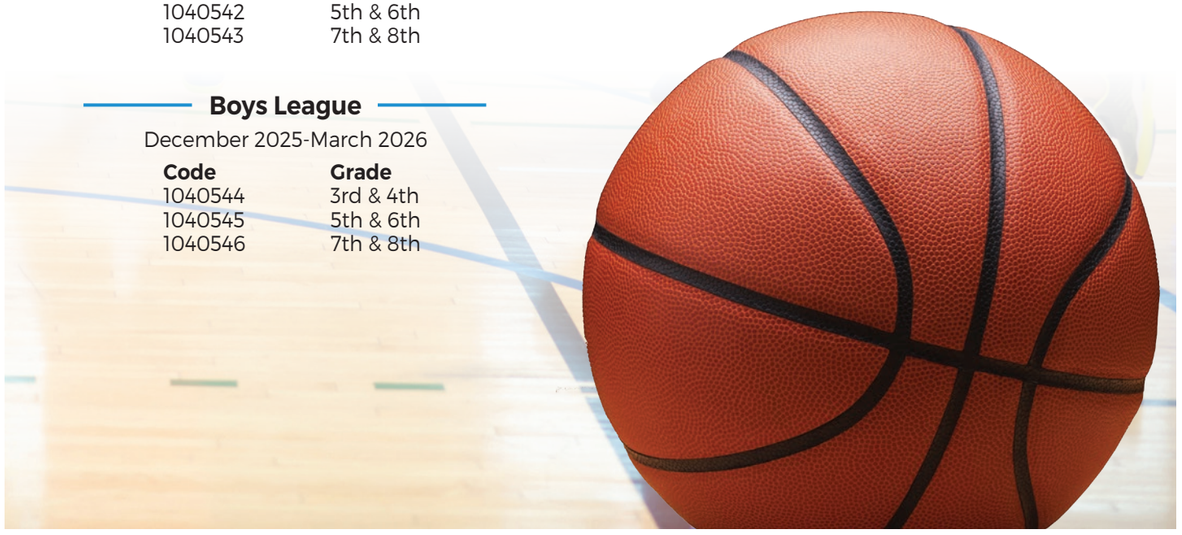
Grades 1 & 2

Teams consisting of first and second grade girls and boys along with an adult player/coach are forming now for our Rookies Basketball League. It'll be four-on-four with a parent joining the action. Basic game rules will be introduced, but loosely enforced. Team rosters will be six to eight players with a player/coach. The first team practice will be held the week after Thanksgiving. Teams will generally practice at least once per week for one hour. Game may take place on Mondays, Thursdays, and Saturdays. All players will receive a team T-shirt before the first game.

Location Connolly Recreation Center, Gym
Instructor Volunteer Parent
Fee $90(R)/$105(NR)
Min/Max 6/10 players per team

Code	Date
1040540	Dec 2025-Mar 2026

Registration Deadline: Nov 13



Medinah Co-ed Youth Spring Soccer League (JH) C

Ages 4-14

Enjoy the fun and excitement of league soccer! The Medinah Co-ed Spring Youth Soccer League will participate in the Mid-Suburban Soccer League. Other districts included are: Addison, Glendale Heights, Itasca, Roselle, Villa Park and Wood Dale. This league promotes an atmosphere of enjoyment, teamwork, and good sportsmanship while learning and improving upon fundamental skills. Adult volunteers coach and instruct each team. Teams will be formed immediately following the registration deadline and volunteer coaches will be confirmed and contacted.

Registration – Every effort will be made to place registrants on a team; however, once a team has filled, registrants will be placed on a "wait list" in an effort to create another team. In the event we have enough "wait list" participants, kids will be divided up to create an even number of boys and girls on each team. Because of this, we ***cannot guarantee*** that your child will play on a requested team. Participants will be informed of team placement by their coach on or before **Friday, March 20, 2026**

Early Bird Deadline: February 26
Registration Deadline: March 16

Practices and Games – Practices are held once per week with practice days and times set at the discretion of the coach. Games will be played on Saturday's. Time and location of games will be determined by league schedules. Parents must be able to transport their child to and from practices and games.

Uniforms – All players must wear a Medinah Park District uniform. If you are new to the program you must order a new jersey ($25) at the time of registration. Please note on your registration form the size of jersey you would like to order (YS, YM, YL, AS, AM, AL). Black shorts and socks are required and should be purchased on your own. All participants are required to wear shin guards underneath their socks at all practices and games.

Coaches – The Medinah Park District relies on volunteer coaches to help run this program. Without volunteers, we would be unable to offer such a popular program. All coaches will be provided with certification and educational materials for the purpose of safety and improved skill development for players. If you are interested in coaching, please indicate your interest on your child's registration form.

Location Manary Park, Medinah Middle School, Thorndale Park (practices/home games only)
Instructor Volunteer Coaches
Fee $85(R)/$100(NR)
$95(R)/$110(NR) – after February 26
Jersey Fee $30
Age 4-14 years old

Code	Day	Dates	Grade (2023/24)	Min/Max Per Team	# of Players on Field
2040530-01	Sat	April 11-May 30	Pre K-Kindergarten	5/6	3v3 No Goalie
2040530-02	Sat	April 11-May 30	1st-2nd Grade	6/8	4v4 No Goalie
2040530-03	Sat	April 11-May 30	3rd-4th Grade	9/14	7v7
2040530-04	Sat	April 11-May 30	5th-6th Grade	9/14	8v8
2040530-05	Sat	April 11-May 30	7th-8th Grade	11/14	10v10

Note: In the event a game is canceled due to weather, every attempt will be made to make it up during the week; however, we cannot guarantee this because of factors out of our control and therefore, are not able to give refunds for a shortened season.

***** Park district members of the Mid-Suburban Soccer League have adopted the new standards set forth by the U.S. Youth Soccer Organization. New age groups will play small sided games with adjusted field sizes to encourage more touches and player development. The adopted changes will create more skillful players by allowing for more individual teaching and play time on either side of the ball. Teams will be based on approximately 5 to 14 players per roster depending on age groups (see above).***



Little Hoops (JH) C
Ages 4-6

Our instructional/team program prepares your future hoops player! Volunteer coaches will teach participants fundamental skills, basic techniques and improvement of motor skills required for the game of basketball. Players will use junior sized balls and shorter hoops to build confidence. Practices will be held once a week with scrimmages being played on Saturday mornings at the Wood Dale, Itasca or Medinah Park District. Team t-shirts will be provided. If you are interested in coaching, please note this on your child's registration form. Saturday game times are TBD.

Location Connolly Recreation Center-Gym
Instructor Volunteer Parent
Fee $80(R)/$95(NR)
Min/Max 6/8 players per team

Code	Day	Date
2030506	Sat	January 12 Start Date

Registration Deadline: Jan 6

Little Sluggers T-Ball (JH) C
Ages 4-6

Younger kids will love this introduction to one of the most popular sports around! Participants will learn the basic skills of baseball: throwing, catching, base running, hitting, and fielding, all in a non-competitive environment. Innings will consist of all players batting, and no score will be kept. Volunteer coaches needed! Please contact the park district if you are interested in coaching. Team t-shirt and hat will be provided. One practice and one game per week based on coach and field availability. Fee includes t-shirt and hat.

League will combine with Itasca and Wood dale park districts and play some games at those locations. Practices begin the week of April 20, first games are May 1.

Location Thorndale Park
Instructor Volunteer Coaches
Fee $75(R)/$90(NR)
Min/Max 8/12

Code	Day	Date	Time
2040521	Varies	Apr 20-Jun 15	Varies

Registration Deadline: Apr 13

Martial Arts

Taekwon-Do (BW) C
Ages 8-Adult

Imagine what an advantage you will have now, and in the future, by learning martial arts today. Do you like to stretch, kick, punch, relieve stress, and feel good? The benefits of Taekwon-Do include character building, confidence, self-esteem, discipline, focus, perseverance, physical fitness, improved balance, coordination, strength, flexibility, and self-defense. Imagine that "attitude is everything" and you will never give up in any aspect of your life. This is Taekwon-Do!

Location Connolly Recreation Center- Walnut Room
Monday: 5:00-6:00 pm / Wednesday: 6:00-7:00 pm
Instructor Barry Weisberg
Fee $60(R)/$75(NR)
$30 *each additional family member*
Min/Max 8/50

Code	Day	Date
4040570-01	Mon/Wed	Jan 5-Feb 25
4040570-02	Mon/Wed	Jan 5-Feb 25 (additional member)
4040570-03	Mon/Wed	Mar 9-Apr 29
4040570-04	Mon/Wed	Mar 9-Apr 29 (additional member)
4040570-03	Mon/Wed	May 11-Jul 8
4040570-04	Mon/Wed	May 11-Jul 8 (additional member)





Illinois Shotokan Karate Club (JH) C
Ages 4-Adult

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

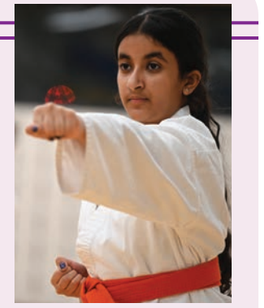
- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth and Adult classes train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847/359-0666.

Pre Karate (4-6 Years)

In our Pre- Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

Youth/Adult (7+ years)

ISKC's karate classes offers a good mix of strength training, with cardiovascular and flexibility exercises. Students increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.



Location Community Recreation Center
505 N. Springingsguth, Schaumburg
Min/Max Pre – 1/3 Youth/Adult – 1/6

Day	Date	Fee
Tu	Jan 6-Mar 24	$200
Tu	April 7-June 9	$167

Pre Karate (4-6 years)

Ses. I Code	Ses. II Code	Time	Level
1040580-01	2040580-01	4-4:45 pm	Beginner/Continuer (White belts)
1040580-02	2040580-02	4:50-5:35 pm	Intermediate/Advanced (Stripe belts & up)

Youth/Adult (7-Adult)

Ses. I Code	Ses. II Code	Time	Level
1040580-03	2040580-03	5:45-6:40 pm	Beginner/Continuer (White-Orange belt)
1040580-04	2040580-04	6:50-7:45 pm	Novice (Yellow-Low Purple belt)
1040580-05	2040580-05	7:55-8:50 pm	Inter/Adv. (High Purple-Black belts)

Location Meineke Recreation Center
220 E. Weathersfield Way, Schaumburg
Min/Max Pre-– 1/3 Youth/Adult – 1/6

Day	Date	Fee
Sat	Jan 3-March 21	$200/*$245
Sat	Apr 4-June 6	$167/*$205

Pre-Karate (4-6 years)

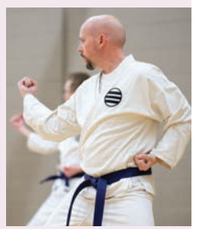
Ses. I Code	Ses. II Code	Time	Level
1040581-01	2040581-01	2:45-3:30 pm	Beginner/Continuer (White Belt)
1040581-02	2040581-02	3:40-4:25 pm	Intermediate/Advanced (Stripe belts & Up)

Youth/Adult (7-Adult)

Ses. I Code	Ses. II Code	Time	Level
1040581-03	2040581-03	12:20-1:15 pm	Beginner (No Exp.-White w/stripes)
1040581-04	2040581-04	1:20-2:15 pm	Continuer (Red-Orange belts)
1040581-05	2040581-05	2:25-3:20 pm	Novice (Yellow-Low Purple belts)
1040581-06	2040581-06	3:30-4:25 pm	Inter/Adv (Hight Purple-Black belts)
1040581-07*	2040581-07*	4:35-6:00 pm	Adv. (Brown w/Permis.-Black belts)









Chef Pina's Cooking Classes (BW) C

Ages 21+

In this interactive cooking class, participants will see, smell, taste, and ask questions form trained Chef Pina. Each class will have a different menu. This class you send you home full and possibly with leftovers. Whichever one-night cooking class you choose, you will enjoy a wonderful meal and great conversation. Bring your appetite and a container for possible leftovers. For your convenience classes with ** are paired with the Parents Night out program, in the youth section of this brochure.

During Lent, Lenten options will be available based on request- please email Tania if you would like to request and lent option at tania@bloomingdaleparks.org

Menu: Each class comes with bread & dessert.

Salmon Wellington – With a seasonal soup, fried calamari, seasonal salad
Stuffed Meatballs & Pappardelle – Pina's famous stuffed meatballs (ricotta, spinach, green onions & carrots) served with Pappardelle pasta and a winter salad
Taste of Asian – Scallion Beef Stir-Fry with rice, 3 mushroom soup with Bok Choy, and Asian Salad
Taste of Greece – Musaka (Greek Lasagna) Leak Pie, Greek Salad
Viva Mexico! – Chicken Fajitas, Chips & Salsa, Mexican inspired salad

Location Chef's Corner, 172 S. Circle Ave., Bloomingdale
Instructor Chef Pina
Fee $56(R)/$61(NR)
Min/Max 4/4

Code	Day	Date	Time	
1060600-01	Fri	Jan 23	6:00-9:00 pm	Salmon Wellington
1060600-02	Fri	Feb 13	6:00-9:00 pm	Stuffed Meatballs & Pappardelle
1060600-03	Fri	Mar 20	6:00-9:00 pm	Taste of Asian
2060600-01	Fri	Apr 24	6:00-9:00pm	Taste of Greece
2060600-02	Fri	May 22	6:00-9:00pm	Viva Mexico!

Bingo and Giving! (BW)

Ages 55+

Who doesn't love Bingo? Gather your friends and family and head over to the Connolly Recreation Center for an exciting evening of classic Bingo fun! Enjoy laughs, lighthearted competition, and a chance to win great prizes.

This isn't just a night of games — it's also an opportunity to give back. We're proud to support the Roselle UMC Community Food Pantry, and we encourage attendees to bring canned goods or non-perishable food items. Your generous donations will go directly to helping families in our local community. Let's come together for a night of fun, connection, and kindness. See you there!

Location Connolly Recreation Center-Walnut Room
Fee Free
Min/Max 4/12

Code	Day	Date	Time
232700A	Fri	Jan 23	5-6:30 pm

Tai Chi for Arthritis and Fall Prevention (BW)

Ages 21+

Tai Chi is a gentle, low-impact exercise with smooth, flowing movements that build strength, improve balance, and promote relaxation. The Tai Chi for Arthritis and Fall Prevention program, based on Sun Style tai chi, is safe for the joints, easy to learn, and ideal for adults—especially those 50+—seeking better flexibility, posture, and overall well-being. Movements can be done standing or seated. No special equipment is needed. Learn more at www.TaiChiFallPrevention.com.

Location Connolly Recreation Center
Instructor Diana Nielsen (Certified Instructor)
Fee $50(R)/$65(NR)
Min/Max 3/10

Code	Day	Date	Time
1060770-01	Thu	Jan 8-Feb 12	6-7 pm
1060770-02	Thu	Feb 19-Mar 26	6-7 pm
2060770	Thu	Apr 16-May 21	6-7 pm

Ayurvedic Yoga (BW) C

Ages 18+

Ignite your vitality with invigorating movement and breathwork that sparks warmth, energy and clarity—awakening and uplifting your mind, body and spirit. Drop-ins welcome! For virtual: A Zoom link to the class will be sent to the email address on file one hour before the first class.

Location JRC/Group X Room, 172 S Circle Ave., Bloomingdale
Instructor Julie Gentile, RYT 500
Fee $108(R)/$123(NR)
Drop In Fee $13/class
Min/Max 5

Code	Day	Date	Time
1060660-01	Mon	Jan 12-Mar 9	7:00-7:40 pm
1060660-02	Mon	Mar 23-May 18	7:00-7:40 pm

– Julie Gentile – Meet the Teacher

Julie M. Gentile has been leading yoga classes since 2011. Her classes are infused with self-care practices from her award-winning books: *108 Yoga and Self-Care Practices for Busy Mamas* and *How to Stay Calm in Chaos: An Everyday Self-Care Guide*; Stand Up for Your Self-Care YouTube Channel and blog; and Instagram and Facebook pages @JulieGtheYogi. Sign up for *Nourish Note*, her monthly self-care newsletter, at www.JulieGtheYogi.com.

Yoga for Self-Care (BW) C

Ages 18+

Feel better in your body, calmer in your mind. This rejuvenating class goes beyond the poses—it's a self-care experience. Through mindful movement, breath and meditation, you'll reconnect with yourself, restore your energy and feel more like you again.

Location JRC/Group X Room, 172 S Circle Ave, Bloomingdale
Instructor Julie Gentile, RYT 500
Fee $126(R)/$142(NR)
Drop-In Fee $15/class
Min/Max 5

Code	Day	Date	Time
1060661-01	Wed	Jan 14-Mar 11	7-8 pm
1060661-02	Wed	Mar 25-May 27	7-8 pm

No Class: Apr 29

Stretch Infusion (BW)

Ages 18+

This class focuses on stretching with incorporation of Pilates, yoga, balance and ab workouts. At times, light weights or tubing will be used. For those participants who cannot get on the floor, chair or wall exercises will be utilized.

Location Connolly Recreation Center-Maple Room
Instructor Cathy Ventricelli
Drop In Fee $5/class

Day	Time
Tuesdays	6:00pm-6:45pm

The Ayurvedic Self-Care Solution (BW)

Ages 18+

Transform Your Energy and Routine in Just 4 Weeks

Struggling to stay consistent with self-care? Don't let another year begin without a daily routine that truly supports your life—giving you the energy and peace to live it fully.

In this 4-week course, led by Julie Gentile, an Ayurvedic yoga specialist and yoga teacher with 14 years of experience, you'll learn a time-tested approach to self-care that's simple, sustainable and designed for real life. With Julie as your guide, you'll get the structure and encouragement you've been craving—for the transformation you've been seeking. Rooted in the wisdom of Ayurveda, this course gives you the tools to feel better every day—without needing more time, complicated routines or a total lifestyle overhaul.

In just 4 weeks, you'll:

Week 1: Discover your mind-body type (dosha) and how it shapes your energy, mood and habits
Week 2: Learn how to eat and move in ways that support your dosha
Week 3: Align your day with the Ayurvedic clock to optimize your energy, productivity and rest
Week 4: Refresh your daily self-care routine so that it feels like a support system—not just another task

Wish your self-care routine felt more like a steady habit? Now it can be. Let this be the year it finally clicks. Only 20 spots available—offered just once in person this year.

*Students who have registered for a yoga session that starts in January 2026. To get $100 off The Ayurvedic Self-Care Solution, please register for the yoga session first.

Location JRC/Group X Room
172 S Circle Ave, Bloomingdale
Instructor Julie Gentile, RYT 500
Fee $297(R)/$312(NR)
$197 for current yoga students* (save $100!)
Min/Max Max 20 – only

Code	Day	Date	Time
1060900	Thu	Jan 6-27	7-8 pm

Zumba® (BW)

Ages 18+

This one-hour energetic workout will have you sweating in no time. With Latin-based rhythms, motivating music, and easy-to-follow combinations, this total-body workout combines all elements of fitness - cardio, muscle conditioning, balance and flexibility, and boosted positive energy. Remember your water bottle, and come ready for a dance party!

Location Connolly Recreation Center-Walnut Room
Instructor Karoline Giza
Fee $25(R)/$32(NR)
$8 *per class*
Min/Max 8/15

Code	Day	Date	Time
1060200-01	Mon	Nov 17-Dec 8	6:30-7:30 pm
1060200-02	Mon	Dec 15-Jan 5	6:30-7:30 pm
1060200-03	Mon	Jan 12-Feb 2	6:30-7:30 pm
1060200-04	Mon	Feb 9-Mar 2	6:30-7:30 pm
1060200-05	Mon	Mar 9-30	6:30-7:30 pm
2060200-01	Mon	Apr 6-27	6:30-7:30 pm

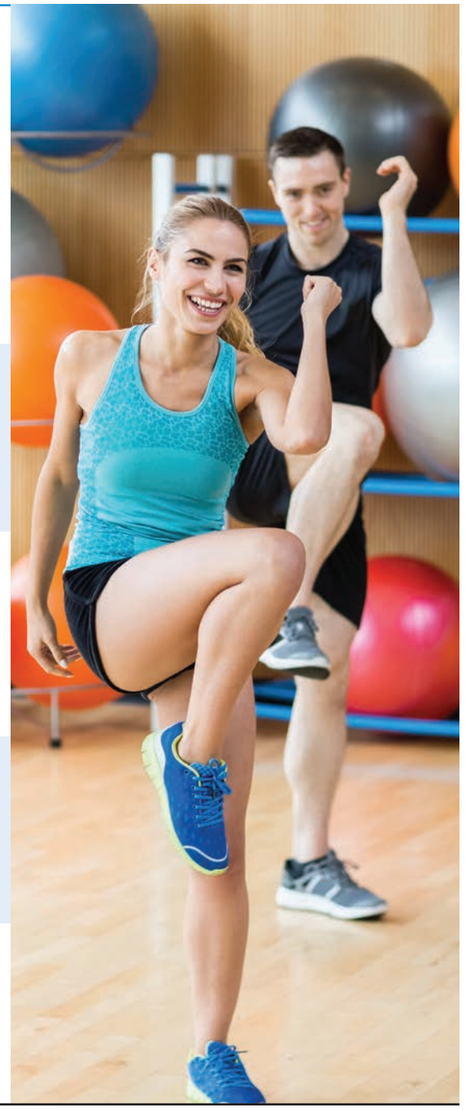
Fitness Classes @ Roselle Park District (BW) C

Ages 18+

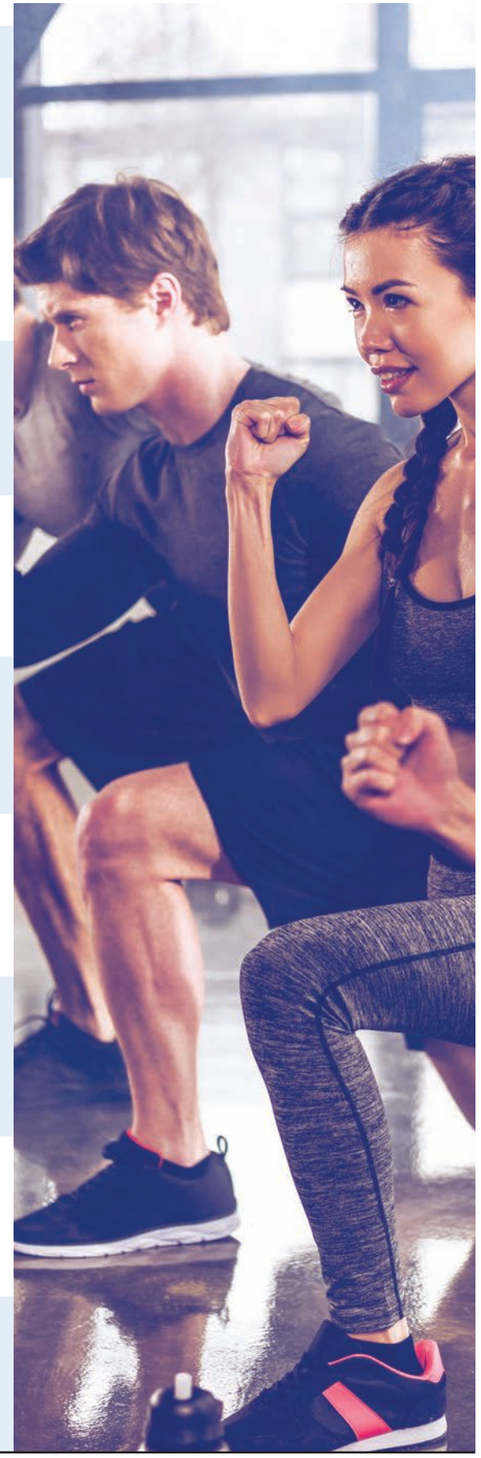
For a complete class description check out www.Medinahparks.org/Register.

Location See Below
Fee $37(R)/$39(NR) - 4 weeks
$47(R)/$49(NR) - 5 weeks *
$28(R)/$30(NR) - 3 weeks **
$19(R)/$21(NR) - 2 weeks ***
Min/Max 4/15

Code	Day	Date	Time	Class
Location: 10 North Roselle Rd., Suite 2				
1060705-01	Mon	Jan 5-12	9:15-10:15 am	Pilates ***
1060705-02	Mon	Feb 2-23	9:15-10:15 am	Pilates
1060705-03	Mon	Mar 2-30	9:15-10:15 am	Pilates
2060705-01	Mon	Apr 6-27	9:15-10:15 am	Pilates
2060705-02	Mon	May 4-18	9:15-10:15 am	Pilates
Location: 10 North Roselle Rd., Suite 2				
1060706-01	Mon	Jan 5-12	5:30-6:30 pm	Zumba
1060706-02	Mon	Feb 2-23	5:30-6:30 pm	Zumba
1060706-03	Mon	Mar 2-30	5:30-6:30 pm	Zumba *
2060706-01	Mon	Apr 6-27	5:30-6:30 pm	Zumba
2060706-02	Mon	May 4-18	5:30-6:30 pm	Zumba
Location: 10 North Roselle Rd., Suite 1				
1060707-01	Mon	Jan 5-12	6:35-7:35 pm	Yoga
1060707-02	Mon	Feb 2-23	6:35-7:35 pm	Yoga
1060707-03	Mon	Mar 2-30	6:35-7:35 pm	Yoga
2060707-01	Mon	Apr 6-27	6:35-7:35 pm	Yoga
2060707-02	Mon	May 4-18	6:35-7:35 pm	Yoga **
Location: 10 North Roselle Rd., Suite 1				
1060709-01	Tue	Jan 6-27	4:30-5:30 pm	Total Body Fitness
1060709-02	Tue	Feb 3-24	4:30-5:30 pm	Total Body Fitness
1060709-03	Tue	Mar 3-24	4:30-5:30 pm	Total Body Fitness
2060709-01	Tue	Apr 7-28	4:30-5:30 pm	Total Body Fitness
2060709-02	Tue	May 5-26	4:30-5:30 pm	Total Body Fitness



Code	Day	Date	Time	Class
Location: 10 North Roselle Rd., Suite 1				
1060710-01	Tue	Jan 6-27	6:00-7:00 pm	Core Strength & Stability
1060710-02	Tue	Feb 3-24	6:00-7:00 pm	Core Strength & Stability
1060710-03	Tue	Mar 3-24	6:00-7:00 pm	Core Strength & Stability
2060710-01	Tue	Apr 7-28	6:00-7:00 pm	Core Strength & Stability
2060710-02	Tue	May 5-26	6:00-7:00 pm	Core Strength & Stability
Location: 10 North Roselle Rd., Suite 2				
1060711-01	Wed	Jan 7-14	9:15-10:15 am	Get Fit Be Fab ***
1060711-02	Wed	Feb 4-25	9:15-10:15 am	Get Fit Be Fab
1060711-03	Wed	Mar 4-25	9:15-10:15 am	Get Fit Be Fab
2060711-01	Wed	Apr 1-29	9:15-10:15 am	Get Fit Be Fab *
2060711-02	Wed	May 6-27	9:15-10:15 am	Get Fit Be Fab
Location: 10 North Roselle Rd., Suite 1				
1060716-01	Thu	Jan 8-29	7:30-8:30 am	Barre
1060716-02	Thu	Feb 5-26	7:30-8:30 am	Barre
1060716-03	Thu	Mar 5-26	7:30-8:30 am	Barre
2060716-01	Thu	Apr 9-30	7:30-8:30 am	Barre
2060716-02	Thu	May 7-28	7:30-8:30 am	Barre
Location: 10 North Roselle Rd., Suite 1				
1060712-01	Thu	Jan 8-29	4:30-5:30 pm	Total Body Fitness
1060712-02	Thu	Feb 5-26	4:30-5:30 pm	Total Body Fitness
1060712-03	Thu	Mar 5-26	4:30-5:30 pm	Total Body Fitness
2060712-01	Thu	Apr 9-30	4:30-5:30 pm	Total Body Fitness
2060712-02	Thu	May 7-28	4:30-5:30 pm	Total Body Fitness
Location: 10 North Roselle Rd., Suite 2				
1060713-01	Thu	Jan 8-29	6:35-7:35 pm	Yoga
1060713-02	Thu	Feb 5-26	6:35-7:35 pm	Yoga
1060713-03	Thu	Mar 5-26	6:35-7:35 pm	Yoga
2060713-01	Thu	Apr 2-30	6:35-7:35 pm	Yoga *
2060713-02	Thu	May 7-28	6:35-7:35 pm	Yoga
Location: 10 North Roselle Rd., Suite 2				
1060714-01	Fri	Jan 2-9	9:15-10:15 am	Pilates ***
1060714-02	Fri	Feb 6-27	9:15-10:15 am	Pilates
1060714-03	Fri	Mar 6-27	9:15-10:15 am	Pilates
2060714-01	Fri	Apr 3-24	9:15-10:15 am	Pilates
2060714-02	Fri	May 1-29	9:15-10:15 am	Pilates *
Location: 10 North Roselle Rd., Suite 2				
1060715-01	Sat	Jan 3-31	9:00-10:00 am	Zumba *
1060715-02	Sat	Feb 7-28	9:00-10:00 am	Zumba
1060715-03	Sat	Mar 7-28	9:00-10:00 am	Zumba
2060715-01	Sat	Apr 4-25	9:00-10:00 am	Zumba
2060715-02	Sat	May 2-30	9:00-10:00 am	Zumba *
Location: 10 North Roselle Rd., Suite 2				
1060715-01	Sat	Jan 3-31	10:00-11:00 am	Core Strength & Stability *
1060715-02	Sat	Feb 7-28	10:00-11:00 am	Core Strength & Stability
1060715-03	Sat	Mar 7-28	10:00-11:00 am	Core Strength & Stability
2060715-01	Sat	Apr 4-25	10:00-11:00 am	Core Strength & Stability
2060715-02	Sat	May 2-30	10:00-11:00 am	Core Strength & Stability *
Location: 10 North Roselle Rd., Suite 1				
1060717-01	Sun	Jan 4-25	10:30-11:30 am	Chair Yoga
1060717-02	Sun	Feb 1-22	10:30-11:30 am	Chair Yoga
1060717-03	Sun	Mar 1-29	10:30-11:30 am	Chair Yoga *
2060717-01	Sun	Apr 5-26	10:30-11:30 am	Chair Yoga
2060717-02	Sun	May 3-31	10:30-11:30 am	Chair Yoga *



Niagara Falls, USA Extended Trip (BW)



Ages 18+

- Transportation in a top-quality motorcoach that is restroom and video equipped.
- 5 nights lodging including 3 consecutive nights in the Niagara Falls, NY area.
- 8 meals: 5 breakfasts and 3 dinners.
- Guided Tour of Niagara Falls, NY.
- A Journey to The Fallson "MAID OF THE MIST"
- Enjoy a CRUISE on the ERIE CANAL
- Take a SCENIC DRIVE through WINE COUNTRY
- GUIDED TOUR of BUFFALO
- Visit to the BUFFALO TRANSPORTATION PIERCE ARROW MUSEUM and much more!

Sign up now and pay a $75 deposit to hold your spot. A $75 deposit is due upon registration. Final payment is due March 4, 2026. A detailed itinerary is available three weeks before the trip at the Roselle Park District front desk and will be mailed to your house. Trip cancellation insurance is available and encouraged to offer protection should participant's need to cancel after the final payment date. Please visit to purchase insurance. Diamond Tours, Inc greets the group at various destinations and then proceeds with guiding the tours. A Park District representation assistant in managing the trip.

Departure/Returning Location: Roselle Park District, 555 W Bryn Mawr Ave. Roselle, IL
Min/Max 10/13 per district

Code	Day	Date	Departure Time	Fee
2060806-01	M-Sa	May 11-16	8 am	Single $1057(R)/$1072(NR)
2060806-02	M-Sa	May 11-16	8 am	Double $845(R)/$860(NR)
2060806-03	M-Sa	May 11-16	8 am	Triple $825(R)/$840(NR)

Registration Deadline: Feb 20

Lionel Bart's Oliver! A Staged Concert (BW) C 2

Ages 18+

Join us for a trip to the Metropolis Arts Theater in Arlington Heights to see Lionel Bart's OLIVER! A Staged Concert. Oliver! engulfs audiences in an emotional world of subterfuge, survival, and friendship. Produced in collaboration with Metropolis' School of the Performing Arts and featuring the JAM Orchestra—a live 15-piece orchestra on stage, this staged concert adaptation tells the story of an orphan who sets out in search of a brighter future. **The show begins at 2:00pm, but we will be stopping for lunch at Armand's Pizzeria before the show. Lunch will be on your own.**

Location Arlington Heights, IL
Fee $57(R)/$67(NR)
Min/Max 2/4
Bus Departure Clauss Recreation Center
555 W Bryn Mawr Ave., Roselle

Code	Day	Date	Time
1060800	Thu	Jan 29	11:00 am-5 pm

Registration Deadline: Jan 20

Cernan Earth and Space Center (BW) C 1

Ages 18+

Blast off on a fascinating journey through the cosmos with a special adult outing to the Cernan Earth and Space Center at Triton College! Enjoy a captivating full-dome show inside the state-of-the-art planetarium, where science and storytelling come together to bring the wonders of the universe to life. Whether you're a space enthusiast or just curious about the stars, this show promises to educate, inspire, and amaze.

Location River Grove, IL
Fee $19(R)/$29(NR)
Min/Max 4/10
Bus Departure Connolly Recreation Center
22W130 Thorndale Ave., Medinah
Departs at 1:45 pm sharp

Code	Day	Date	Time
1060801	Wed	Feb 25	1:45-4:00 pm

Registration Deadline: Feb 20

Soap Pouring Class at Magnolia Soap and Bath Co. (BW) C 1

Ages 18+

Dive into plant-based soap making! Customize your scent, color, and personal design in this fun, hands on experience. Craft something unique and learn the creative process of soap making. This class is held at Magnolia Soap and Bath Co.

Location St. Charles, IL
Fee $55(R)/$60(NR)
Min/Max 4/4
Bus Departure Johnston Recreation Center
172 S. Circle., Bloomingdale

Code	Day	Date	Time
1060802	Wed	Mar 4	9:15 am-12:15 pm

Registration Deadline: Feb 25

Molded Chocolate Class at Morkes (BW) C 1

Ages 18+

Who doesn't love chocolate! Morkes Chocolates is a leader in the art of creating handmade gourmet chocolate confections since 1920. Participants choose from many molds and create 4-5 molded chocolate pieces using milk and white chocolate. Selections include ice-cream cones, balloon lollipops, jungle animals and more. Lunch is on your own at Portillo's.

Location Palatine, IL
Fee $29(R)/$34(NR)
Min/Max 4/4
Bus Departure Johnston Recreation Center
172 S. Circle., Bloomingdale

Code	Day	Date	Time
2060800	Thu	Apr 30	9:15 am-1:30 pm

Registration Deadline: Apr 16

Geneva Shopping & Lunch (BW) C 3

Ages 18+

Downtown Geneva is known as one of the most unique shopping districts in the Midwest, maintaining a tradition of hospitality, charm, and character. Participants can shop the treasures in the wonderful and exciting stores Downtown Geneva has to offer and enjoy lunch on your own at one of the many restaurants or cafes.

Location Geneva, IL
Fee $10(R)/$15(NR)
Min/Max 2/4
Bus Departure Clauss Recreation Center
555 W Bryn Mawr Ave., Roselle

Code	Day	Date	Time
2060801	Tue	May 12	10:30 am-3 pm

Registration Deadline: May 6

Morton Arboretum (BW) C 3

Ages 18+

Join us for a relaxing and scenic day at the beautiful Morton Arboretum! This special outing is designed for adults to enjoy the vibrant beauty of nature with over 1,700 acres of stunning gardens, woodlands, and tree collections. Stroll at your own pace, take in the fresh air, and explore the seasonal exhibits, including the award-winning walking trails and serene lakeside views. The trip includes comfortable round-trip transportation, admission to the arboretum, and plenty of time to enjoy the grounds. Optional stops at the charming café and gift shop will make the day even more enjoyable. Whether you're a nature lover or just looking for a peaceful day out, this is the perfect way to reconnect with the outdoors and good company. **Please bring your own lunch.**

Location Lisle, IL
Fee $18(R)/$28(NR)
Min/Max 4/6
Bus Departure Connolly Recreation Center
22W130 Thorndale Ave., Medinah
Departs at 10:30 am sharp

Code	Day	Date	Time
4070802	Wed	May 20	10:30 am-3:00 pm

Registration Deadline: May 15

Attention Trip Participants!

Did you ever wonder why your favorite trip gets cancelled? Each trip requires careful planning and sometimes this means that deadline dates for final counts are 3-6 weeks before a scheduled trip. If the participant count is not high enough by the deadline date, we must cancel or forfeit our deposit. For this reason, we suggest that if you see a trip that strikes your interest, sign up for it as soon as possible. This will ensure the participant count is high enough to keep the trip going.

All trip return times are approximate. Transportation is provided by the Medinah, Roselle or Bloomingdale Park District mini bus unless otherwise noted. The buses are air-conditioned and provide accessible seating options for our handicapped participants. Refunds requested after the registration deadline will not be granted unless the trip registrant's spot can be filled.

We attempt to give you as much information as possible regarding the amount of walking required during each trip. The symbols will allow you to make a more informed decision regarding trip registration.

Walking Symbols

1 = Average walking
2 = Moderate walking
3 = Heavy walking

The footprint symbols indicate the amount of walking for each outing.

Fitness Center Hours

Regular Hours
Monday-Thursday: 7 am-9 pm
Friday: 7 am-8 pm
Saturday: 7 am-12 pm
Sunday: Closed

Fitness Center Closed
January 1 and May 25

Annual Membership Benefits

- Cardio and Strength Training Equipment
- Fitness Center Orientation (upon request)
- Basketball & Pickleball Open Gyms
- Locker Room Facilities
- Two Guest Passes Per Year



Fitness Center (JH)

The Medinah Park District's Fitness Center is dedicated to fitness excellence with quality equipment and programs designed to offer the best value. Whether your goals are to increase overall fitness, lose weight or take on an extra challenge, we are here to provide the equipment and personnel to help you achieve those goals.

Individuals and families may join the Fitness Center on an annual or 3-month basis, or may pay a daily fee to use the facility.

We offer cardiovascular and strength equipment, personalized orientations upon request, open gym options and locker room and shower facilities.

All individuals utilizing the fitness center must wear shirts and shoes at all times. Please be sure to bring separate work out shoes for the fitness center so dirt and other debris are not tracked in. Individuals under the age of 18 must have a parent or guardian signature on the fitness center waiver in order to utilize the facility. Facility closure due to maintenance and/or special events is considered in the fee schedule.

Join the Fitness Center and get started on a healthy future!

Medinah Park District
Fitness Center Membership Pricing

Annual Membership	Rates		Renewal Rates*	
	Resident	Non-Resident	Resident	Non-Resident
Individual Adult (22-54)	$150	$165	$130	$145
Individual Senior (55+)	$100	$115	$ 80	$ 95
Household (3+ in same home)	$320	$335	$300	$315
Student (14-21 years)*	$ 110	$125	$ 90	$105
3 Month Membership	$ 50	$ 65		
Daily Rate**	$ 5	$ 7		
Large Locker Rental***	$75/year	$25 for 3 months	$10 for 1 month	
Small Locker Rental***	$40/year	$12 for 3 months	$5 for 1 month	

***In order to take advantage of the discounted renewal fee, members need to renew prior to their expiration date.**

Please inquire with front desk about Military or Corporate Memberships.

ID Cards – All members will be issued a Fitness Center identification card. This will need to be presented prior to entering the fitness center. There is a $5 replacement fee if card is lost.

Proof of residency will be required to receive resident rates. Active or retired vets must show proof to receive military membership.

**All daily fee users must be 14 years and older and have a waiver signed by a guardian 18 years or older each visit. Daily fees are paid at the front desk.

***Daily use of locker is available at no charge. Please bring your own lock and remove it when you leave the building. Medinah Park District is not responsible for lost or stolen items.

Medinah Park District Fitness Center Equipment

Cardiovascular
- Life Fitness Treadmills
- Life Fitness Ellipticals
- Life Fitness Recumbent Bike
- True Fitness Functional Trainer
- Upright Bike
- Matrix Spin Bike
- Body Craft Elliptical
- Body Craft Rower

Strength
- Bench/Shoulder Press
- Lat Pulldown/Low Row
- Arm Curl/Tricep Extension
- Leg Extension/Leg Curl
- Leg Press/Calf Press
- Dumbbells (5 lb-50 lbs)
- Hammer Abdominal Board
- Hammer Body Weight Back Extension



Open Gym (JH)

Monthly Open Gym schedules are available online at www.Medinahparks.org

Open Gym schedules will be posted on a monthly basis online and at the Connolly Recreation Center.

Additional Open Gym guidelines are posted in our facility, as well as on our website at www.Medinahparks.org.

Open Gym Daily Fees: $4/day – Residents
$6/day – Non-Residents

Open Gym Annual Membership Pass
An open gym annual membership pass allows a participant to use the gym during set open gym times for no additional fee. Passes are valid one year from the date of purchase.

FEES	Residents	Non-Residents
Youth Ages 6-17	$70	$85
Adult (18+)	$80	$95

Pass must be presented upon entering facility.

Open Gym Rules

- All participants must sign in and fill out required information completely (clearly and legibly) before beginning play.
- **Your open gym pass must be presented in order to participate.**
- Participants under the age of 18, parents must accompany you to obtain annual membership pass.
- There is a $5 replacement fee if pass is lost.
- Players must wear appropriate gym shoes.
- Players must demonstrate good sportsmanship.
- Offensive language will not be tolerated.
- Absolutely no gum or food in the gym.

Pickleball Open Gym (JH)
Ages 18+

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It is played with a hard paddle and a wiffle ball on a court with the same dimensions as a doubles badminton court. The net is similar to a tennis net; however, it is two inches lower. Bring out a group of friends and give this addictive game a try! Equipment is provided. For more information about Pickleball and its rules, visit usapa.org.

Location Connolly Recreation Center-Gym
Fee $3 *drop in rate*
$100 *annual rate*

Day	Time
Tue/Thu	9 am-12 pm
Wed	9 am-11 am





Co-operative Programs
The Medinah Park District co-ops with the following leisure service agencies to provide program opportunities for you and your family: Addison Park District, Bloomingdale Park District, Itasca Park District, Roselle Park District and the Wood Dale Park District.

Employment Opportunities
The Medinah Park District offers a variety of part-time and seasonal positions. Individuals who are friendly, hardworking and dedicated to doing a good job are desired. You must be age 16 years or older to be considered for a position. Due to the many applications received and the limited number of positions, the District will only contact those being considered for a position. Please also consider volunteering with the Park District if not hired for a position. The Medinah Park District is an equal opportunity employer.

Insurance Disclaimer
The Medinah Park District is committed to conducting its recreational programs and services in the safest manner possible and holds the safety of participants in the highest regard. Participants and parents registering their child in recreational programs must recognize, however, that there is an inherent risk of injury when choosing to participate in activities.

Please recognize that the Medinah Park District does not carry medical accident insurance for injuries sustained in its programs. The cost of such would make program fees prohibitive; therefore, each person registering themselves or a family member for a recreational program/activity should review their own medical insurance policy for coverage. It must also be noted that the absence of medical insurance coverage does not make the Medinah Park District automatically responsible for the payment of medical expenses. The Medinah Park District requires that all program participants or legal guardians sign a Liability Waiver and Release form at the time of registration.

Program Guide Changes/ Errors Disclaimer
Due to the large amount of information available in the Medinah Park District program guide, errors and changes before and after publication may occur. While we attempt to locate and fix all errors in the proofing process, some items are missed. We apologize for any errors that may occur and will attempt to advise you of any changes as quickly as possible. Please check online for updated information.

Program Cancellations
Programs that do not reach the advertised minimum registration number at least one week prior to the start of the program may be cancelled due to low enrollment. Participants will be notified of the cancellation as soon as possible. Full refunds will be issued for programs cancelled due to low enrollment. If a program has an advertised deadline date listed in the brochure description, the program will be cancelled after that date if minimum registration has not been reached.

Americans with Disabilities Act
The Medinah Park District is committed to accessibility for individuals with disabilities and strives to provide equal, integrated participation in all programs, services and activities. The park district's policy is to reasonably accommodate all qualified program applicants in accordance with the Americans with Disabilities Act (ADA). We welcome questions, comments and concerns of interested community members regarding district ADA compliance.

To arrange for auxiliary aids or accommodations enabling individuals with disabilities to participate in park district public meetings, or to request publications in a special format (audiocassette, large print) please call 630-893-2560 or write to 22W130 Thorndale Avenue, Medinah, IL 60157.

Parking for PreK/K, 1st/2nd Grade Soccer Field, T-ball Field
Park District PreK/K, 1st/2nd Grade Soccer and T-ball program participants and spectators should park in the Medinah Intermediate School parking lots located at the corner of Medinah Road and Thorndale Avenue. The lots provide for a short walk to the school athletic fields. These lots are located apart from the main parking lots at Thorndale Park/Connolly Recreation Center.

Visit Our Website
The Medinah Park District's website can be located at www.medinahparks.org. You can peruse programs, register online, review Board of Commissioners meeting minutes and agendas, download a printable registration form, find an application for employment or view our site and stay informed. If you have suggestions or ideas for our website, please contact us at 630-893-2560.

Say Cheese!
Photos and video of participants in programs or special events and users of District facilities or parks are used in publicizing and promoting the District. All persons registering for District programs and activities or using District property thereby agree that any photograph or video recording taken by the District may be used by the District for promotional purposes. Please tell an instructor or photographer if you do not want to be photographed or video recorded.

Athletic Field Conditions
Home game field conditions and updates for youth soccer, and baseball/softball can be attained by checking the Park District's website at www.medinahparks.org. Please check with your coach about practice and away game cancellations.

Inclusive Recreation Programs
In a continuing effort to meet the needs of residents with special needs, NEDSRA (see page 40) and the Medinah Park District provide inclusive recreation services. This means that individuals with disabilities can participate in programs offered by the park district. This inclusive recreation environment provides residents with disabilities greater choices for their leisure time and allows all residents to learn about one another as they participate together. Let the park district and NEDSRA know of your special needs and interests so that we can provide the support necessary for successful inclusion. By communicating your needs, the park district and NEDSRA can be prepared to provide you with appropriate services.

Putting People First NEDSRA Special Recreation Association

Registration

3 Easy and Convenient Ways to Register

On-Line Register via Medinahparks.org/Register

Walk-In You may bring your registration form directly to the Registration counter at the Connolly Recreation Center, 22W130 Thorndale Avenue.

Mail-In You may mail your registration form to the Medinah Park District, 22W130 Thorndale Avenue, Medinah, IL 60157.

Registration Hours

Walk-In program registration will be accepted during regular Connolly Recreation Center building hours of 7:00 am-9:00 pm Monday-Thursday, 7:00 am-8:00 pm on Friday, 7:30 am-12:00 pm on Saturday.

Medinah Park District residents receive preference during program enrollment periods and may register for programs beginning December 1. Registration is taken on a first come, first serve basis.

Resident Registration Begins: December 1
Non-Resident Registration Begins: December 8

Non-resident registration rates are 1.75 times the resident fee with the additional fee not to exceed $15.

All registration fees must be paid at the time of registration unless noted otherwise. Persons enrolling after the start date of a program will be required to pay the entire program fee. Pro-rating of program fees will not be accepted.

Are You a Resident?

The Medinah Park District has definitive boundaries that take in parts of Roselle (zip code 60172), Itasca (zip code 60143) and Medinah (zip code 60157). In fact, you may be a resident of the Medinah Park District and your neighbor next to you or across the street from you may not be residents of the park district.

Why is this important? Medinah Park District residents support the district by paying property taxes to the district while non-residents do not. Residents are thus afforded special privileges and benefits.

How do you know if you are a resident? If you are a property owner, look at a copy of your most recent tax bill. If the Medinah Park District is listed, you are a resident. If you rent, call us at 630-893-2560 and give us your address; we will be able to tell you if you are a resident or not.

What about those privileges and benefits? To begin, residents receive the first opportunity to register for our seasonal program offerings. Secondly, residents who register for our programs and services are charged a lower user fee than non-residents. Residents are also charged less for facility rentals. This is because residents pay taxes that support our Park District and in return we offer lower fees for services.

Registration Fees

Cash, personal checks, money orders and VISA, MASTERCARD or DISCOVER CARD may be used to pay for Park District registration fees, membership fees or services. Checks and money orders must be made payable to the Medinah Park District.

Class Cancellation/Changes

Most programs have a minimum and maximum number of openings. If your class is cancelled due to low enrollment, the park district will make every attempt to offer an alternative class when available or credit a family account or provide a full refund. Class decisions about cancellations are usually made seven days in advance. Please be aware that certain programs have special registration deadlines that will be listed if different than the general seven day period.

Once programs begin, individual classes may change or be cancelled due to weather and/or the instructor being ill. Every attempt will be made to make up the class; however, we cannot guarantee this as there are other programs that may conflict with us being able to provide a makeup time. Unfortunately, refunds cannot be issued if this happens.

Minimums and Maximums

A class minimum is established to make sure that a program has enough registration support to justify holding the program. Since most instructors are paid per class period, running classes with less than the minimum of registrants would be a drain on the financial network of the Park District. A vast majority of our recreation programs are self-sufficient. If a class does not meet the minimum number of participants, it may be cancelled. In these cases, registrants will be notified. *Please see Program Cancellations on our General Information page.*

Maximum numbers are established to maintain the safety and quality of a program. We keep student/instructor ratios low to insure you get what you pay for; a higher quality program. Room capacity and ratios are primary considerations for the maximum number listed.

Waiver Forms Required

A signature is required on the waiver portion of all registrations. Please read the waiver in full before signing. Registrations cannot be processed without the waiver signed.

Return Check Policy

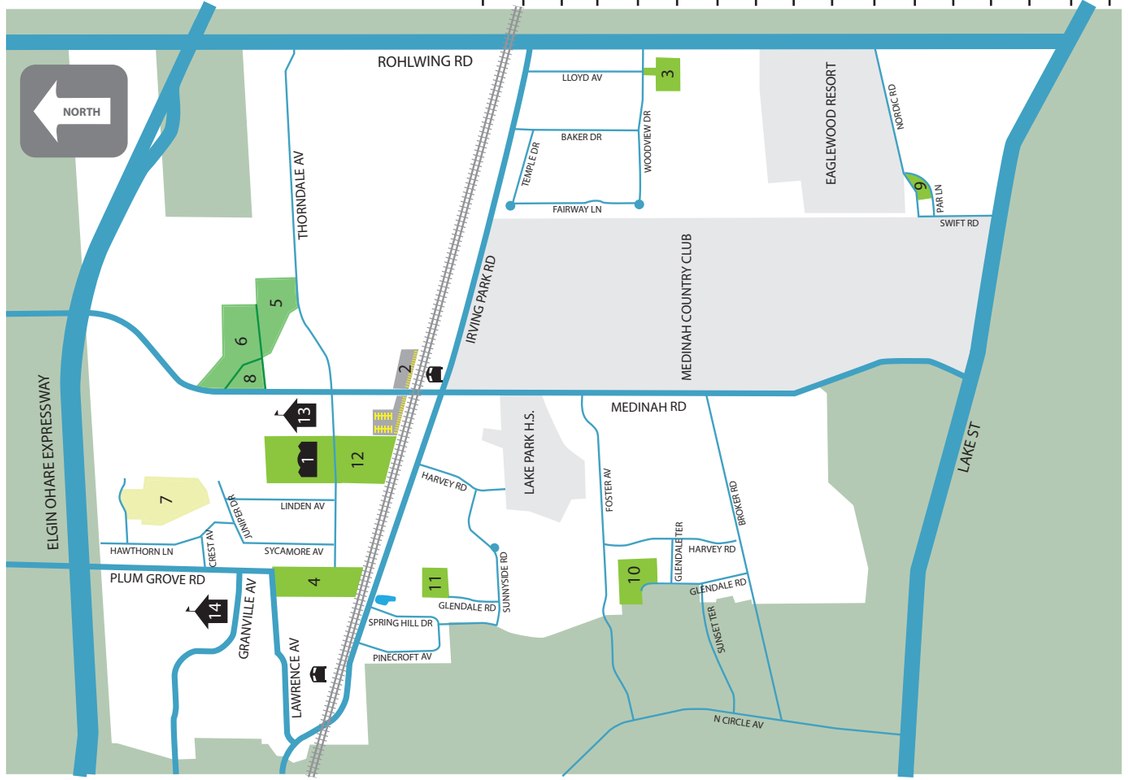
We gladly accept personal checks as payment for registration fees. If, for any reason, a check is returned to our office marked "NSF" we will contact you. You will be required to submit a full cash payment, as well as the current bank service charge, in order to maintain your registration in your particular program of interest. Class privileges will be suspended and new registration will not be accepted until payment is received.

Refund Policy

Refunds for programs will not be made once a program has begun unless the program is cancelled by the Park District, the participant moves from the district or the participant provides a medical document from his/her physician. Trip refunds will not be made after the registration deadline unless the ticket can be resold.

An administrative fee of $5.00 will be charged for any refund request except when a program is cancelled by the Medinah Park District. In addition, a refund will be prorated if any classes were attended. Refunds can take up to 4 weeks to process.

	Rentals	Playground	Trails	Ball Fields	Tennis Courts/Pickelball	Soccer Fields	Sled Hill	Ice Skating	Sand Volleyball	Basketball Courts	Shelter	Picnic Tables	Nature Area	Restrooms	Parking Lot	Pond	Acres
Facilities																	
1.....Connolly Recreation Center	x									x				x	x		
2.....Commuter Parking Lots															x		
Park Sites																	
3..... Goodenough Park (Lloyd & Woodview)		x	x		1/1					x							3.5
4.....Manary Park (Lawrence & Plum Grove)	x	x	x	1		1					x	x			x	x	12
5.....Meacham Creek Park (Thorndale Ave.)			x									x	x		x		12
6.....Meacham Wildlife Preserve (Medinah Rd)													x				16
7..... Michaels/McClure Wetland													x				15
8.....Natasha Brandt Nature Preserve													x				4
9.....Nordic Park (Fairway and Nordic)		x			2						x				x		2.5
10.....Riha Park (Glendale..N of Sunset)	x	x	x	1		x					x	x			x	x	7
11..Springhill Park (Glendale – N of Sunnyside)	x	x		1/1							x	x			x		3
12..... Thorndale Park (Thorndale Ave.) *lighted	x	2	x	5/*2	*4		x	x	x		x	x		x	x		30
School Sites																	
13...Medinah Intermediate School (Medinah Rd.)		x		2		x									x		
14..... Medinah Middle School (Granville Ave.)						2									x		



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