

Medinah Park District

Autumn 2025

ears

Registration Begins August 4

Register Online at Medinahparks.org

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Medinah Park District

22W130 Thorndale Avenue, Medinah, Illinois 60157 · Phone 630-893-2560 · www.Medinahparks.org



Join us in celebrating our 60th anniversary at our parks, events and programs.

Connolly Recreation Center Autumn Hours

September 1 - December 31, 2025

Administative Office Hours:

Monday-Friday 8:30 am-5:00 pm

Facility & Fitness Center Hours:

Monday-Thursday 7:00 am-9:00 pm Friday 7:00 am-8:00 pm Saturday 7:30 am-12:00 pm Sunday Closed

Recreation Center Closed:

September 1, November 27, December 25, January 1

Medinah Park District Board Meetings

The public is invited and encouraged to attend all Board meetings. Meetings are held at the Connolly Recreation Center at 6:30 pm on the following dates:

Wednesdays: September 17, October 15, November 19, December 17

For more information or to get involved with the Park District, please call 630-893-2560. Notices of all public meetings are posted in the entrance vestibule of the Connolly Recreation Center. Please check our website for additional meeting postings or changes.

Online registration is available 24/7! Visit the Park District online at www.Medinahparks.org

Board of Park Commissioners

.llyssa Neitzke	President
ene Jarocinski	Vice President
aclyn Scafidi	Treasurer
)pen	Commissioner
) pen	

Staff

Administration Department

Steven Muenz (CPRP), Executive Director.....Steven@medinahparks.org Maria Piworski (CPRP), Supt. of Finance/HR.....Maria@medinahparks.org

Recreation Department

Jim Huetson (CPRP),

Superintendent of Recreation & Safety Coordinator........Jim@medinahparks.org Brooks Wogelius, Recreation Supervisor......Brooks@medinahparks.org Marissa Nowotarski, Early Childhood Coordinator......Marissa@medinahparks.org Hope Rapp, Front Office Coordinator........Hope@medinahparks.org Maria Ameneiro, Front Office Coordinator......Mameneiro@medinahparks.org

Parks Department

Vince DeGrado (CPSI), Superintendent of Parks............Vince@medinahparks.org Dan Touzios (CPSI), Asst. Superintendent of Parks................Dan@medinahparks.org Jeremy Weres, Park Specialist I................Jeremy@medinahparks.org

CPRP - Certified Park and Recreation Professional CPSI - Certified Playground Inspector

Program dates are subject to change. Visit us online for the latest information.

Periodical Publication

Autumn 2025 Medinah Park District Tri-Yearly Publication Issue #25-3 **Key** The following abbreviations indicate information pertaining to specific programs or services.

Co-operative Program = C

Parent/Child Program = PC

Program Contacts

The initials below indicate the name of the staff person in charge of each program. Feel free to contact staff with any questions.

Jim Huetson = (JH) Brooks Wogelius = (BW)

Park and Facility Rentals 5

Mission and Vision Statement

The Mission of the **Medinah Park District is to:**

- Enhance the Quality of Life of the Park District Community
- · Promote Sound and Effective Use of Park District Resources
- · Provide Safe and Enjoyable Opportunities
- · Preserve and Maintain Open Space

Our Vision Statement:

To consistently deliver a broad range of safe, healthy, educational, inclusive and fun-filled recreational opportunities for our communities, neighbors and guests.

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Letter from the Executive Director

Dear Medinah Park District Community.

As the crisp air of the fall season approaches and the leaves begin to change, we at the Medinah Park District are excited to share a vibrant season full of programming and activities designed for every member of our park district community. Autumn is a special time to reconnect, recharge and rediscover all the wonderful things our park district has to offer.

Throughout our 60th anniversary, the dedicated team has been working hard to put together a dynamic lineup of fall programs - from youth sports leagues, creative arts and cooking classes, to adult fitness, senior wellness offerings, and fun filled family events, such as Harvest Fest.

Some highlights of the upcoming season include:

- Youth soccer and basketball leagues
- Preschool and early childhood enrichment programs
- Adult Yoga, Tai Chi, Zumba and Stretch Infusion classes
- Adult trips including local shopping and shows, and an extended trip to Charleston, South Carolina
- Our expanded Harvest Fest event, the annual Color Run as well as Halloween's Trunk or Treat and more!

We invite you to explore our Autumn 2025 brochure, now available online at www.medinahparks.org as well. Registration opens August 4th and many programs fill quickly - so don't delay!

At the Medinah Park District, part of our mission is to enhance the quality of life of the park district community. Your participation and support make our programs and eventspossible. We look forward to welcoming you and your family this fall and hope to see you in our parks and programs.

Thank you for being a valued part of the Medinah Park District community.

Warm regards,

Steven Muenz **Executive Director** Medinah Park District



Medinah Park District Rentals

Host your next event at the **Medinah Park District!**



Connolly Recreation Center

Gymnasium – 200 person max capacity \$60/hour Resident, \$75/hour Non-Resident

Walnut Room - 80 person max capacity \$50/hour Resident, \$65/hour Non-Resident

Maple Room - 40 person max capacity \$40/hour Resident, \$55/hour Non-Resident

Oak Room - 20 person max capacity \$30/hour Resident, \$45/hour Non-Resident

Kitchen Use – (refrigerator, microwave, convection oven, and ice machine)

-\$15 flat fee with rental of any above rooms

Up to 100 chairs and 20 tables are available for all renters. Set-up of tables and chairs are the responsibility of the renter.

Thorndale Park

Pavilion -

Thorndale Park North - Picnic tables, electricity Thorndale Park South - Beach volleyball courts, Bags set \$25/hour Resident. \$40/hour Non-Resident

Fire Pit

\$15/hour Resident, \$30/hour Non-Resident \$15 flat fee with Pavilion Rental

Athletic Field/Tennis Courts

\$35/hour Resident, \$40/hour Non-Resident

Interested renters should complete and submit a Facility Rental Application Form. Forms can be found on the Rental page at www.Medinahparks.org or at the Connolly Recreation Center.

Reservations must be made at least two weeks in advance. A \$20 non-refundable reservation fee and application is required

Gender Reveal Parties Staff Events • Bridal Showers **Graduation Parties** • Retirement Parties

Birthday Parties • Baby Showers

Any other ways that our spaces can fit your needs!



Oak Room

to reserve a date and space. Full payment and credit card authorization form are due at least two weeks prior to rental date. For indoor rentals, a \$20 per hour additional fee will be charged for any rental time outside of Connolly Recreation Center normal operating hours. Call 630-893-2560 or visit www.medinahparks.org for more information.

Medinah Park District

Timeline of Mediah Park District 1965-2025

First park district structure is built; a windbreak wall and fire pit for the ice skating rink



Medinah Country Club sets aside public land for the Medinah Park District



1965

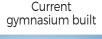
Park district takes over the maintenance duties at the Metra Train station and operated them through 2024



installed on what is now first lighted fields



gymnasium, what is now the Walnut Room





Full rehab of Springhill Park completed



Riha Park OSLAD project. New trail system, backstop, and playground



New permanent park signs for all parks installed

Manary Park Improvements: . Backstop, playground, trail system



Thorndale Park OSLAD project completed: New pavilions, beach volleyball courts, new playground





in the area



Woodview Park

(Goodenough Park)

Ventura Park

(Manary Park)

established

Nature Preserve and Meacham Creek Wildlife Preserve established

Natasha Brandt

1970s 1980s

1990s 2000s

2010s

2020s

Nordic Park and Glendale Park (Riha Park) were established

Medinah Park District is formed in the garage of local resident Ruth Hacker

Preschool program begins at the Medinah Park District



Meacham Creek Park established



Ceramics program begins





Springhill Park

Major renovations and additions on Thorndale **Recreation Center** completed. Gym and Walnut Room were existing structures

Family Fest begins as an Ice Cream Social



Fire pit was built in North Thorndale Park as well as small renovation to Pavilion as Eagle Scout projects



Goodenough Park Renovation: New tennis, pickleball, and basketball courts, trail system

Major renovations to Thorndale **Recreation Center** completed and renaming it Connolly Recreation



National Fitness Court installed at Thorndale Park South



Thorndale Park Improvements: Trail system, parking lot renovation and tennis court renovation

Birthday Party Celebrations!

Ages 3-17

Step into a world of endless possibilities and unforgettable memories by hosting your next party at the Medinah Park District, where every moment is infused with excitement and joy. Choose from our captivating themes to transform your event into a one-of-a-kind celebration that will leave your guests dazzled and delighted. Each party includes a dedicated MPD staff member who will lead instruction of exciting games and activities. Also provided will be cutlery, table covers and themed decorations.



Concert Series in the Park

Join us for the final FREE outdoor family concert of the series!

Thursday, August 7
6:30-8 pm at Thorndale Park

Circle of Fifths

Enjoy the rock hits with the Circle of Fifths! Their song list combines classic rock hits along with danceable/party tune favorites.

The band's three lead singers with outstanding vocal harmonies, skillful musicianship and infectious, crowd-pleasing performances, make Circle Of Fifths a great live music experience. Circle Of Fifths has been playing shows throughout the Chicagoland area since 2012. Come on out and join the fun!



Back to School Food Truck Rally I (BW)

Friday, August 22 - 5:30-8:30 pm

Join us for our summer food truck extravaganza featuring an array of your favorite delicacies! Indulge in a diverse selection of food and dessert trucks, offering a culinary adventure for your taste buds. Immerse yourself in the festivities with entertainment and court games that promise an evening filled with enjoyment. Save the date and join the fun!

Location Medinah Park District Parking Lot





Thursday, September 18 6:00-7:00 p.m. **Thorndale Park**

Ages 4+

\$25 per person \$5 additional color packets

Embrace the vibrant side of life with our exciting 8th Annual Color Run. Join us for an evening filled with color and fun. Bring your family and friends to partake in the festivities.

Your participation fee covers a dynamic mile loop that can be conquered multiple times, ensuring an evening of exhilarating activity. Additionally, each participant will receive a specially designed running t-shirt, stylish sunglasses, and *two color packets to enhance the colorful experience.

> Let's make this event a blast we can't wait to see you there!





- FREE EVENT -Saturday, September 27 11:00 am-3:00 pm Thorndale Park, 22W130 Thorndale Avenue

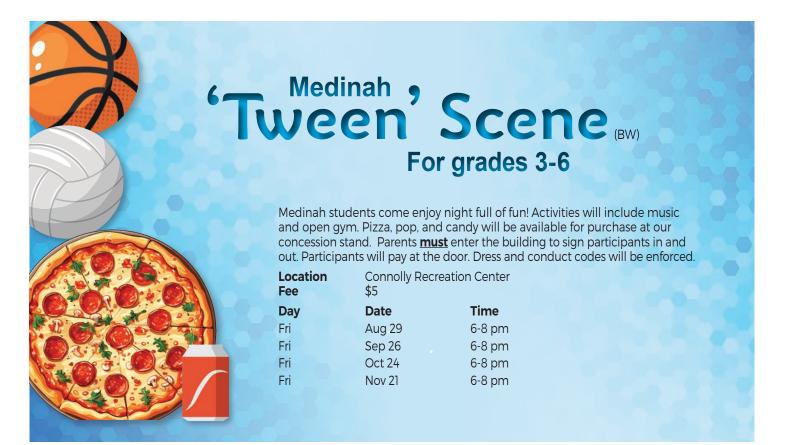
Join us in celebrating the 4th annual Harvest Fest event at Thorndale Park! Immerse yourself in a day filled with live entertainment, engaging games, delectable food, and a diverse array of community vendors as we celebrate the district's 60th anniversary!

- Live Band "The Throwbacks" 12:00-2:00 pm NEW! Beer and Wine Tents
- (Beer provided by Marz Community Brewing Company and wine provided by Lynfred Winery)
 - Food Trucks Climbing Wall Dunk Tank
 - Petting Zoo
 Gaming Truck
 Raffle
 - Contests and More!











THERAPY DOG STORYTIME (BW)

Location

Is your child a fan of reading aloud and dogs? We invite you to join us at the Medinah Park District, where a wonderful opportunity awaits! Plenty of therapy dogs will be on hand, eagerly awaiting the chance to be petted and listen to your child read. Please bring along your child's favorite book to share with our furry friends.

This program promises a heartwarming and literacy-rich environment, where children can enhance their reading skills while bonding with therapy dogs.

Connolly Recreation Center

Fee	Free		
Code	Day	Date	Time
3080401-01	Tue	Sep 9	4:45-5:30 pm
3080401-02	Tue	Oct 14	4:45-5:30 pm
3080401-03	Tue	Nov 11	4:45-5:30 pm

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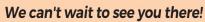




TRUNK OR TREAT (BW)

Thursday, October 30 - 6-7:30 pm **Connolly Recreation Center Parking Lot** FREE for all ages!

Get ready to celebrate Halloween in a safe, community-centered environment where creativity and festive spirits come alive. Stroll through our parking lot transformed into a magical Halloween wonderland with creatively decorated car trunks. Each trunk will offer a unique theme, from spooky to silly, ensuring a delightful surprise for every visitor. Don't forget to bring a treat bag! If you'd like to decorate your trunk and participate in the candy distribution, please register by October 27 by emailing Brooks@medinahparks.org. Bring your family, friends, and neighbors for a night of Halloween fun you won't want to miss.









Ages 6-Adult

Grab your basketball shoes and test your skills at the Medinah Park District's inaugural Basketball Skills Competition! Come get ready for the upcoming basketball season by competing in a 3-point contest and skills challenge. The 3-point contest will feature 15 shots for each player from around the arc. The skills challenge will feature dribbling, passing, and shooting Distances and difficulty will be adjusted based on age group. Great prizes to the winners of each age group!

Location Connolly Recreation Center-Gym MPD Staff Instructor

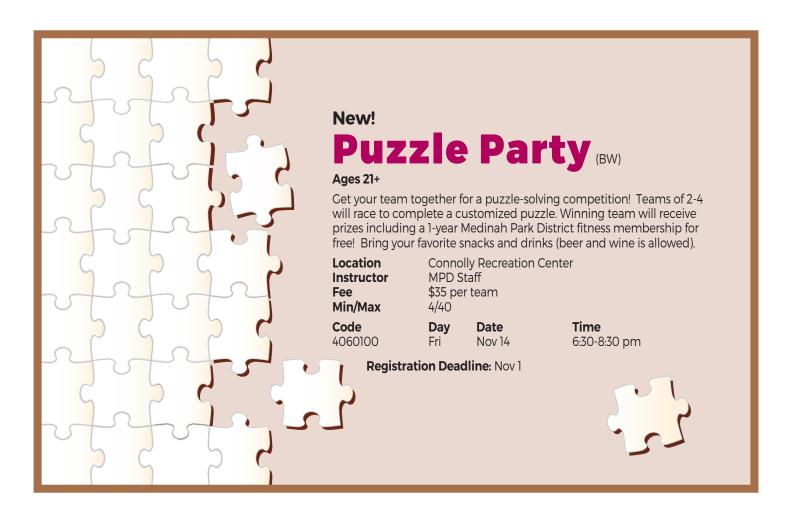
\$10(R)/\$15(NR) Fee

Date/Time Saturday, Nov 8 10:00am-12:00pm

Min/Max 2/10 per age group

Code **Age Group** 4080100 Ages 6-8 4080101 Ages 9-11 4080102 Ages 12-14 4080103 Ages 15+

Registration Deadline: Nov 7





GINGERBREAD HOUSE MAKING (BW)

Tuesday, December 16 5:30-6:30 pm

Connolly Recreation Center Walnut Room Ages 3-12 Fee \$12(R)/\$15(NR) per child Code 4040100

Embrace the festive cheer and enjoy some merry-making! Craft your own Gingerbread Houses, brimming with holiday joy, using all the perfect ingredients that would even impress Santa Claus himself! All materials will be provided, so bring along your imagination and let the fun begin!



Santa's Calling

All Ages

Santa Claus will be reaching out to children to hear their Christmas wishes! To schedule a call with Santa. drop by the Park District between November 20 and December 17, 2025, to complete Santa's "checklist" (one per child).Or email, Brooks@medinahparks.org to receive Santa's checklist via email.



Calls will be made Thursday, December 18 between 3:45-6:45 pm.

A Magical Evening with the Pölar Express Cönductör & Friends (BW)

Thursday, December 4 5:30-6:30 pm

Connolly Recreation Center Walnut Room Ages 3-12 Fee \$12(R)/\$15(NR) per child

Code 4040205

The Conductor of the Polar Express, along with Mr. Claus' reindeer-in-training, will make a special visit to the Connolly Recreation Center. Enjoy listening to the timeless tale of the "Polar Express," create holiday crafts, and take photos with the reindeer-in-training. Cookies and hot chocolate will be provided, but remember the Conductor's

most important rule: never ever let it cool! **Pre-registration is required.**





Little Scholars: Preschool 2025-2026 (BW)

The Medinah Park District Preschool program provides a welcoming, secure, and enjoyable setting for your child's learning journey. With a semi-structured approach, we emphasize socialization, self-confidence, fine and gross motor skills, and readiness for pre-kindergarten and kindergarten. Children will develop these skills at their own pace through play, crafts, stories, songs, and special activities. Our primary goal is to foster a love of learning and a positive attitude toward school.

Registration must be done in person and proof of age is required. A \$30 non-refundable deposit is required at time of registration for the 2025-26 school year. Registration fees are paid in monthly payments during the year (see payment schedule below).

Location Connolly Recreation Center-Carol A. Healy Early Childhood Room **Instructor** Marissa Nowotarski

3 & 4 years (3 days a week) Age

\$177 per month (R)/\$192 per month (NR) Fee

Min/Max 6/12

Code Day Mon/Wed/Fri Aug 18-May 15, 2026 9-11:30 am 4030301 4030302 Mon/Wed/Fri Aug 18-May 15, 2026 9-11:30 am

4 years (5 days a week) Age

\$227 per month (R)/\$242 per month (NR) Fee

Min/Max 6/12

Day Code Date 4030303 Mon-Fri Aug 18 - May 15, 2026 9-11:30 am

Monthly payments will automatically be charged the third Monday of each month from August 2025 to April 2026.

SAVE THE DATE Medinah Park District Preschool Open House

Tuesday, July 15 5:30-7:30 pm

We would love for your family to meet and greet Mrs. Marissa and instructors and get a feel for the classrooms and curriculum at the Summer Open House.

If you are interested in attending, please email Brooks Wogelius,

Brooks@Medinahparks.org or Marissa Nowotarski

Marissa@Medinahparks.org.

Little Scholars: Early Childhood Enrichment (BW)

Ages 2-3

This program is perfect for children who aren't quite ready for preschool but are eager for social interaction away from parents. Through songs, stories, shapes, and playtime, your child will enhance their social skills while exploring, discovering, and learning in a fun environment. They'll gain confidence in a "school" setting, Pull-ups are allowed, but a parent or caregiver must be available for any necessary changes. A \$30 non-refundable deposit is required at time of registration for the 2025-26 school year. Monthly payments will automatically be charged the third Monday of each month from August 2025 to April 2026.

Location Connolly Recreation Center-Walnut Room

Instructors Marissa Nowotarski

\$145 per month(R)/\$160 per month (NR) Fee

Min/Max 5/12

Code Time Day 4020301 Mon/Wed/Fri Aug 25-May 22, 2026 9-11 am

Before/After School Care "Power Through" (BW)

Entering Kindergarten-5th Grade

Medinah Park District (in cooperation with Medinah School District #11) offers "Power Through" Before/After School Care to Medinah Residents. The program is available for students attending Medinah Primary School and Medinah Intermediate School. The program will be held in the gym and/or classrooms at Medinah Primary School. Transportation to and from the appropriate schools will be provided by school bus. Program hours are 6:30 am until school begins and from the end of school until 6 pm.

Our goal is to provide a safe, fun, friendly, inclusive, and structured before and after school environment. The program will encourage a balance of healthy minds, bodies and personal growth/development through activities. The program will encourage participants through scheduled activities to achieve this balance.

"Power Through" Before/After School Care will follow the Medinah School District #11 days off. Medinah Park District will offer School Days off programs that are not included in the Before/After School Care Fee. There will be a separate registration and fee for the School Days Off Programs.

Payment information: Payments are divided equally among the months with days off in consideration. When registering for Before/After School Care, please be aware that you are registering for the whole school year. A payment form will be distributed before payment due date to participant/parent.

*Monthly payments will automatically be charged the second Monday of each month from August 2025 to April, 2026

Before Care: \$250 per month **After Care:** \$340 per month Before & After Care: \$513 per month

> **Location** Medinah Primary School-Gym/Classrooms **Instructor** MPD Staff

Min/Max 10/25

Code	Day	Date	Time
4040301	Mon-Fri	Aug 20, 2025-June 4, 2026	6:30-8:15 am
4040302	Mon-Fri	Aug 20, 2025-June 4, 2026	3:15-6:00 pm
4040303	Mon-Fri	Aug 20, 2025-June 4, 2026	6:30-8:15 am/3:15-6:00 pm

*Monthly payment plans can be arranged per request to Brooks Wogelius at Brooks@Medinahparks.org. A \$30 non-refundable fee is required.

Park District Youth Program License Plates



The sale and subsequent renewals of each plate generates \$25 for the PowerPlay Beyond School Grant Program, which funds youth programs in park and recreation agencies throughout Illinois. The goal of the PowerPlay program is to increase the number of opportunities designed to show youth the lifelong benefits of fitness, health and nutrition.

Park District Youth Program plates also may be requested through Pick-a-Plate at www.cyberdriveillinois.com. For more information, call 217-785-5215, or visit www.cyberdriveillinois.com.

Co-operative Program = Parent/Child Program = Po

www.medinahparkdistrict.org

Baby Rock/Tot Rock/Kid Rock I & II (BW)

Baby Rock @ @ _____

Ages 3-12 months (non-walkers) w/parent

Wiggle and giggle with us! Baby Rock is a unique combination of sensory experiences with stimulating music and exercises to help strengthen and stretch your baby! Activities will include sing alongs, exposure to simple instruments and sensory props, motion exercises, bubbles, and more! Get ready for a rockin' good time with your tiniest dancer! www.rockitkids.com

Connolly Recreation Center-Maple Room Location

Rock 'n' Kids, Inc. Instructor \$69(R)/\$84(NR) Fee Min/Max 3/10 per district

Code Day Time 10:40-11:10 am 4010600-01 Mon Sep 8-Oct 13 Oct 27-Dec 8 4010600-02 Mon 10:40-11:10 am

No Class: Nov 24

Tot Rock, Kid Rock I & II @ _

Sing, dance, play, learn, and imagine with us! This movement-based program uses music to facilitate learning. Activities include use of rhythm instruments and movement props, work on gross and fine motor skills, including balance and coordination, and engagement of imaginative play. All classes are structured and include early listening and following directions skills. Join us for a rockin' good time! www.rockitkids.com

Connolly Recreation Center-Maple Room **Instructor** Rock 'n' Kids. Inc.



Tot Rock! C @

Ages 12-30 months old w/ parent

Fee \$77(R)/\$92(NR) Min/Max 4/12 per district

Code Day Date Time 4020601-01 Mon Sep 8-Oct 13 9-9:40 am 4020601-02 Mon Oct 27-Dec 8 9-9:40 am

No Class: Nov 24

Kid Rock I & II 🔞 🙉

Ages 2-5

\$77(R)/\$92(NR) Fee 4/12 per district Min/Max

Code Day Date Time Kid Rock I (2-3 years old w/parent) 4020602-01 Mon Sep 8-Oct 13

9:45-10:25 am 4020602-02 Mon Oct 27-Dec 8 9:45-10:25 am

No Class: Nov 24

Kid Rock II (3-5 year olds w/out parent)

4030603-01 Mon Sep 8-Oct 13 11:20 am-12 pm 4030603-02 Mon Oct 27-Dec 8 11:20 am-12 pm

No Class: Nov 24

Pee Wee Preschool: Soccer & T-Ball (BW) ____

This class is perfect for kids who are full of energy and ready to be introduced to the basics of soccer and t-ball. Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this non-competitive environment. About half of the time will be dedicated to each sport. Sports R Us www.sportsrusil.com. If your child is enrolled in our preschool program, staff will walk your child to this class.

Location Connolly Recreation Center-Gym

Instructor Sports R Us Staff \$71(R)/\$86(NR) Fee

Min/Max 6/16

Code Day Date Time

4030400 Wed Sep 24-Oct 29 11:30 am-12:20 pm

Little Hoops (JH) @ _____

Ages 4-6

Our instructional/team program prepares your future hoops player! Volunteer coaches will teach participants fundamental skills, basic techniques and improvement of motor skills required for the game of basketball. Players will use junior sized balls and shorter hoops to build confidence. Practices will be held once a week with scrimmages being played on Saturday mornings at the Wood Dale, Itasca or Medinah Park District. Team t-shirts will be provided. If you are interested in coaching, please note this on your child's registration form. Saturday game times are TBD.

Location Connolly Recreation Center-Gym Volunteer Parent Instructor

\$80(R)/\$95(NR) Min/Max 6/8 players per team Dav Date Code Sat Oct 19-Dec 7 4030506

Registration Deadline: Oct 1

Tiny Kickers (JH) @ _____

The class introduces the fundamentals of soccer like dribbling, kicking and ball control through the use of age-appropriate games and activities. Don't forget a size 3 soccer ball, shin guards and a water bottle!

Location Clauss Recreation Center-Soccer Field

555 W. Bryn Mawr Ave., Roselle

Hot Shots Sports Instructor \$75(R)/\$80(NR)

Min/Max 6/15

Code Dav Date Time 3040506-01 Fri Sep 3-Oct 8 4:45-5:25 pm 3040506-02 Fri 4:45-5:25 pm Oct 15-Nov 19

Little Sluggers T-Ball (JH) @ _____

Younger kids will love this introduction to one of the most popular sports around! Participants will learn the basic skills of baseball: throwing, catching, base running, hitting, and fielding, all in a non-competitive environment. Innings will consist of all players batting, and no score will be kept. Volunteer coaches needed! Please contact the park district if you are interested in coaching. Team t-shirt and hat will be provided. One practice and one game per week based on coach and field availability. Fee includes t-shirt and hat.

Location Thorndale Park Instructor **Volunteer Coaches** \$75(R)/\$90(NR) Fee

Min/Max 8/12

Code Dav **Date** Time 4040521 Varies Sep 6-Oct 11 Varies

Registration Deadline: Aug 19

More Childhood **Programs**

Please see additional programs for the Early Childhood age group on other pages throughout this brochure.

Preschool/Early Childhood Enrichment - Ages 2-4.....pg 16 Dance - Ages 3+pgs 20-22 Youth Soccer 4+......pg 29 Lil' Dribblers - Ages 4-6......pg 26 Pee Wee Flag Football - Ages 4-5.....pg 26 Shotokan Karate - Ages 4-Adult..... .. pg 30

Dance

Medinah Park District School of Dance (BW)



Connecting communities to creative arts--that is what we do at Innovation Arts Connection! Our progressive curriculum focuses on dance concepts and core techniques as well as teaching the importance of respect, positive attitude and hard work. In our classes students will develop grace, rhythm, coordination, creativity, and confidence in a fun, safe and structured environment. IAC's dance classes offer stability, a sense of community, socialization and structure. We look forward to seeing you in class!

Innovation Arts Connection, LLC collaborates with local Chicagoland park districts. For more information about the IAC program including class expectations, dress code, pandemic procedures and more, please visit www.innovationartsconnection.com or find us on Instagram or Facebook @innovationartsconnection.

Seasonal Classes —

The seasonal classes invite participants to engage in condensed sessions as a way to experiment, explore or jump-start their involvement in the park studio dance program. All classes are held at the Medinah Park District. In the event of inclement weather, classes will be held virtually on Zoom.

Discover Dance With Me Walking-3yrs + Caregiver Participation - Explore the joy of movement with your child and discover the many benefits of early childhood dance classes. We will dance, sing, and play in both one-on-one activities and group activities. Through circle activities, open exploration, and gross motor development exercises, children will blossom with class as they grow with their caregiver during this precious time together. Please wear comfortable, form-fitted clothing and bare feet. Guardian participation required!

Park Studio Classes —

The Park Studio program track is a studio program designed around the Park District community culture. This track is for dancers of all ages and experience levels who are looking for a progressive session and higher commitment level. Class will include 1 family observation and 1 in class performance. NEW THIS YEAR: PAYMENT PLANS AVAILABLE!!! Within this program, participants can engage in core studiolevel dance classes. All park studio classes are held at Medinah Park District's Connolly Recreation Center. In the event of inclement weather or Covid-19 shut downs classes will be held virtually on Zoom.

Dance I (Preschool-Kindergarten) - Dance I is a 45-minute weekly class designed for preschool and kindergarten aged dancers. In this class we will focus on ballet technique. Classes include stretches, class etiquette, basic technique, dance concept exploration, movement games and learning choreography. Please wear leotard, tights, or comfortable form fitted clothing, ballet shoes.

Dance II (Early Elementary 1st-3rd grade) - Dance II is a 60-minute weekly class designed for early elementary aged dancers. In this class we will continue to learn ballet technique and introduce tap technique as well. Classes include stretches, class etiquette, basicintermediate technique in ballet & tap, dance concept exploration, movement games and learning choreography. Please wear leotard, tights, or comfortable form fitted clothing, ballet & tap shoes.

Dance III (Upper Elementary 3rd-6th grade) - Dance III is a 90-minute weekly class designed for upper elementary aged dancers. In this class we will continue to learn ballet & tap technique and we will introduce jazz technique as well. Classes include stretches, barre work, class etiquette, basic-intermediate technique of each style, movement games and learning choreography. Please wear leotard, tights, or comfortable form fitted clothing, ballet, tap & jazz shoes.

Dance IV (Middle-High School, 6th grade+) - Dance IV is a two day a week class that meets on Mondays and Thursdays and is designed for middle-high school dancers. On Mondays dancers will do a full ballet barre, learn intermediate-advanced ballet technique and work on choreography. On Thursdays dancers will do a full strength & conditioning session, and learn beginning-advanced Jazz & Tap technique. We will also introduce some lyrical, contemporary and hip hop skills as well. This is the perfect class for older dancers looking to excel in dance in a well-rounded way. Please wear leotard, tights, or comfortable form fitted clothing, ballet, tap & jazz shoes.

Pre-Pointe (Middle-High School, 6th grade+) - This class is an additional class dancers in Dance IV can take. In this class dancers will learn exercises to build strength, flexibility and coordination in their ankles and feet with the goal of getting pointe shoes. As dancers progress in class they will level up to wearing pointe shoes with the recommendation of their teacher and approval from their doctor. Dancers must have at least 2 years of ballet training and must be currently enrolled in Dance IV to participate. Please wear leotard, tights, or comfortable form fitted clothing and ballet shoes.



PAYMENT PLAN OPTIONS

The Medinah Park District offers automatic quarterly payment plans. Seasonal dance class prices below reflect the quarterly plan. To set up a payment plan, please reach out to Brooks Wogelius at Brooks@medinahparks.org or 224-524-0006.



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Sep	8-I	Dec	15.	ZU	125

Code	Monday	Age	Time	Fee R/NR	Min/Max
4030600-01	Dance l	3-6	4:30-5:15 pm	\$149/\$164	4/6
		**Park Studio four quarter p	ayment plan option	\$37/\$52	
4040600-01	Dance III	7-10	5:25-6:55 pm	\$287/\$302	4/6
		**Park Studio four quarter p	payment plan option	\$72/\$87	
4040600-02	Pre-Pointe	10+	8:30-9pm	\$93/\$108	4/8
		**Park Studio four quarter p	ayment plan option	\$23/\$38	·

No Classes: Nov 10. Nov 27

Sep 11-Dec 18, 2025

Code	Thursday	Age	Time	Fee R/NR	Min/Max
4020600-01	Discover Dance with Me	1.5-3	4:05-4:35 pm	\$108/\$123	4/4
	**Park Studi	o four quar	ter payment plan option	\$27/\$42	•
4040600-03	Dance II	5-7	4:45-5:45 pm	\$193/\$208	4/6
	**Park Studio	o four quar	ter payment plan option	\$48/\$63	•

No Classes: Nov 10. Nov 27

Sep 8-Dec 18, 2025 (this class meets twice a week at different times)

Code	Monday & Thursda	ıy Age	Time(s)	Fee R/NR	Min/Max
4040600-04	Dance IV	10+	7-8:30 pm (Mon) / 8-9 pm (Thu)	\$420/\$435	4/8
	**	Park Studio	four quarter payment plan option	\$105/\$120	

No Classes: Nov 10. Nov 27

MPD COMPANY

The Performing Company provides dedicated dancers the opportunity to study Ballet, Tap, Hip Hop, Musical Theatre, Lyrical and Jazz more in depth. This performing group is a year-round commitment. Our focus will be creating, leading, and guiding dancers on a disciplined and rewarding path that will instill the fundamentals of dance. Company members are required to take 1 foundational technique class the entire season (Sept 2025-June 2026) in addition to company rehearsal. Rehearsal & Performance Schedule will be available at the first class. Some rehearsals and performances will be during times outside of regularly scheduled rehearsal time. No audition necessary. All experience levels are welcome. Please wear leotard, tights or comfortable form fitted clothing. Dancers will also need skin toned iazz shoes. The registration fee does not include Company Costume. Competition and Event fees. It does include 70 hours of rehearsal time and mandatory 6 hours of Company Bootcamp Camp September 3-5 from 4:30-6:30 pm, choreography for 2 group routines. Please contact Lora@innovationartsconnection for details on the Dance Company.

Sep 11-Jun 18, 2026 (Full year)

Code	Day	Age	Time	Fee R/NR	Min/Max
4040600-05	Thur	7+	5:50-7:50 pm	\$727/\$742	5/10
**P	ark Studio fo	\$181/\$196			

*Includes Boot camp, but does not include costume/competition fees.

No Class: Nov 27, Dec 20, Dec 25, Jan 1, Mar 26, Apr 4

DANCE PARTIES _____

Dance Parties are a condensed 1-day session of dance technique, movement games, crafts, a mini-performance and much more! Participants of all levels are encouraged to get involved through these camp-style classes that are designed to help participants fill their evening with fun. educational, and movement-oriented programming. Wear comfortable form-fitted clothing, dance shoes or bare feet. Feel free to dress to match the theme too! Please bring a water bottle.

Hip Hop dance technique, craft, storytime, movement games, and choreography to your favorite Halloween music.

Code	Day	Age	Date	Time	Fee R/NR	Min/Max
4030600-03	Sat	3-8	Oct 18	10-11:30 am	\$35/\$43	5/7

Defying Gravity Dance Party (Location: Wood Dale Park District)

Musical Theatre dance technique, craft, story time, movement games, and choreography to the music of Wicked and the Wizard of Oz.

Code	Day	Age	Date	Time	Fee R/NR	Min/Max
4030600-04	Fri	3-8	Nov 21	4:45-6:15 pm	\$35/\$43	5/5

Nutcracker Dance Party (Location: Wood Dale Park District)

Ballet dance technique, craft, story time, movement games, and choreography to the music of the Nutcracker.

Code	Day	Age	Date	Time	Fee R/NR	Min/Max
4030600-05	Fri	3-8	Dec 12	4:45-6:15 pm	\$35/\$43	5/7

PERFORMANCE GROUPS (Location: WINFIELD PARK DISTRICT)

Dance Performance groups are designed for our current dancers to explore added performance opportunities and experience a dance team atmosphere. All dancers in the performance group must be enrolled in a weekly foundational technique class. Rehearsals include team bonding and learning/practicing choreography.

IAC Dance Crew

Take your dancing to the next level and join our crew! This is a great challenge for dedicated dancers to show off their talent. The crew will learn 1 routine and dance in 1-3 performances (Performance dates/times TBA). All dancers will receive one costume (included in tuition). Wear comfortable form-fitted clothing, ballet/tap/jazz shoes (IAC Dance Crew). All rehearsals are held at Winfield Park District's Recreation Center.

Pixie Performers: Sugar Plum Fairies

This adorable opportunity will give budding ballerinas their time to shine. The Pixies will learn a Sugar Plum Fairy routine and show off their magical moves to a real audience. The Pixies will learn 1 routine and dance in 1-3 performances (Performance dates/times TBA). All dancers will receive one costume (included in tuition). Wear comfortable form-fitted clothing, ballet shoes (Pixies). All rehearsals are held at Winfield Park District's Recreation Center.

IAC Dance Crew (Sep 23, Oct 21, Nov 18, Dec 9)

Code	Day	Age	Time	Fee R/NR	Min/Max
4040600-06	Thur	7-12	6:30-8 pm	\$247/\$262**	5/5
*2-3 performan	ces, dates TBD	**includes	s a costume		

Pixie performers: Sugar Plum Fairies (Nov 4, Dec 2)

Code	Day	Age	Time	Fee R/NR	Min/Max
4030600-02	Thur	3-6	5:45-7:45 pm	\$133/\$148	5/5
*2-3 performand	ces, dates TBD	**include	s a costume		



Youth – General Interest

Stage Stars (BW)

K-6th Grade

Does your child have a "dramatic side"? You might have a budding Stage Star in your family! Our drama class introduces students to the craft of stage acting. During this exciting class, students will learn theatrical skills, improv basics and participate in interactive drama games. This is an opportunity for students to have fun, express themselves and interact with others within the context of theatre arts.

Location	Medinah Primary Sch	\cap
LUCALIUII	MEGILIALI FIILLIALV SCIT	UUI

22W300 Sunnyside Rd., Medinah

After School Enrichment Staff Instructor

\$121(R)/\$136(NR) Fee

Min/Max 8/16

Dav Code Date Time Sep 30-Oct 28 3:30-4:30 pm 4040407 Tue

Mad Science: NASA Academy of Future Space Explorers (BW)

Grades K-5

NASA and Mad Science collaborate to educate the next generation! Children go on a voyage of discovery to space with unique hands-on activities and amazing demonstrations. They explore the sun and stars, space technology, rocket science, the atmosphere, planets and moons, supernovas and more!

Each week will cover an exciting new topic: Atmosphere & Beyond, Sun & Stars, Living in Space, Space Travel, and Space Technology

Location Connolly Recreation Center-

Carol A. Healy Early Childhood Room

Instructor Mad Science \$176(R)/\$191(NR) Fee

Min/Max 12/20

Code Day **Date** Time 4040406 Mon Nov 3-Dec 1 5-6 pm

NEW! Creative Writing Club (BW) _____

"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world." - Albert Einstein

The Creative Writing Club, brought to you by Afterschool Enrichment Solutions, is designed to ignite the imaginations of voung writers, foster their love for language, and cultivate their creative expression. Through exploration of classic literature, inspiring writing exercises, creative language games and collaboration, students will explore different genres, learn and practice grammatical concepts, develop their writing skills, and build confidence in their ability to communicate effectively.

Medinah Primary School Location

22W300 Sunnvside Rd., Medinah After School Enrichment Staff Instructor

\$121(R)/\$136(NR)

Min/Max 8/16

Code Day Date Time 4040408 Wed Oct 15-Nov 12 3:30-4:30 pm

FUN-GINEERING (BW) @ _____

Ages 7-12

This class focuses on teaching the FUNdamentals of engineering as students work in teams using Lego® simple machine kits. Each session will build upon the student's skill level as they learn about levers, wheel/axels, gears, Projects could include building: drawbridges, cars, amusement park ride cranes, catapults and much more! Join the fun while you explore engineering concepts that you can use at home for your own projects.

Location 172 S. Circle Ave., Bloomingdale Computer Explorers

Instructor \$100(R)/\$115(NR) Fee Min/Max 3/5per district

Code Day Date Time 4040450 Tue Sep 16-Oct 7 6-7:15 pm

NEW! Chess Wizards (BW)

K-5th Grade

Want to play a game of chess? This exciting new program is designed for the chess enthusiasts in all of us! It fosters a safe, fun, and welcoming environment for students, inspires a love for lifelong learning both on and off the chessboard, and strengthens relationships and communities through the game of chess.

Connolly Recreation Center-Oak Room Location Instructor Chess Wizards Staff

\$164(R)/179(NR) Fee 8/14

Min/Max

Code Day **Date** Time 4040408 Thu Sep 4-Oct 2 5-6 pm





Little Chefs with Chef Pina (BW) @ _____

Ages 5-12

Smell, taste and learn in this hands-on class. Bring out your inner chef by creating and sampling the goodies you prepare during these one-day cooking classes. Come in your best chefs attire and bring your appetite. Deadlines for each class are one week prior to the program's start. All loose hair must be tied up. Registration required for all participants in the class. Bring containers for any leftovers. Please let us know if you have any food allergies.

Each class comes with bread & dessert.

Make Your Own Pizza - Create your own with a choice of meat, cheese or veggies or all 3 Mac n' Chicken Tenders - Homemade Mac n' Cheese and Homemade Chicken Tenders Mini Thanksgiving - Thanksgiving Turkey breast, mashed potatoes, green bean casserole **Christmas Cookies** - Assorted Christmas Cookies

Location	Chef's Corner, 172 S. Circle Ave., Bloomingdale
The attended to a	Charles and Charle

\$46(R)/\$51(NR)

Min/Max 2/3

Code	Day	Date	Time	Cuisine
404071-01	Thu	Sep 18	6:00-8:00pm	Make Your Own Pizza
404071-02	Thu	Oct 16	6:00-8:00pm	Mac n' Chicken Tenders
404071-03	Thu	Nov 13	6:00-8:00pm	Mini Thanksgiving
404071-04	Thu	Dec 18	6:00-8:00pm	Christmas Cookies

Parent Child Cooking Classes (BW) @ _____

Ages 5-12 with Parent

Tired of the same old weeknight routine? Want to actually hang out with your kid instead of just telling them to set the table? Then join Chef Pina for some seriously fun (and tasty!) kitchen adventures. Bond and create a meal with your child. Chef Pina teaches a different recipe each week. Participants see, smell, taste, ask questions about, and learn the background of food. Bring a container for leftovers. All long hair must be tied up. **Price is** per couple.

***** All meals are served with bread & desserts******

Menu:

Chicken & Risotto (4040470-01) Chicken breast stuffed with fontina, artichokes and dried tomatoes. Risotto al zafferano, mixed greens salad.

Meat/Veggie Calzones (4040470-02) Meat or veggie calzones, side mixed greens salad.

Thanksgiving (4040470-03) Grilled Lemon pesto turkey breasts, roasted potatoes and a side salad.

Cookies for Santa (4040470-04) Assorted Christmas cookies will be made.

Location	Chefs Corner, 172 S. Circle Ave., Bloomingdale
Instructor	Chef Pina

Instructor \$56(R)/\$61(NR)

Min/Max

Code	Day	Date	Time	Cuisine
4040470-01	Fri	Sep 26	6:30-8:30 pm	Chicken & Risotto
4040470-02	Fri	Oct 17	6:30-8:30 pm	Meat/Veggie Calzones
4040470-03	Fri	Nov 14	6:30-8:30 pm	Thanksgiving
4040470-04	Fri	Dec 19	6:30-8:30 pm	Cookies for Santa

DAY-OFF FUNI

A BREAK FROM SCHOOL, BUT NOT FROM FUN!

School Days Off (BW)

Grades K-5

School Days Off! Children will enjoy their school days off with activities, games, crafts, and fun with friends at the park district! Children will need to bring lunch, snack, water bottle and wear gym shoes. Please dress for the weather, as we may go outside. Registration Deadline is the day prior to. This is a separate registration from the

Power Through Before/After School Care.

Location Connolly Recreation Center Instructor Medinah Park District Staff \$40(R)/\$55(NR) per date Fee

Min/Max 6/15

Code Day Date

4040300-01 Oct 10 7:30 am-5:30 pm Fri 7:30 am-5:30 pm 4040300-02 Mon Oct 13

Thanksgiving Holiday Camp (BW) Ages 4.5-12

Searching for Thanksgiving break plans? Look right here at the Connolly Recreation Center for days filled with fun activities! Your kids will be entertained with holiday-themed games, crafts, movies, gym time, and much more. Remember to pack a sack lunch and a water bottle for your child. Please dress for the weather, as we may go outside.

Connolly Recreation Center-Walnut Room

Medinah Park District Staff Instructor

\$120(R)/\$135(NR) Fee

Min/Max 6/15

Code Dav Date Mon-Wed Nov 24-26 7:30 am-5:30 pm 4040200

Registration Deadline: Nov 20

Winter Camp Days (BW) Ages 4.5-12

Searching for winter break plans? Send your kids to the Connolly Recreation Center for a day packed with activities! They'll enjoy games, crafts, movies, gym time. and more. Don't forget to pack a sack lunch and a drink for your child.

Location Connolly Recreation Center-Walnut Room

Medinah Park District Staff Instructor

\$40(R)/\$55(NR) Fee

Min/Max



Code	Day	Date	Time
4040210-01	Mon	Dec 22	7:30 am-5:30 pm
4040210-02	Tue	Dec 23	7:30 am-5:30 pm
4040210-03	Fri	Dec 26	7:30 am-5:30 pm
4040210-04	Mon	Dec 29	7:30 am-5:30 pm
4040210-05	Tue	Dec 30	7:30 am-5:30 pm
4040210-06	Fri	Jan 2	7:30 am-5:30 pm



Hot Shots Sports aims to develop young athletes who will grow emotionally, physically, and intellectually in our sports programs. By redirecting the focus away from wins and losses and towards personal growth, we create an environment where winning is the byproduct of, and not the means to, success. This approach creates critical thinkers who understand the importance of giving their best in practice, games, and other endeavors. Our Coaches take pride in fostering that drive and motivating your child to find the champion inside of themselves.

Ages 3-4

The class introduces the fundamentals of soccer like dribbling. kicking and ball control through the use of age-appropriate games and activities. Don't forget a size 3 soccer ball, shin guards and a water bottle!

Location	Clauss Rec	reation (Cente	r-Soccer	Field
	EEE VAL D		A	S II .	

555 W. Bryn Mawr Ave., Roselle Instructor Hot Shots Sports

\$75(R)/\$80(NR)

Min/Max 6/15

Code	Day	Date	Time
3040506-01	Fri	Sep 3-Oct 8	4:45-5:25 pm
3040506-02	Fri	Oct 15-Nov 19	4:45-5:25 pm

Tiny Kickers (JH) Lil' Dribblers (JH) ______

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age-appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand/ eye coordination, listening skills and the ability to follow directions.

Clauss Recreation Center-South Gym Location 555 W. Bryn Mawr Ave., Roselle

Hot Shots Sports Instructor \$75(R)/\$80(NR) Fee

Min/Max 4/12

Code Day Date Time 3030501-01 Fri Sep 5-Oct 10 4:00-4:45 pm 3030501-02 Fri Oct 17-Nov 21 4:00-4:45 pm

No Class: Jul 4

Pee Wee Flag Football (JH) ______

Ages 4-5

Come join in on the fun and start playing the nation's most loved game! Players are introduced to stance, receiving, rushing. blocking and defense. Each week ends with a scrimmage encouraging teamwork and sportsmanship. Players always get to play either receiver or running back each week. Games focus on fundamentals and field concepts, as well as positions and mechanics. No equipment necessary!

Location Clauss Recreation Center-Soccer Field

555 W. Bryn Mawr Ave., Roselle

Hot Shots Sports Instructor \$75(R)/\$80(NR) Fee

4/12 Min/Max

Code Dav Date Time 3030503-01 Sat Sep 6-Oct 11 9:00-9:45 am 3030503-02 Sat Oct 18-Nov 22 9:00-9:45 am

No Class: Oct 4

Big Kickers Soccer 101 (JH) _____

This class focuses on developing the technical soccer skills of the athlete while improving overall knowledge of the game through drills and activities. Don't forget a size 3 soccer ball, shin guards and a water bottle!

Clauss Recreation Center-Soccer Field Location

555 W. Bryn Mawr Ave., Roselle

Instructor Hot Shots Sports Fee \$90(R)/\$95(NR)

Min/Max 6/15

Code Day Date Time 5:30-6:15 pm 3040506-01 Fri Sep 3-Oct 8 3040506-02 Fri Oct 15-Nov 19 5:30-6:15 pm

Follow Us





Youth - Sports (27)

Basketball 101 (JH) @ _____

Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun!

Clauss Recreation Center-South Gym Location

555 W. Bryn Mawr Ave., Roselle

Hot Shots Sports Instructor \$90(R)/\$95(NR)

Min/Max 6/15

Code Dav Date Time 3040501-01 Fri Sep 5-Oct 10 4:45-5:30 pm 3040501-02 Fri Oct 17-Nov 21 4:45-5:30 pm

No Class: Oct 31

Ages 8-11

Players experience weekly scrimmages (depending on number of participants) with active instruction and tips from the coaching staff. Players are encouraged to employ skills used in football such as running pass routes, play calling, defensive positioning, the fundamentals of blocking and pass coverage. These skills and others will be put to use in a "game time" environment while the players scrimmage each week.

Clauss Recreation Center-Soccer Field Location

555 W. Bryn Mawr Ave., Roselle

Hot Shots Sports Instructor \$90(R)/\$95(NR)

Min/Max 4/12

Code Day Date Time 3040502-01 9.45-10.30am Sat Sept 6-Oct 11 3040502-02 Sat Oct 18-Nov 22 9:45-10:30am

No Class: Oct 4

Game Time Basketball (JH) @ _____

Ages 10-13

The next step in basketball instruction, this class will build upon the fundamentals taught in the Basketball 101 class. A slightly faster paced environment will be geared around competitive play, encouraging tactics such as attacking the basket and aggressive defense. Players should have basic knowledge of the rules and be able to dribble comfortably to succeed in the class.

Clauss Recreation South-Gym Location

555 W. Bryn Mawr Ave., Roselle

Hot Shots Sports Instructor \$90(R)/\$105(NR)

Min/Max 6/15

Code Day Date Time 3040503-01 Fri Sep 5-Oct 10 5:30-6:25 pm 3040503-02 Fri Oct 17-Nov 21 5:30-6:25 pm

No Class: Oct 31



Youth - Sports (29)

Youth Basketball (JH)

Ages 4-14

Youth Basketball League (JH) • ———

Grades 3-8

The Medinah Park District offers this recreational league for both boys and girls in grades 3-8. The program will focus on individual instruction, teamwork, and friendly competition. Weekly practices begin in early December and games against other local park district teams start on January 10th and run through the middle of March, season includes and end-of-year playoffs. Games are played at home and on the road. We rely on volunteer coaches to help run this program. Please indicate on your child's registration form if you are interested in coaching a team.

Location Connolly Recreation Center-Gym

Volunteer Coaches Instructor

\$115(R)/\$130(NR) + \$30 jersey fee* Fee

Dates May 31-Aug 3

6/10 players per team Min/Max

Early-Bird Deadline: November 11 (\$10 off registration fee!) **Registration Deadline:** December 2

*All new participants must purchase a reversible jersey. Returning participants may purchase a jersey if needed. or use a jersey from a previous year. Rosters open until filled.

Girls League

December 2024-March 2025

Grade
3rd & 4th
5th & 6th
7th & 8th

Boys League

December 2024-March 2025

Grade
3rd & 4th
5th & 6th
7th & 8th

Save \$10 Early bird deadline November 11

Rookies Basketball League (JH) @ _

Grades 1st & 2nd

Teams consisting of first and second grade girls and boys along with an adult player/coach are forming now for our Rookies Basketball League. It'll be four-on-four with a parent joining the action. Basic game rules will be introduced, but loosely enforced. Team rosters will be six to eight players with a player/coach. The first team practice will be held the week after Thanksgiving. Teams will generally practice at least once per week for one hour. Game may take place on Mondays, Thursdays, and Saturdays. All players will receive a team T-shirt before the first game.

Location Connolly Recreation Center, Gym

Instructor Volunteer Parent \$90(R)/\$105(NR) Fee Min/Max 6/10 players per team

Code Date

Dec 2024-Mar 2025 1040540

Early Bird Deadline: Nov 1 (Save \$10 off registration fee)

Registration Deadline: Nov 13

Save \$10 Early bird deadline November 1



Medinah Co-ed Youth Fall Soccer League (JH) @____

Enjoy the fun and excitement of league soccer! The Medinah Co-ed Fall Youth Soccer League will participate in the Mid-Suburban Soccer League. Other districts included are: Addison, Glendale Heights, Itasca, Roselle, Villa Park and Wood Dale. This league promotes an atmosphere of enjoyment, teamwork, and good sportsmanship while learning and improving upon fundamental skills. Adult volunteers coach and instruct each team. Teams will be formed immediately following the registration deadline and volunteer coaches will be confirmed and contacted.

Registration - Every effort will be made to place registrants on a team; however, once a team has filled, registrants will be placed on a "wait list" in an effort to create another team. In the event we have enough "wait list" participants, players will be divided up to create an even number of boys and girls on each team. Because of this, we cannot quarantee that your child will play on a requested team. Participants will be informed of team placement by their coach on or before Friday, August 9.

Early Bird Deadline: July 21 **Registration Deadline: Aug 2**

Practices and Games - Practices are held once per week with practice days and times set at the discretion of the coach. Games will be played on Saturday's. Time and location of games will be determined by league schedules. Parents must be able to transport their child to and from practices and games.

Uniforms - All players must wear a Medinah Park District uniform. If you are new to the program you must order a new jersey (\$30) at the time of registration. Please note on your registration form the size of jersey you would like to order (YS, YM, YL, AS, AM, AL). Black shorts and socks are required and should be purchased on your own. All participants are required to wear shin guards underneath their socks at all practices and games.

Coaches - The Medinah Park District relies on volunteer coaches to help run this program. Without volunteers, we would be unable to offer such a popular program. All coaches will be provided with certification and educational materials for the purpose of safety and improved skill development for players. If you are interested in coaching, please indicate your interest on your child's registration form.

Manary Park, Medinah Middle School, Thorndale Park (practices/home games only) Location

Instructor Volunteer Coaches \$80(R)/\$85(NR) Fee

\$90(R)/\$95(NR) - after July 21 **Jersev Fee** \$30

4-14 years old Age Min/Max # of Players on Field Code Day **Dates** Grade (2023/24) Per Team 4040530-01 Sep 6-Oct 19 Pre K-Kindergarten 5/6 3v3 No Goalie Sat 4040530-02 Sat Sep 6-Oct 19 1st-2nd Grade 6/8 4v4 No Goalie 4040530-03 Sat Sep 6-Oct 19 3rd-4th Grade 9/14 7v7 4040530-04 Sat Sep 6-Oct 19 5th-6th Grade 9/14 8v8 4040530-05 Sep 6-Oct 19 7th-8th Grade 11/14 10v10

Note: In the event a game is canceled due to weather, every attempt will be made to make it up during the week; however, we cannot guarantee this because of factors out of our control and therefore, are not able to give refunds for a shortened season.

**Park district members of the Mid-Suburban Soccer League have adopted the new standards set forth by the U.S. Youth Soccer Organization. New age groups will play small sided games with adjusted field sizes to encourage more touches and player development. The adopted changes will create more skillful players by allowing for more individual teaching and play time on either side of the ball. Teams will be based on approximately 5 to 14 players per roster depending on age groups (see above).

> **Save \$10 Early bird deadline** July 20

Little Hoops (JH) @

Ages 4-6

Our instructional/team program prepares your future hoops player! Volunteer coaches will teach participants fundamental skills, basic techniques and improvement of motor skills required for the game of basketball. Players will use junior sized balls and shorter hoops to build confidence. Practices will be held once a week with scrimmages being played on Saturday mornings at the Wood Dale, Itasca or Medinah Park District. Team t-shirts will be provided. If you are interested in coaching, please note this on your child's registration form. Saturday game times are TBD.

Location Connolly Recreation Center-Gym

InstructorVolunteer ParentFee\$80(R)/\$95(NR)Min/Max6/8 players per teamCodeDayDate

4030506 Sat Oct 19-Dec 7

Registration Deadline: Oct 1

Little Sluggers T-Ball (JH) (O

Ages 4-6

Younger kids will love this introduction to one of the most popular sports around! Participants will learn the basic skills of baseball: throwing, catching, base running, hitting, and fielding, all in a non-competitive environment. Innings will consist of all players batting, and no score will be kept. Volunteer coaches needed! Please contact the park district if you are interested in coaching. Team t-shirt and hat will be provided. One practice and one game per week based on coach and field availability. Fee includes t-shirt and hat

LocationThorndale ParkInstructorVolunteer CoachesFee\$75(R)/\$90(NR)

Min/Max 8/12

CodeDayDateTime4040521VariesSep 6-Oct 11Varies

Registration Deadline: Aug 19

Teens - General Interest

Teen Cooking with Chef Pina (BW) @ Ages 13-17

This class is designed for ages 13-17. Our Teen Cooking Boot Camp series will help your teen, become more familiar and confident in the kitchen. This class offers hands on cooking, baking and more. Each class presents basic food prep skills and best practices for kitchen safety. Plus, every student will go home with a printed menu of the food prepared. Teens should wear comfortable clothes with closed-toe shoes and all long hair should be tied back.

Menus: Each class comes with bread & dessert

- Make Your Own Pizza Create your own with a choice of meat, cheese or veggies or all 3
- Mac n' Chicken Tenders Homemade Mac n' Cheese and Home made Chicken Tenders

- Mini Thanksgiving Thanksgiving Turkey breast, mashed potatoes, green bean casserole
- · Christmas Cookies Assorted Christmas Cookies
- Cooking Demo Chef Pina's Meatballs and pasta, salad and homemade dressing & croutons

Location Chef's Corner, 172 S. Circle Ave., Bloomingdale Instructor Chef Pina

Fee \$46(R)/\$51(NR)

** Cooking Demo - FREE

Min/Max 2/3

Code	Day	Date	Time	Cuisine
4050400-01	Thu	Sep 25	6:00-8:00pm	Make Your Own Pizza
4050400-02	Thu	Oct 23	6:00-8:00pm	Mac n' Chicken Tenders
4050400-03	Thu	Nov 20	6:00-8:00pm	Mini Thanksgiving
4050400-04	Thu	Dec 11	6:00-8:00pm	Christmas Cookies
4050400-05	Thu	Aug 28	6:00-8:00pm	Cooking Demo**

Martial Arts

Taekwon-Do (JH) **@** Ages 8-Adult

Imagine what an advantage you will have now, and in the future, by learning martial arts today. Do you like to stretch, kick, punch, relieve stress, and feel good? The benefits of Taekwon-Do include character building, confidence, self-esteem, discipline, focus, perseverance, physical fitness, improved balance, coordination, strength, flexibility, and self-defense. Imagine that "attitude is everything" and you will never give up in any aspect of your life. This is Taekwon-Do!

Location

Monday: 5:00-6:00 pm, Medinah Park District, 22W130 Thorndale Ave, Medinah Wednesday: 6:00-7:00 pm, Itasca Park District, 350 Irving Park Rd, Itasca

Instructor Barry Weisberg **Fee** \$60(R)/\$75(NR)

\$30 each additional family member

Min/Max 8/50

 Code
 Day
 Date

 4040570-01
 Mon/Wed
 Aug 18-Oct 8

4040570-02 Mon/Wed Aug 18-Oct 8 (additional member) 4040570-03 Mon/Wed Oct 20-Dec 17

4040570-03 Mon/Wed Oct 20-Dec 17 4040570-04 Mon/Wed Oct 20-Dec 17 (additional member)

No Class: Sep 1, Nov 24 & 26



Illinois Shotokan Karate Club (JH) @ Ages 4-Adult

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but full class fee is required.
- Please visit www.iskc.com for more information or call us at (847) 359-0666.

Pre Karate (4-6 Years)

In our Pre-Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplines activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

Youth/Adult (7+ years)

ISKC's Karate classes offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

Location Community Recreation Center 505 N. Springinsguth, Schaumburg

Min/Max 1/3

DayDateFeeTueSep 2-Dec 16\$23

Pre Karate (4-6 years)

CodeTimeLevel4040570-014-4:45 pmBeginner/Continuer
(White belts)

(Write perts)

4040570-02 4:50-5:35 pm Intermediate/Advanced (Stripe belts & Up)

Youth/Adult (7-Adult)

 Code
 Time
 Level

 4040570-03
 5:45-6:40 pm
 Beginner/Cont. (White-Orange belts)

 4040570-04
 6:50-7:45 pm
 Novice (Yellow-Purple belts)

 4040570-05
 7:55-8:50 pm
 Inter/Adv. (Brown & Black belts)

Location Meineke Recreation Center

220 E. Weathersfield Way, Schaumburg

Min/Max 1/5, 1/6

DayDateFeeSatSep 6-Dec 20\$235

Pre-Karate (4-6 years)

 Code
 Time
 Level

 4040571-01
 2:45-3:30 pm
 Beginner/Continuer (White Belt)

 4040571-02
 3:40-4:25 pm
 Inter/Adv. (Stripe belts & up)

Youth/Adult (7-Adult)

Code Time Level 4040571-03 12:20-1:15 pm Beginner (No Experience-White w/stripes) 4040571-04 1:20-2:15 pm Continuer (Red-Orange belts) 4040571-05 2:25-3:20 pm Novice (Yellow-Low Purple belts) 4040571-06 3:30-4:25 pm Intermediate (High Purple-Black belts) 4040571-07 4:35-6 pm* Advanced (Brown w/permission-Black belts)

No class: Sep 20

Note: Fee is per person









Chef Pina's Cooking Classes Chef Pina (BW) @ _____

Ages 21+

Unleash Your Inner Chef! Get ready for an unforgettable culinary adventure where you'll see, smell, and taste your way to deliciousness! Join, trained Chef Pina for an interactive cooking experience that goes beyond just recipes. Each class features a unique, mouth-watering menu designed to send you home full, happy, and possibly with fantastic leftovers! Enjoy a wonderful meal, lively conversation, and discover new techniques. Just bring your appetite and a container for your culinary creations.

Adult - General Interest

Menu: Each class comes with bread & dessert.

- Portuguese Cod Portuguese Cod, Linguini with shrimp and broccoli
- Ladies Night French Onion Pork Chop, artichoke and red onion quiche
- Texas Beef Brisket Texas oven-roasted beef brisket, potato stuffers, jambalaya stuffed peppers
- Adult Cookie Decorating Class Biscotti, sugar cookies with royal icing chocolate covered pretzel sticks

Location	Chef's Chef F	Corner, 1	72 S. Circle Ave	., Bloomingdale
Code	Day		Time	D

Code	Day	Date	Time	
4060402-01	Fri	Sep 12	6:00-9:00pm	Portuguese Cod
4060402-02	Fri	Oct 24	6:00-8:00pm	Ladies Night
4060402-03	Fri	Nov 21	6:00-9:00pm	Texas Beef Brisket
4060402-04	Fri	Dec 12	6:00-9:00pm	Adult Cookie
				Decorating Class



Holiday Appetizers (BW) @ _____

Unlock Your Inner Entertainer: Easy & Elegant Appetizers! Tired of the same old party snacks? Learn to create sensational homemade appetizers that will instantly upgrade any gathering! This class will teach you how to prepare delicious hors d'oeuvres that are surprisingly simple to make but guaranteed to impress every guest. Get ready to transform your entertaining and delight everyone with vour newfound skills!

Location	Chefs Corner, 172 S. Circle Ave., Bloomingdale
The attended to a	Clark CD's and

Instructor Chef Pina \$45(R)/\$50(NR) Fee

Min/Max 2/3

Code Day **Date** Time 4060400 Fri Dec 5 6:30-8:30 pm

Holiday Cookie Bake & Exchange (BW) @

Ages 18+

Why waste precious holiday time in vour own kitchen preparing for and baking cookies when you can get the bulk of your holiday baking done in just three hours on a single Saturday morning! Participants enjoy the company of others, listen to seasonal music, and enjoy coffee and treats while baking. Save time and sanity this holiday season. Family, friends



and co-workers will thank you. Bring tins or containers from home to store your holiday treasures.

Chefs Corner, 172 S. Circle Ave., Bloomingdale Location

Instructor Chef Pina \$58(R)/\$63(NR) Fee

2/3 Min/Max

Code Day **Date** Time 4060401 Sat Dec 14 9 am-12 pm

Senior Coffee Club (RW)

Ages 50+

Calling all older adults! Come by the Connolly Recreation Center on Friday mornings have some coffee and socialize with other members of your community. Some basic card and table activities will be provided, but feel free to bring your own. Staff will also listen to input about how the district can provide for its older adult population. Coffee will be provided, Bring a friend or come on your own and meet some new people!

Location: Connolly Recreation Center-Maple Room

Fee: FREE!

Fridays - 10 am-12 pm



Ayurvedic Yoga (BW) @ _____

This Ayurvedic yoga class combines grounding poses and breathwork to help you feel centered and balanced. Bring your yoga mat and water bottle! For virtual: A Zoom link to the class will be sent to the email address on file one hour before the first class.

Location JRC/Group X Room

172 S Circle Ave., Bloomingdale

Julie Gentile. RYT 500 Instructor Fee \$156(R)/\$171(NR)

Drop In Fee \$13/class

Min/Max

Code Day **Date** Time 4060700 Mon Sep 15-Dec 15 7:00-7:40 pm

No Class: Nov 24

Yoga for Self-Care (BW) @ _____

Ages 18+

This Ayurvedic yoga class combines grounding poses and breathwork to help you feel centered and balanced. Bring your yoga mat and water bottle! For virtual: A Zoom link to the class will be sent to the email address on file one hour before the first class.

Location JRC/Group X Room, 172 S Circle Ave, Bloomingdale

Julie Gentile, RYT 500 Instructor \$182(R)/\$197(NR) Fee \$15/class

Drop-In Fee Min/Max

Code Day **Date** Time 4060701 Wed Sep 17-Dec 17 7-8 pm

No Class: Nov 26

Meet the Teacher

Julie M. Gentile has been leading yoga classes since 2011. Her classes are infused with self-care practices from her award-winning books: 108 Yoga and Self-Care Practices for Busy Mamas and How to Stay Calm in Chaos: An Everyday Self-Care Guide; Stand Up for Your Self-Care YouTube Channel and blog; and Instagram and Facebook pages @JulieGtheYogi. Sign up for Nourish Note, her monthly self-care newsletter, at www.JulieGtheYogi.com.

Follow Us





Stretch Infusion (BW) Ages 18+

This class focuses on stretching with incorporation of Pilates, yoga, balance and ab workouts. At times, light weights or tubing will be used. For those participants who cannot get on the floor, chair or wall exercises will be utilized.

Location Connolly Recreation Center-Maple Room **Instructor** Cathy Ventricelli

Drop In Fee \$5/class Day Time

9:30am-10:15am & 6:00pm-6:45pm Tuesdays

Tai Chi for Arthritis and Fall Prevention (BW) Ages 21+

Tai Chi is a gentle, low impact form of mind-body exercise with smooth, flowing movements that contain a surprising inner power to strengthen the body and calm the mind while promoting better health and increased relaxation. The Tai Chi for Arthritis and Fall Prevention program uses the Sun Style of tai chi and is designed to be safe and easy on the joints, to improve balance and to be easy to learn. This class is appropriate for all adults, but is especially well suited for those 50+ who would like increased strength, coordination and flexibility, decreased joint pain, improved balance and posture, decreased stress and an increased sense of well-being.

Tai Chi requires no special equipment and is generally performed standing. This form, however, can also be done seated as needed for safety. Please visit www.taichifallprevention.com for more information on this unique tai chi program.

Connolly Recreation Center Location Diana Nielsen (Certified Instructor) Instructor Fee \$50(R)/\$65(NR)

Min/Max 3/10

Code Day Time Date 3060715-03 Thu Jul 31-Sep 4 6-7 pm 4060703-01 Thu Sep 18-Oct 23 6-7 pm

Zumba® (BW)

Ages 18+

This one-hour energetic workout will have you sweating in no time. With Latin-based rhythms, motivating music, and easyto-follow combinations, this total-body workout combines all elements of fitness - cardio, muscle conditioning, balance and flexibility, and boosted positive energy. Remember your water bottle, and come ready for a dance party!

Connolly Recreation Center-Walnut Room Location

Karoline Giza Instructor Fee

\$25(R)/\$32(NR) \$8 per class

Min/Max	8/15		
Code	Day	Date	Time
4060704-01	Mon	Aug 25-Sep 22	6:30-7:30 pm
4060704-02	Mon	Sep 29-Oct 13	6:30-7:30 pm
4060704-03	Mon	Oct 20-Nov 10	6:30-7:30 pm
No Class: Sep	1		

Fitness Classes @ Roselle Park District (BW) @

Ages 18+

For a complete class description check out www.Medinahparks.org under online registration link.

See Below Location

\$34(R)/\$40(NR) [Regular Fee] Fee

\$26(R)/\$32(NR) [3-week class] \$43(R)/\$49(NR) [5-week class] ** \$11(R)/\$13(NR) [Single Fee]

Min/Max 4/15

4060708-03

4060708-04

Tue

Tue

Code Day **Date Time** Class Location: 10 North Roselle Rd., Suite 2 4060705-01 Sep 8-Sep 29 9:15-10:15 am Pilates Mon **Pilates** 4060705-02 Oct 6-Oct 27 9:15-10:15 am 4060705-03 Mon Nov 3-Nov 24 9:15-10:15 am Pilates 4060705-04 Mon Dec 1-Dec 29** 9:15-10:15 am Pilates Location: 10 North Roselle Rd., Suite 2 4060706-01 Sep 8-Sep 29 5:30-6:30 pm Zumba 4060706-02 Mon Oct 6-Oct 27 5:30-6:30 pm Zumba 4060706-03 Mon Nov 3-Nov 24 5:30-6:30 pm Zumba 4060706-04 Mon Dec 1-Dec 29** 5:30-6:30 pm Zumba Location: 10 North Roselle Rd., Suite 2 Sep 8-Sep 29 4060707-01 Mon 9:15-10:15 am Yoga 4060707-02 Mon Oct 6-Oct 27 9:15-10:15 am Yoga 4060707-03 Mon Nov 3-Nov 24 9:15-10:15 am Yoga 9:15-10:15 am 4060707-04 Mon Dec 1-Dec 29** Yoga Location: 10 North Roselle Rd., Suite 1 4060708-01 Sep 9-Sep 30 8:30-9:30 am Chair Yoga Tue 8:30-9:30 am Chair Yoga 4060708-02 Oct 7-Oct 28 Tue

Nov 4-Nov 25

Dec 2-Dec 30**

8:30-9:30 am

8:30-9:30 am

Chair Yoga

Chair Yoga



Code Day **Date** Time Class Location: 10 North Roselle Rd., Suite 1 3060709-01 Sep 9-Sep 30 4:30-5:30 pm **Total Body Fitness** Tue 4:30-5:30 pm Total Body Fitness 4060709-02 Tue Oct 7-Oct 28 4060709-03 Tue Nov 4-Nov 25 4:30-5:30 pm **Total Body Fitness** 4060709-04 Tue Dec 2-Dec 30** 4:30-5:30 pm **Total Body Fitness** Location: 10 North Roselle Rd., Suite 2 3060710-01 Tue Sep 9-Sep 30** 6:35-7:35 pm Yoga 4060710-02 Tue Oct 7-Oct 28 6:35-7:35 pm Yoga 4060710-03 Tue Nov 4-Nov 25 6:35-7:35 pm Yoga Dec 2-Dec 30** 6:35-7:35 pm 4060710-04 Tue Yoga Location: 10 North Roselle Rd., Suite 2 4060711-01 Sep 3-Sep 24 9:15-10:15 am Wed Get Fit Be Fab 9:15-10:15 am Get Fit Be Fab 4060711-02 Wed Oct 1-Oct 29** Get Fit Be Fab 4060711-03 Wed Nov 5-Nov 26 9:15-10:15 am 4060711-04 Wed Dec 3-Dec 30* 9:15-10:15 am Get Fit Be Fab No class: Dec 24 Location: 10 North Roselle Rd., Suite 1 4060712-01 Thu Sep 4-Sep 25 4:30-5:30 pm **Total Body Fitness** 4:30-5:30 pm Total Body Fitness 4060712-02 Thu Oct 2-Oct 30** 4060712-03 4:30-5:30 pm Total Body Fitness Thu Nov 6-Nov 20* 4060712-04 Thu Dec 4-Dec 18* 4:30-5:30 pm Total Body Fitness Location: 10 North Roselle Rd., Suite 1 **WERQ** 4060713-01 Thu Sep 4-Sep 25 6:30-7:30 pm **WERQ** 4060713-02 Thu Oct 2-Oct 30** 6:30-7:30 pm 4060713-03 Thu Nov 6-Nov 20* 6:30-7:30 pm **WERQ** Dec 4-Dec 18* 6:30-7:30 pm 4060713-04 Thu **WERO** Location: 10 North Roselle Rd., Suite 2 4060714-01 Fri Sep 5-Sep 26 9:15-10:15 am **Pilates** 9:15-10:15 am Pilates 4060714-02 Fri Oct 3-Oct 31** 4060714-03 Nov 7-Nov 28 9:15-10:15 am Pilates Fri 4060714-04 Fri Dec 5-Dec 26 9:15-10:15 am Pilates Location: 10 North Roselle Rd., Suite 2 4060715-01 9:00-10:00 am Sat Sep 6-Sep 27 Zumba 4060715-02 Sat Oct 4-Oct 25 9:00-10:00 am Zumba 4060715-03 Sat Nov 1-Nov 29** 9:00-10:00 am Zumba 4060715-04 Sat Dec 6-Dec 27 9:00-10:00 am Zumba Location: 10 North Roselle Rd., Suite 2 4060716-01 Sun Sep 14-Sep 29** 10:30-11:15 am Parent/Tot Yoga Oct 5-Oct 26 10:00-11:00 am 4060716-02 Sun Parent/Tot Yoga 4060716-03 10:30-11:15 am Parent/Tot Yoga Sun Nov 2-Nov 30* 10:00-11:00 am Parent/Tot Yoga 4060716-04 Dec 7-Dec 28 Sun Location: 10 North Roselle Rd., Suite 1 4060717-01 Sun Sep 14-Sep 29** 10:30-11:15 am Chair Yoga 4060717-02 Oct 5-Oct 26 10:30-11:15 am Chair Yoga Sun 10:30-11:15 am 4060717-03 Sun Nov 2-Nov 30* Chair Yoga

10:30-11:15 am

Chair Yoga

4060717-04

Sun

Dec 7-Dec 28



Adult Trips

Charleston. South Carolina Extended Trip (JH)

Ages 18+

- · Transportation in a top-quality motorcoach that is restroom and video equipped.
- 6 nights lodging including 4 consecutive nights in the Charleston area.
- · 10 meals: 6 breakfasts and 4 dinners.
- · Visit to The Historic Charleston City Market.
- · Relaxing Harbor Cruise in Charleston.
- · Visit to Famous and Historic Middleton Place.
- · Guided Tour of Charleston.
- · Tour of Historic Charleston Home The Joseph Manigault House.
- · Admission to McLeod Plantation Historic Site.
- · Photo stop at Famous Angel Oak Tree and Visit to Charleston Tea Garden, including a trolley ride.

Sign up now and pay a \$75 deposit to hold your spot. The deposit is refundable until June 2, 2025. A \$75 deposit is due upon registration and is non-refundable after June 2, 2025. Final payment is due August 1, 2025. A detailed itinerary is available three weeks before the trip at the Bloomingdale Park District front desk and will be mailed to your house. Trip cancellation insurance is available and encouraged to offer protection should participant's need to cancel after the final payment date. Please visit www.travelconfident.con to purchase insurance. Diamond Tours, Inc greets the group at various destinations and then proceeds with guiding the tours. A Park District representation assistant in managing the trip.

Departure Location Bloomingdale Park District. 172 S. Circle Ave., Bloomingdale Min/Max 10/13 per district

Code	Day	Date	Departure Time	Fee
3060801-01	M-F	October 20-October 24	8 am	Single \$1,314(R)/\$1,334(NR)
3060801-02	M-F	October 20-October 24	8 am	Double \$999(R)/\$1,019(NR)
3060801-03	M-F	October 20-October 24	8 am	Triple \$979(R)/\$999(NR)

Registration deadline: Jun 2*

*Additional registrations may be accepted after the deadline. Contact Brooks@Medinahparks.org for more information.

Ages 18+



Have an immersive experience working in teams to make your own Lous Malnati's Deep Dish pizza. Participants will make their own Lou Malnati's pizza, get behind the scenes action and info from the city's

most legendary deep-dish icon and more. This experience includes Deep Dish Pizzas, garden salad to share, soft drinks and coffee and Carol's Cookies.

Location Schaumburg, IL \$35(R)/\$40(NR) Fee

Min/Max

Departure Location Johnston Recreation Center,

172 S. Circle Avenue, Bloomingdale

Code **Date** Time Day Thu 10:15 am-2:00 pm 4070800 Sept 26

Registration deadline: Sep 12

Pizza by Me to Lou Malnati's (BW) A NEIL DIAMOND STORY AT THE METROPOLIS (BW) —



Join us for a trip to the Metropolis Arts Theater in Arlington Heights to see A Neil Diamond Story - The Stories and Songs of Neil Diamond. Denny Diamond's uplifting performance celebrates the legendary tunes of Neil Diamond, spilling the tea on the tales behind the melodies and sharing his reasons for belting them out. Whether you're a die-hard fan or a newbie to his melodies, get ready for a crash course in everything Neil Diamond. The show promises an unforgettable tribute brimming with love for the music and the crowd - a show you won't want to miss! The show begins at 2 pm, but we will be stopping across the street for lunch at Mago Grill in Arlington Heights before the show. Lunch will be on your own.

Location Arlington Heights. IL \$45(R)/\$50(NR) Fee

Min/Max 2/4

Departure Location Clauss Recreation Center, 555 W Bryn Mawr Ave., Roselle

Code Day Date Time 4070801 Tue Sep 30 11:00 am-5:00 pm

Registration deadline: Sep 15

First Division Museum of Cantigny (BW)

Step into the stories of America's brave service members at the Cantigny Military Museum, a powerful and engaging destination for a senior class trip. Located on the historic estate of Colonel Robert R. McCormick, this museum brings military history to life with immersive exhibits, authentic uniforms, weapons, and vehicles from World War I to today. Explore beautifully maintained gardens, walk through real tanks, and discover the legacy of the 1st Infantry Division. It's an inspiring day of learning, reflection, and appreciation for the sacrifices that shaped our nation. Fee includes transportation. Lunch and shopping are on your own.

Location Wheaton, IL Fee \$30(R)/\$35(NR)

4/4 Min/Max

Departure Location Connolly Recreation Center 22WI30 Thorndale Ave., Medinah

Day **Date** Time Code

4070802 Thu Oct 9 10:00 am-4:00 pm

Registration deadline: Oct 2

Fashion Outlets of Chicago (BW) Ages 21+



Love to shop? Want to get ahead on your Christmas shopping? Spend the afternoon at the Fashion Outlets of Chicago in Rosemont. The outlet mall is home to more than 130 stores including Adidas. Aritzia, Brunello Cucinelli, Burberry, Gucci, Iululemon, Bath and Body Works and more. Shoppers can also find a variety of quick-service food options. Fee includes transportation. Lunch and shopping are on your own.

Location Rosemont, IL \$10(R)/\$15(NR) Fee

Min/Max 2/4

Departure Location Johnston Recreation Center, 172 S. Circle Avenue, Bloomingdale

Day **Date** Time

Code Wed Oct 22 9:15 am-1:30 pm 4070803

Registration deadline: Oct 14

Volo Auto Museum & Antique Malls (BW) ————

Take a journey through history and horsepower at the Volo Auto Museum and Antique Mall! Perfect for a memorable senior outing, this unique destination offers a fascinating collection of vintage cars, classic TV and movie vehicles, military memorabilia, and more. Stroll through decades of American history, relive favorite film moments, and even browse a charming antique mall filled with hidden gems and nostalgic finds. With something for everyone, Volo blends education, entertainment, and a touch of the past into one unforgettable experience! Fee includes transportation. Lunch and shopping are on your own.

Location Volo, IL

\$30(R)/\$35(NR) Fee

Min/Max 4/4

Departure Location Connolly Recreation Center

22W130 Thorndale Ave., Medinah

Day Date Time Code 4070804 Thu Nov 6 10:00 am-4:30 pm

Registration deadline: Oct 31

Christkindlmarket (BW) 2 -



Get your holiday shopping done at the Christkindlmarket in Aurora. This German-style outdoor Holiday Market provides a unique shopping experience with a variety of different entertainment, food and crafts.

Location Aurora. IL \$10(R)/\$15(NR) Fee

Min/Max 2/4

Departure Location Clauss Recreation Center. 555 W Bryn Mawr Ave., Roselle

Day **Date** Time Code

4070805 Thu Dec 4 11:00 am-4:00 pm

Registration deadline: Nov 21

Attention Trip Participants!

Did you ever wonder why your favorite trip gets cancelled? Each trip requires careful planning and sometimes this means that deadline dates for final counts are 3-6 weeks before a scheduled trip. If the participant count is not high enough by the deadline date, we must cancel or forfeit our deposit. For this reason, we suggest that if you see a trip that strikes your interest, sign up for it as soon as possible. This will ensure the participant count is high enough to keep the trip going.

All trip return times are approximate. Transportation is provided by the Medinah, Roselle or Bloomingdale Park District mini bus unless otherwise noted. The buses are air-conditioned and provide accessible seating options for our handicapped participants. Refunds requested after the registration deadline will not be granted unless the trip registrant's spot can be filled.

We attempt to give you as much information as possible regarding the amount of walking required during each trip. The symbols will allow you to make a more informed decision regarding trip registration.



The footprint symbols indicate the amount of walking for each outing.

Fitness Center Hours

Regular Hours

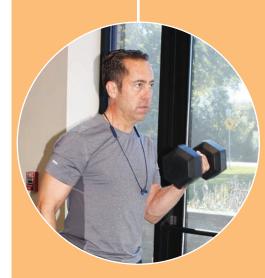
Monday-Thursday: 7 am-9 pm Friday: 7 am-8 pm Saturday: 7 am-12 pm Sunday: Closed

Fitness Center Closed

September 1, November 27, December 25. January 1

Annual Membership Benefits

 Cardio and Strength Training Equipment · Fitness Center Orientation (upon request) Basketball & Pickleball Open Gyms Locker Room Facilities · Two Guest Passes Per Year



Fitness Center (JH)

The Medinah Park District's Fitness Center is dedicated to fitness excellence with quality equipment and programs designed to offer the best value. Whether your goals are to increase overall fitness, lose weight or take on an extra challenge, we are here to provide the equipment and personnel to help you achieve those goals.

Individuals and families may join the Fitness Center on an annual or 3-month basis, or may pay a daily fee to use the facility.

We offer cardiovascular and strength equipment, personalized orientations upon request, open gym options and locker room and shower facilities.

All individuals utilizing the fitness center must wear shirts and shoes at all times. Please be sure to bring separate work out shoes for the fitness center so dirt and other debris are not tracked in. Individuals under the age of 18 must have a parent or guardian signature on the fitness center waiver in order to utilize the facility. Facility closure due to maintenance and/or special events is considered in the fee schedule.

Join the Fitness Center and get started on a healthy future!

Medinah Park District Fitness Center Membership Pricing

Annual Membership		ates	Renewal Rates* Resident Non-Residen					
	Resident r	Non-Resident	Resident	Non-Resident				
Individual Adult (22-54)	\$150	\$165	\$130	\$145				
Individual Senior (55+)	\$100	\$115	\$ 80	\$ 95				
Household (3+ in same home) \$320	\$335	\$300	\$315				
Student (14-21 years)*	\$110	\$125	\$ 90	\$105				
3 Month Membership	\$ 50	\$ 65						
Daily Rate**	\$ 5	\$ 7						
Large Locker Rental*** Small Locker Rental***	\$75/yea \$40/yea			\$10 for 1 month \$5 for 1 month				

*In order to take advantage of the discounted renewal fee, members need to renew prior to their expiration date.

Please inquire with front desk about Military or Corporate Memberships.

ID Cards - All members will be issued a Fitness Center identification card. This will need to be presented prior to entering the fitness center. There is a \$5 replacement fee if card is lost.

Proof of residency will be required to receive resident rates. Active or retired vets must show proof to receive military membership.

**All daily fee users must be 14 years and older and have a waiver signed by a guardian 18 years or older each visit. Daily fees are paid at the front desk.

***Daily use of locker is available at no charge. Please bring your own lock and remove it when you leave the building. Medinah Park District is not responsible for lost or stolen items.

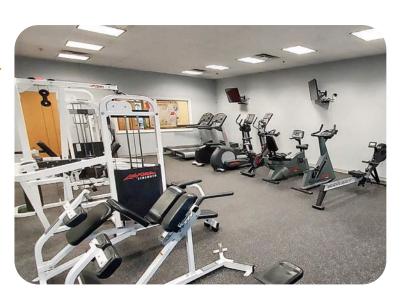
Medinah Park District Fitness Center Equipment ___

Cardiovascular

- · Life Fitness Treadmills
- · Life Fitness Ellipticals
- · Life Fitness Recumbent Bike
- Upright Bike
- · Matrix Spin Bike
- · Body Craft Elliptical
- · Body Craft Rower

Strength

- Bench/Shoulder Press
- · Lat Pulldown/Low Row
- Arm Curl/Tricep Extension
- True Fitness Functional Trainer Leg Extension/Leg Curl
 - Leg Press/Calf Press
 - · Dumbbells (5 lb-50 lbs)
 - · Hammer Abdominal Board
 - · Hammer Body Weight Back Extension



Open Gym (JH)

Monthly Open Gym schedules are available online at www.Medinahparks.org

Open Gym Daily Fees: \$4/day - Residents

\$6/day - Non-Residents

Open Gym Annual Membership Pass

An open gym annual membership pass allows a participant to use the gym during set open gym times for no additional fee. Passes are valid one year from the date of purchase.

FEES	Residents	Non-Residents
Youth Ages 6-17	\$70	\$85
Adult (18+)	\$80	\$95

Pass must be presented upon entering facility.

Open Gym Rules

· All participants must sign in and fill out required information completely (clearly and legibly) before beginning play.

· Your open gym pass must be presented in order to participate.

- · Participants under the age of 18, parents must accompany you to obtain annual membership pass.
- There is a \$5 replacement fee if pass is lost. · Players must wear appropriate gym shoes.
 - · Players must demonstrate good sportsmanship.
 - · Offensive language will not be tolerated.
 - · Absolutely no gum or food in the gym.

Open Gym schedules will be posted on a monthly basis online and at the Connolly Recreation Center.

Additional Open Gym guidelines are posted in our facility, as well as on our website at www.Medinahparks.org.

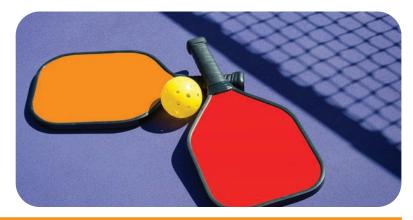
Pickleball Open Gym (JH)

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It is played with a hard paddle and a wiffle ball on a court with the same dimensions as a doubles badminton court. The net is similar to a tennis net; however, it is two inches lower. Bring out a group of friends and give this addictive game a try! Equipment is provided. For more information about Pickleball and its rules, visit usapa.org.

Connolly Recreation Center-Gym Location

\$3 drop in rate Fee \$100 annual rate

Time Day 9 am-12 pm Tue/Thu 9 am-11 am



NEDSRA is a proud service of the Medinah Park District. Through our partnership, are offered over 600 someone vou know levels are -OVERNIGHT TRIPS -SPECIAL OLYMPICS -CAMPS -SOCIAL CLUBS -ADULT DAY PROGRAM -FITNESS PROGRAMS -COMMUNITY EVENTS -SENSORY PROGRAMS & MUCH MORE! -PROGRAMS FOR VETERANS **1770 W. Centennial Place** FOLLOW **f** O **y** Dug! 630.620.4500 Addison, IL 60101 nedsra.org

Co-operative Programs

The Medinah Park District co-ops with the following leisure service agencies to provide program opportunities for you and your family: Addison Park District, Bloomingdale Park District, Itasca Park District, Roselle Park District and the Wood Dale Park District.

Employment Opportunities

The Medinah Park District offers a variety of part-time and seasonal positions. Individuals who are friendly, hardworking and dedicated to doing a good job are desired. You must be age 16 years or older to be considered for a position. Due to the many applications received and the limited number of positions, the District will only contact those being considered for a position. Please also consider volunteering with the Park District if not hired for a position. The Medinah Park District is an equal opportunity employer.

Insurance Disclaimer

The Medinah Park District is committed to conducting its recreational programs and services in the safest manner possible and holds the safety of participants in the highest regard. Participants and parents registering their child in recreational programs must recognize, however, that there is an inherent risk of injury when choosing to participate in activities.

Please recognize that the Medinah Park District does not carry medical accident insurance for injuries sustained in its programs. The cost of such would make program fees prohibitive; therefore, each person registering themselves or a family member for a recreational program/activity should review their own medical insurance policy for coverage. It must also be noted that the absence of medical insurance coverage does not make the Medinah Park District automatically responsible for the payment of medical expenses. The Medinah Park District requires that all program participants or legal quardians sign a Liability Waiver and Release form at the time of registration.

Program Guide Changes/ Errors Disclaimer

Due to the large amount of information available in the Medinah Park District program guide, errors and changes before and after publication may occur. While we attempt to locate and fix all errors in the proofing process, some items are missed. We apologize for any errors that may occur and will attempt to advise you of any changes as quickly as possible. Please check online for updated information.

Program Cancellations

Programs that do not reach the advertised minimum registration number at least one week prior to the start of the program may be cancelled due to low enrollment. Participants will be notified of the cancellation as soon as possible. Full refunds will be issued for programs cancelled due to low enrollment. If a program has an advertised deadline date listed in the brochure description, the program will be cancelled after that date if minimum registration has not been reached.

Americans with Disabilities Act

The Medinah Park District is committed to accessibility for individuals with disabilities and strives to provide equal, integrated participation in all programs, services and activities. The park district's policy is to reasonably accommodate all qualified program applicants in accordance with the Americans with Disabilities Act (ADA). We welcome questions, comments and concerns of interested community members regarding district ADA compliance.

To arrange for auxiliary aids or accommodations enabling individuals with disabilities to participate in park district public meetings, or to request publications in a special format (audiocassette, large print) please call 630-893-2560 or write to 22W130 Thorndale Avenue Medinah II 60157.

Parking for PreK/K, 1st/2nd Grade Soccer Field. T-ball Field

Park District PreK/K, 1st/2nd Grade Soccer and T-ball program participants and spectators should park in the Medinah Intermediate School parking lots located at the corner of Medinah Road and Thorndale Avenue. The lots provide for a short walk to the school athletic fields. These lots are located apart from the main parking lots at Thorndale Park/Connolly Recreation Center.

Visit Our Website

The Medinah Park District's website can be located at www.medinahparks.org. You can peruse programs, register online, review Board of Commissioners meeting minutes and agendas, download a printable registration form, find an application for employment or view our site and stay informed. If you have suggestions or ideas for our website, please contact us at 630-893-2560.

Sav Cheese!

Photos and video of participants in programs or special events and users of District facilities or parks are used in publicizing and promoting the District. All persons registering for District programs and activities or using District property thereby agree that any photograph or video recording taken by the District may be used by the District for promotional purposes. Please tell an instructor or photographer if you do not want to be photographed or video recorded.

Athletic Field Conditions

Home game field conditions and updates for youth soccer, and baseball/ softball can be attained by checking the Park District's website at www. medinahparks.org. Please check with your coach about practice and away game cancellations.

Inclusive Recreation Programs

In a continuing effort to meet the needs of residents with special needs, NEDSRA (see page 40) and the Medinah Park District provide inclusive recreation services. This means that individuals with disabilities can participate in programs offered by the park district. This inclusive recreation environment provides residents with disabilities greater choices for their leisure time and allows all residents to learn about one another as they participate together. Let the park district and NEDSRA know of your special needs and interests so that we can provide the support necessary for successful inclusion. By communicating vour needs, the park district and NEDSRA can be prepared to provide you with appropriate services.



Registration

3 Easy and Convenient Ways to Register

On-Line Register via

https://apm.activecommunities.com/medinahpark

distric

Walk-In You may bring your registration form directly to the Registration counter at the Connolly Recreation

Center, 22W130 Thorndale Avenue.

Mail-In You may mail your registration form to the Medinah Park District, 22W130 Thorndale Avenue, Medinah,

IL 60157.

Registration Hours

Walk-In program registration will be accepted during regular Connolly Recreation Center building hours of 7:00 am-9:00 pm Monday-Thursday, 7:00 am-8:00 pm on Friday, 7:30 am-12:00 pm on Saturday.

Medinah Park District residents and non-residents will be able to register starting August 4 for this autumn season. Registration is taken on a first come. first serve basis.

Resident Registration Begins: August 4 Non-Resident Registration Begins: August 4

Non-resident registration rates are 1.75 times the resident fee with the additional fee not to exceed \$15.

All registration fees must be paid at the time of registration unless noted otherwise. Persons enrolling after the start date of a program will be required to pay the entire program fee. Pro-rating of program fees will not be accepted.

Are You a Resident?

The Medinah Park District has definitive boundaries that take in parts of Roselle (zip code 60172), Itasca (zip code 60143) and Medinah (zip code 60157). In fact, you may be a resident of the Medinah Park District and your neighbor next to you or across the street from you may not be residents of the park district.

Why is this important? Medinah Park District residents support the district by paying property taxes to the district while non-residents do not. Residents are thus afforded special privileges and benefits.

How do you know if you are a resident? If you are a property owner, look at a copy of your most recent tax bill. If the Medinah Park District is listed, you are a resident. If you rent, call us at 630-893-2560 and give us your address; we will be able to tell you if you are a resident or not.

What about those privileges and benefits? To begin, residents receive the first opportunity to register for our seasonal program offerings. Secondly, residents who register for our programs and services are charged a lower user fee than non-residents. Residents are also charged less for facility rentals. This is because residents pay taxes that support our Park District and in return we offer lower fees for services.

Registration Fees

Cash, personal checks, money orders and VISA, MASTERCARD or DISCOVER CARD may be used to pay for Park District registration fees, membership fees or services. Checks and money orders must be made payable to the Medinah Park District.

Class Cancellation/Changes

Most programs have a minimum and maximum number of openings. If your class is cancelled due to low enrollment, the park district will make every attempt to offer an alternative class when available or credit a family account or provide a full refund. Class decisions about cancellations are usually made seven days in advance. Please be aware that certain programs have special registration deadlines that will be listed if different than the general seven day period.

Once programs begin, individual classes may change or be cancelled due to weather and/or the instructor being ill. Every attempt will be made to make up the class; however, we cannot guarantee this as there are other programs that may conflict with us being able to provide a makeup time. Unfortunately, refunds cannot be issued if this happens.

Minimums and Maximums

A class minimum is established to make sure that a program has enough registration support to justify holding the program. Since most instructors are paid per class period, running classes with less than the minimum of registrants would be a drain on the financial network of the Park District. A vast majority of our recreation programs are self-sufficient. If a class does not meet the minimum number of participants, it may be cancelled. In these cases, registrants will be notified. *Please see Program Cancellations on our General Information page*.

Maximum numbers are established to maintain the safety and quality of a program. We keep student/instructor ratios low to insure you get what you pay for; a higher quality program. Room capacity and ratios are primary considerations for the maximum number listed.

Waiver Forms Required

A signature is required on the waiver portion of all registrations. Please read the waiver in full before signing. Registrations cannot be processed without the waiver signed.

Return Check Policy

We gladly accept personal checks as payment for registration fees. If, for any reason, a check is returned to our office marked "NSF" we will contact you. You will be required to submit a full cash payment, as well as the current bank service charge, in order to maintain your registration in your particular program of interest. Class privileges will be suspended and new registration will not be accepted until payment is received.

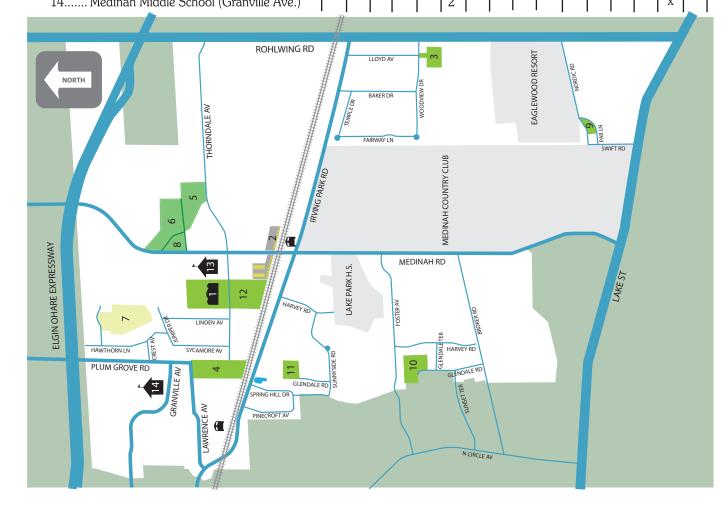
Refund Policy

Refunds for programs will not be made once a program has begun unless the program is cancelled by the Park District, the participant moves from the district or the participant provides a medical document from his/her physician. Trip refunds will not be made after the registration deadline unless the ticket can be resold.

An administrative fee of \$5.00 will be charged for any refund request except when a program is cancelled by the Medinah Park District. In addition, a refund will be prorated if any classes were attended. Refunds can take up to 4 weeks to process.

Parks and Facilities

	Rentals	Playground	Trails	Ball Fields	Tennis Courts/Pickelball	Soccer Fields	Sled Hill	Ice Skating	Sand Volleyball	Basketball Courts	Shelter	Picnic Tables	Nature Area	Restrooms	Parking Lot	Pond	Acres
Facilities 1Connolly Recreation Center	х									х				х	х		
2Commuter Parking Lots															X		
Park Sites 3 Goodenough Park (Lloyd & Woodview)		37			1/1												3.5
4Manary Park (Lawrence & Plum Grove)	37	X X	X X	1	1/1	1				Х	Х	х			Х	x	12
5Meacham Creek Park (Thorndale Ave.)	X	Λ	X	1		1					Λ	X	Х		X	ı^	12
6 Meacham Wildlife Preserve (Medinah Rd)			21									*	X		11		16
7Michaels/McClure Wetland													Х				15
8Natasha Brandt Nature Preserve													Х				4
9Nordic Park (Fairway and Nordic)		Х			2						Х				Х		2.5
10Riha Park (GlendaleN of Sunset)	х	Х	Х	1		X					Х	Х			X	х	7
11Springhill Park (Glendale – N of Sunnyside)	Х	Х		1/1							Х	Х			X		3
12Thorndale Park (Thorndale Ave.) *lighted	Х	2	Х	5/*2	*4		Х	Х	Х		Х	Х		Х	Х		30
School Sites																	
13Medinah Intermediate School (Medinah Rd.)		х		2		Х									Х		
14 Medinah Middle School (Granville Ave.)						2									Х		



MEDINAH PARK DISTRICT 22W130 Thorndale Avenue Medinah, IL 60157

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